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KIDNAPPED TWICE
A Shocking
Survival Story

OUT OF TREATMENT
What's Next for Britney?

People

AT HOME WITH
HOPE CATHERINE,
BORN APRIL 12, 2019,
& HALEY JOY, 2

EXCLUSIVE

Today's Hoda Kotb

Meet My Dream Family!

The star opens up about adopting her second child, **Hope Catherine:** 'I can't believe how much my heart can expand'

May 13, 2019

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For **May 13, 2019**

'Before this, I was a part-time father … now my kids come before anything else in my life'

—SEAN 'DIDDY' COMBS, on how the death of Kim Porter, with whom he shares three kids, affected him, to *Essence*

'I tend to stay at home and do nothing. And my wife is so much going, "Why didn't I marry [Jennifer] Aniston? Why am I stuck with you?"'

—ADAM SANDLER, on when he and his wife, Jackie, spend time with his *Murder Mystery* costar Jennifer Aniston, on *The Ellen DeGeneres Show*

'Carey and I have been in couples counseling almost our entire 17 years that we've been together. It's the only reason we're still together'

—PINK, on her marriage to Carey Hart, on the *Today* show

'I wore Forever 21 much longer than I admitted. I just started saying it was vintage because I was so shamed for it'

—BLAKE LIVELY, on lying about wearing clothes from the fast fashion retailer early in her career, to *InStyle*

'I'm down to babysit. I'm a great babysitter. I let the kids eat all the Oreos'

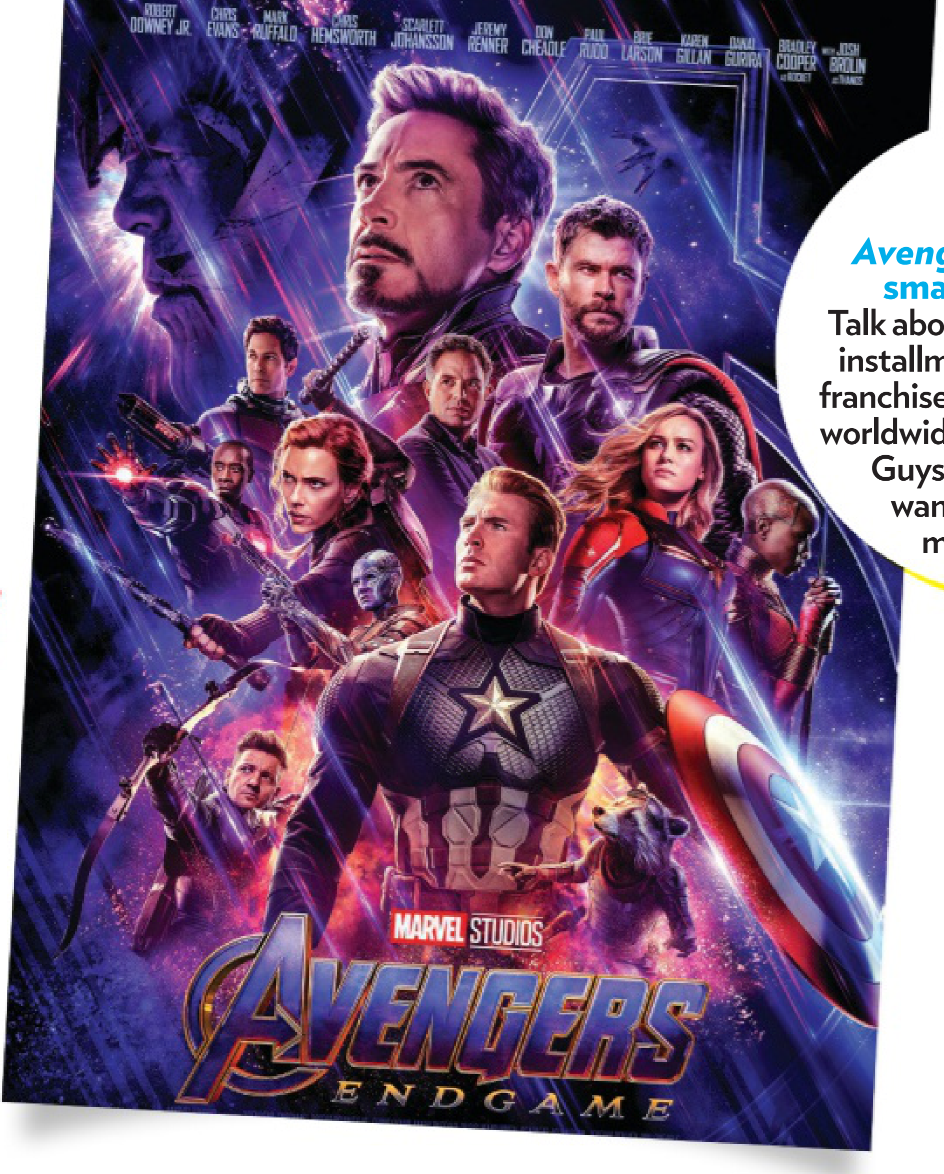
—KATY PERRY, after piano prodigy Avett Maness, 7, asked for her number on *American Idol*, to *Entertainment Tonight*

'If we're giving our stuff to Meghan, it has to be the highest quality that we can get'

—SERENA WILLIAMS, on her friend Meghan Markle wearing her S by Serena clothing line, to *Business of Fashion*

CLOCKWISE FROM TOP RIGHT: BRIAN ACH/GETTY IMAGES; DAVE J HOGAN/GETTY IMAGES; DAVID M. BENETT/GETTY IMAGES; STEFANIE KEENAN/GETTY IMAGES; JEFF SPICER/GETTY IMAGES; RICH POLK/GETTY IMAGES

5 Things We're Talking About *this week!*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CHRIS EVANS
MARK RUFFALO
CHRIS HEMSWORTH
SCARLETT JOHANSSON
JEREMY RENNER
DON CHEADLE
PAUL RUDD
BRIE LARSON
KAREN GILLAN
DANAI GURIRA
BRADLEY COOPER
JOSH BROLIN
MARVEL STUDIOS
AVENGERS
ENDGAME

1/ *Avengers: Endgame* smashes records

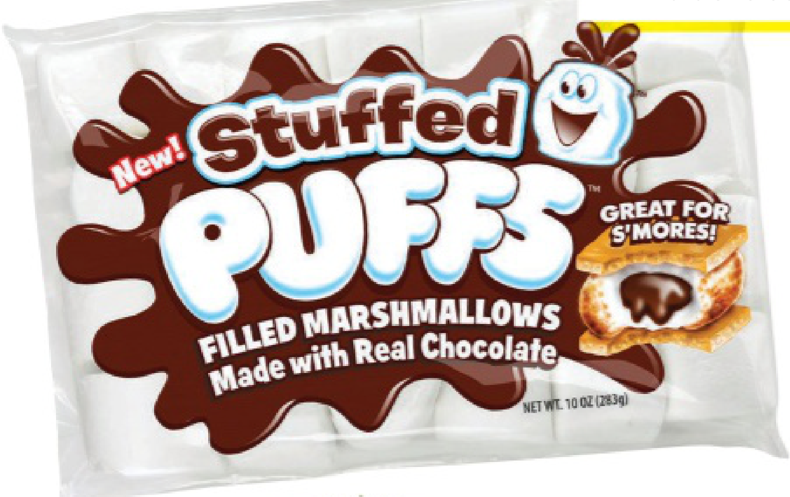
Talk about super! The final installment in the Marvel franchise earned $1.2 billion worldwide its first weekend. Guys, sure you don't want to make *one* more sequel?

2/ A heroine rises on *Game of Thrones*

Small but mighty, Arya Stark (Maisie Williams) took MVP honors in the April 28 episode's long-awaited battle between the living and the White Walkers.

3/ Stuffed Puffs head to the campfire

These chocolate-filled marshmallows, available at Walmart, will make this summer's s'mores extra messy—and delicious.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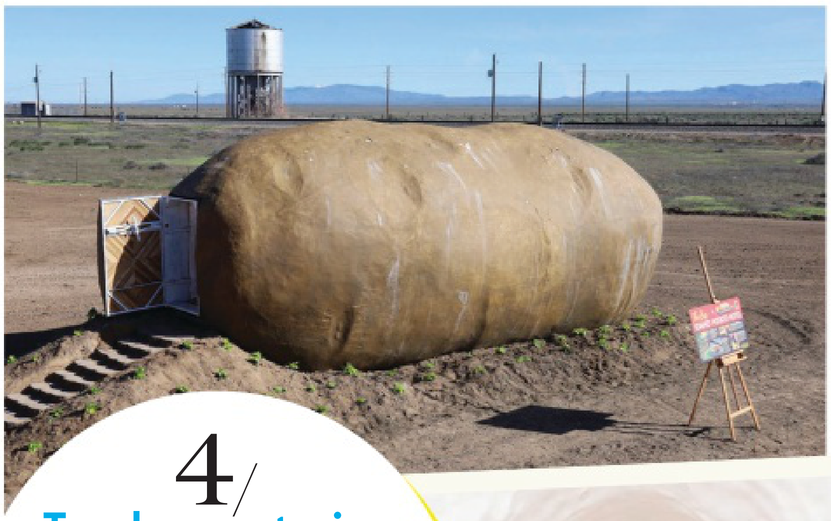

4/ Travelers can stay in a giant potato Airbnb

For $200 and up a night, starch lovers heading to Boise, Idaho, can bunk in this 28-ft.-long structure, originally built by the Idaho Potato Commission.

5/ Bradley Cooper may reunite with Lady Gaga

He told Ellen DeGeneres he'd like to do a one-night-only live reading of the script for *A Star Is Born* and "sing all the songs" at the Hollywood Bowl.

CLOCKWISE FROM BOTTOM RIGHT: ALBERTO TERENGHI/IPA/INSTAR; OTTO KITSINGER/AP/REX/SHUTTERSTOCK(2); HELEN SLOAN/HBO; MARVEL STUDIOS

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People
May 13, 2019
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Summer heats up with *The Lion King,* monsters and more in our Summer Movie Preview.

This Week

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Inside Chris Pratt and Katherine Schwarzenegger's wedding shower—plus more hot celebrity news

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A chilling Netflix series reveals how Jan Broberg was kidnapped twice by the same family friend. Now she opens up about how she escaped

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The beloved *Poms* star, 73, reflects on love, parenting and aging in Hollywood

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After Samantha Josephson got into a car she thought was her Uber ride and was murdered, her parents want to help others avoid a similar tragedy

65 JOHN SINGLETON
The groundbreaking director of *Boyz n the Hood, Poetic Justice* and *2 Fast 2 Furious* dies of a stroke at 51

66 JEFF ROHRER
The retired NFL linebacker lives under the same roof in Los Angeles with his new husband, ex-wife and the former couple's two teenage kids

73 LIFE AFTER SUICIDE
ABC News' Jennifer Ashton talks about her ex-husband's fatal jump from the George Washington Bridge

ALSO IN THIS ISSUE

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Oscar winner Viola Davis talks about being diagnosed with prediabetes and her family's history with the type 2 form of the disease.

76

Ryan Reynolds gets candid about fame, fatherhood and his new family-friendly film, *Pokémon: Detective Pikachu.*

See page 95.

ON THE COVER Photograph by Brian Doben. Hair: Laura Castorino; Makeup: Mary Kahler; Stylist: Don Sumada; (Hoda) Sweater: Joie; Jeans: SPANX; (Haley) T-shirt & Jeans: Zara; (Hope) Jacadi. Insets, from left: Steve Granitz/WireImage; Kevin Mazur/WireImage

CLOCKWISE FROM TOP LEFT: BRIAN DOBEN; DISNEY; MASATOSHI OKAUCHI/SHUTTERSTOCK; CHRIS PIZZELLO/INVISION/AP/REX/SHUTTERSTOCK; VICTOR PROTASIO

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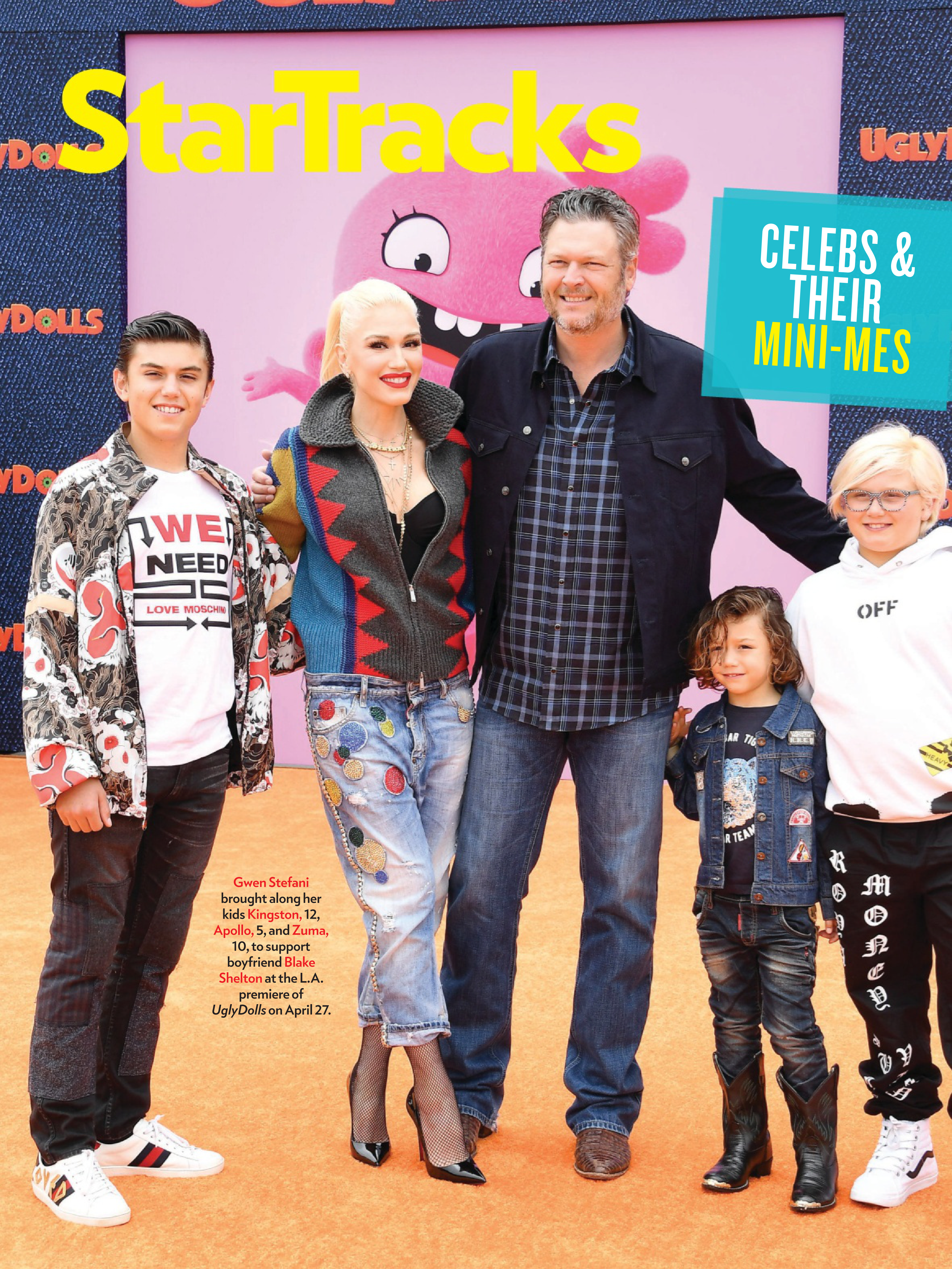
CELEBS & THEIR MINI-MES



UGLYDOLLS
WE NEED
LOVE MOSCHINO
OFF

Gwen Stefani brought along her kids **Kingston,** 12, **Apollo,** 5, and **Zuma,** 10, to support boyfriend **Blake Shelton** at the L.A. premiere of *UglyDolls* on April 27.

Also at the *UglyDolls* premiere: **Kelly Clarkson** and husband **Brandon Blackstock**; their son **Remington,** 3, and daughter **River Rose,** 4; and his kids from a previous marriage **Seth,** 12, and **Savannah,** 17.

On April 22 **Mark Ruffalo** attended the L.A. premiere of *Avengers: Endgame* with his wife, **Sunrise,** and their children **Odette,** 11, **Bella,** 13, and **Keen,** 17.

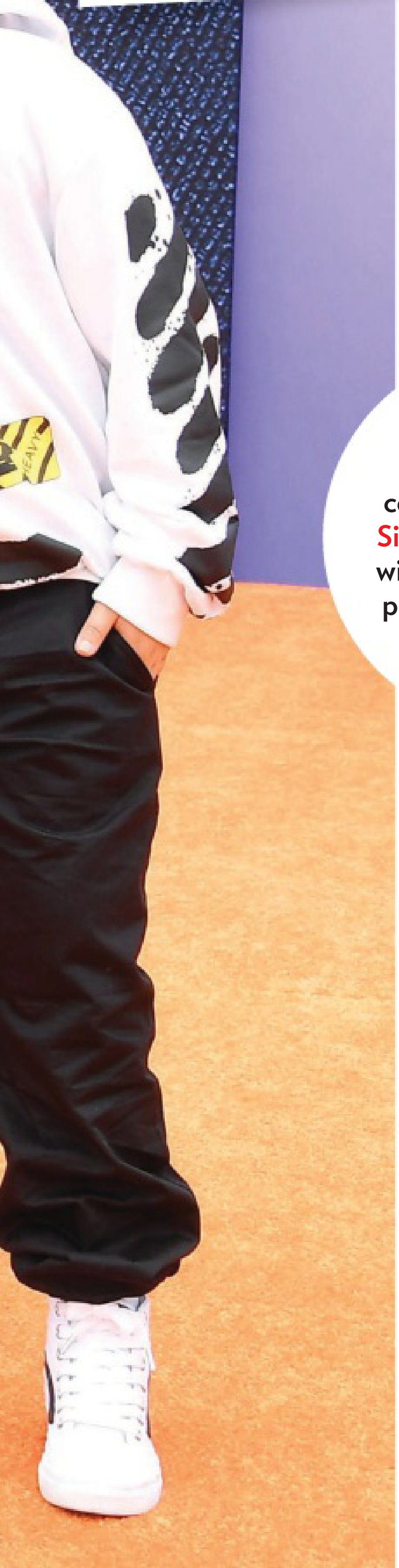
Fixer Upper's **Chip Gaines** crossed the finish line of the Silo District Half Marathon in Waco, Texas, with his and wife Joanna's 10-month-old son **Crew** on April 28.

2019 SILO DISTRICT
MARATHON WEEKEND

SIENNA STREET

Ciara and husband **Russell Wilson** celebrated daughter **Sienna**'s 2nd birthday with an Elmo-themed party, where her son, **Future,** 4, joined in the fun.

Laura Dern posed with lookalike daughter **Jaya Harper,** 14, at the premiere of her upcoming film *JT LeRoy* in Los Angeles on April 24.



COUNTERCLOCKWISE FROM TOP RIGHT: BROADIMAGE/REX/SHUTTERSTOCK; STEVE GRANITZ/WIREIMAGE(2); ROB LATOUR/VARIETY/REX/SHUTTERSTOCK

A ROYAL IN-LAW OUTING

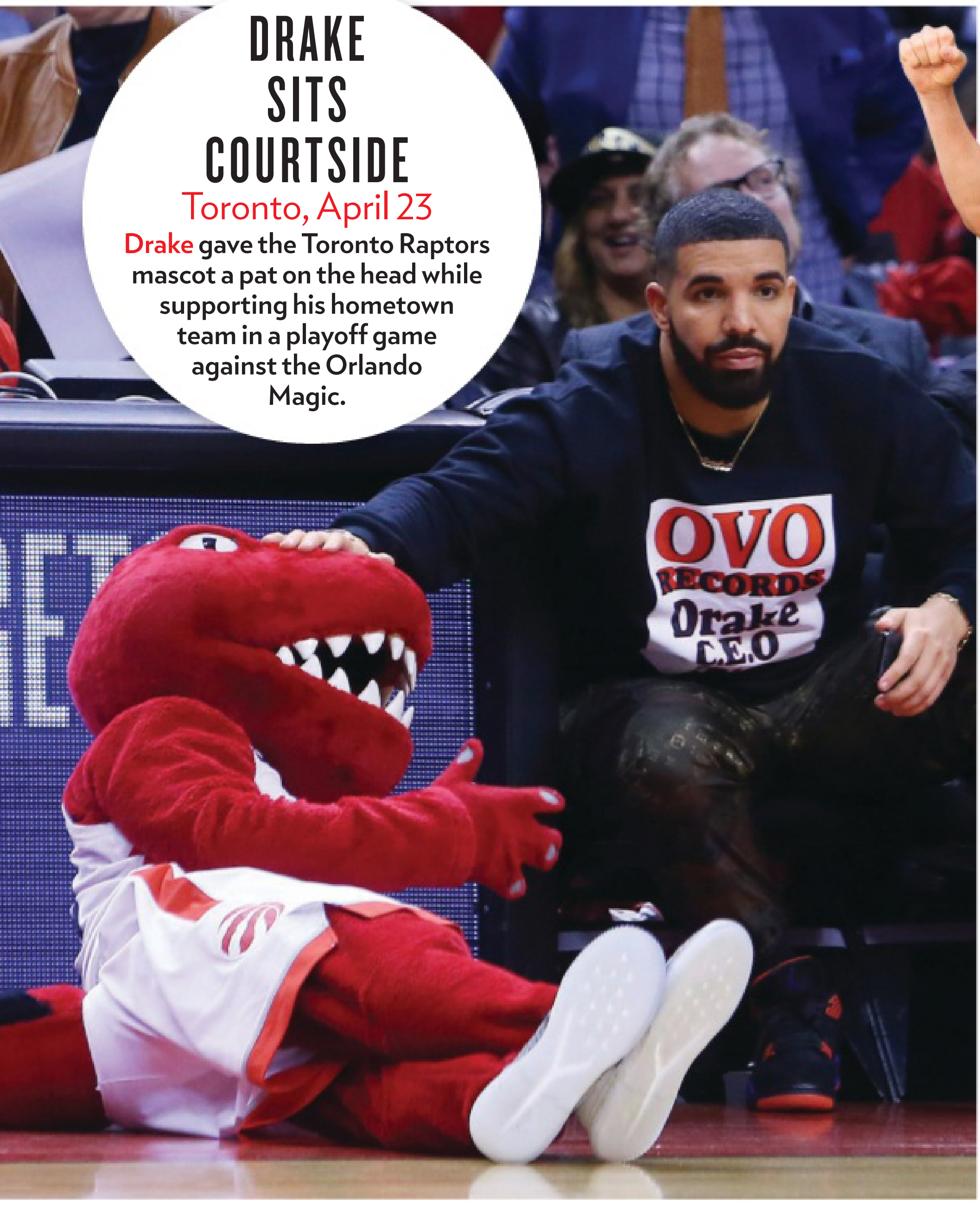
London, April 25

Princess Kate and brother-in-law **Prince Harry** honored fallen Australian and New Zealand veterans during the annual Anzac Day Service of Commemoration and Thanksgiving at Westminster Abbey.

SELENA STEPS OUT

Los Angeles, April 25

Walking her first red carpet since she checked out of treatment in December, **Selena Gomez** wore a Dior dress at the annual WE Day charity event.



DRAKE SITS COURTSIDE

Toronto, April 23

Drake gave the Toronto Raptors mascot a pat on the head while supporting his hometown team in a playoff game against the Orlando Magic.

EXIT
DANCE REBEL
FEEL GOOD, INC
ZUMBA CREW

DANCING WITH DEREK

New York City, April 25

***World of Dance* judge Derek Hough** surprised a Zumba class, taking over to lead participants in some high-energy routines.

CLOCKWISE FROM TOP RIGHT: CHELSEA LAUREN/SHUTTERSTOCK; JANET MAYER/STARTRAKS; VAUGHN RIDLEY/GETTY IMAGES; MARK CUTHBERT/UK PRESS/GETTY IMAGES

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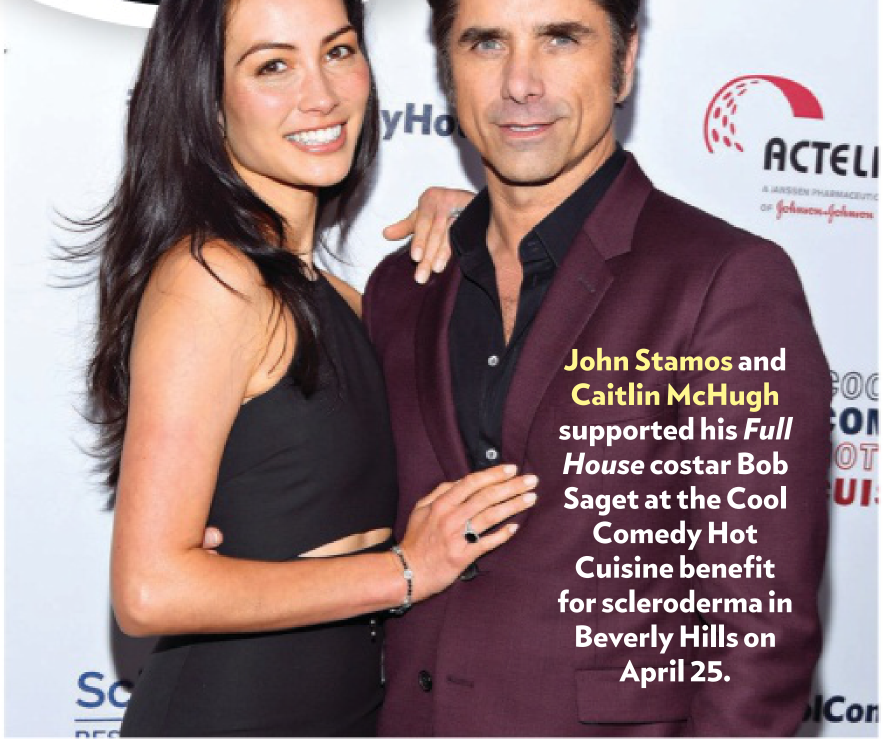
DATE NIGHT!

Tom Hanks flaunted his festival style, turning out for wife **Rita Wilson**'s Stagecoach debut April 27 in Indio, Calif.

Alec Baldwin and wife **Hilaria** shared a smooch at the Tribeca Film Festival's April 26 premiere of *Crown Vic*, which Baldwin produced.

Christopher Guest and wife **Jamie Lee Curtis** celebrated the 35th anniversary of his hit comedy *This Is Spinal Tap* at a Tribeca Film Festival screening on April 27.

Alicia Keys and husband **Swizz Beatz** were all smiles at a reception honoring photographer Gordon Parks at Harvard University April 25 in Cambridge, Mass.



John Stamos and **Caitlin McHugh** supported his *Full House* costar Bob Saget at the Cool Comedy Hot Cuisine benefit for scleroderma in Beverly Hills on April 25.

CLOCKWISE FROM TOP RIGHT: JAMIE MCCARTHY/GETTY IMAGES; ANDY KROPA/INVISION/AP/REX/SHUTTERSTOCK; MICHAEL TULLBERG/GETTY IMAGES; MP143/MEDIAPUNCH; FRAZER HARRISON/GETTY IMAGES

Rosemary's battle:

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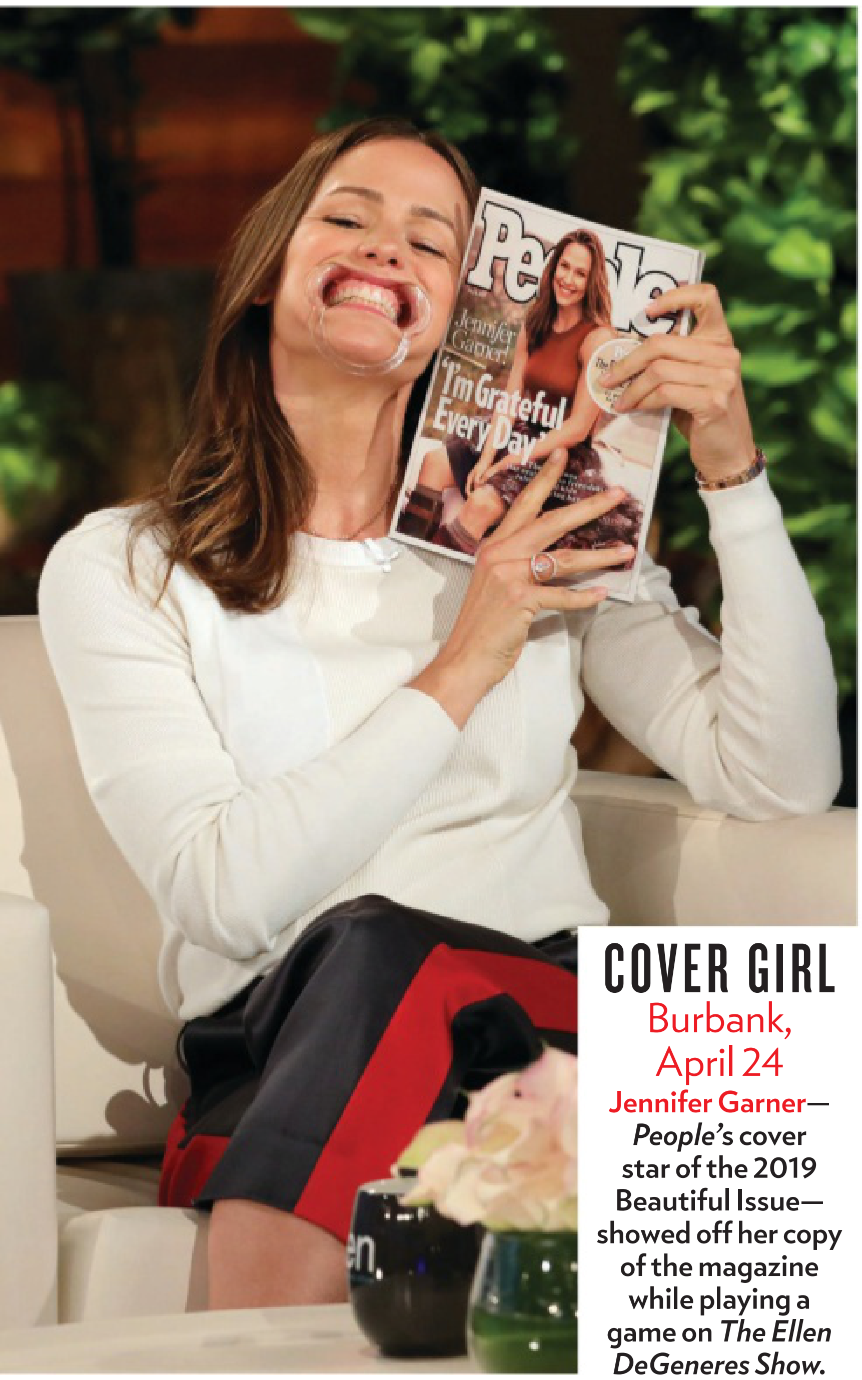
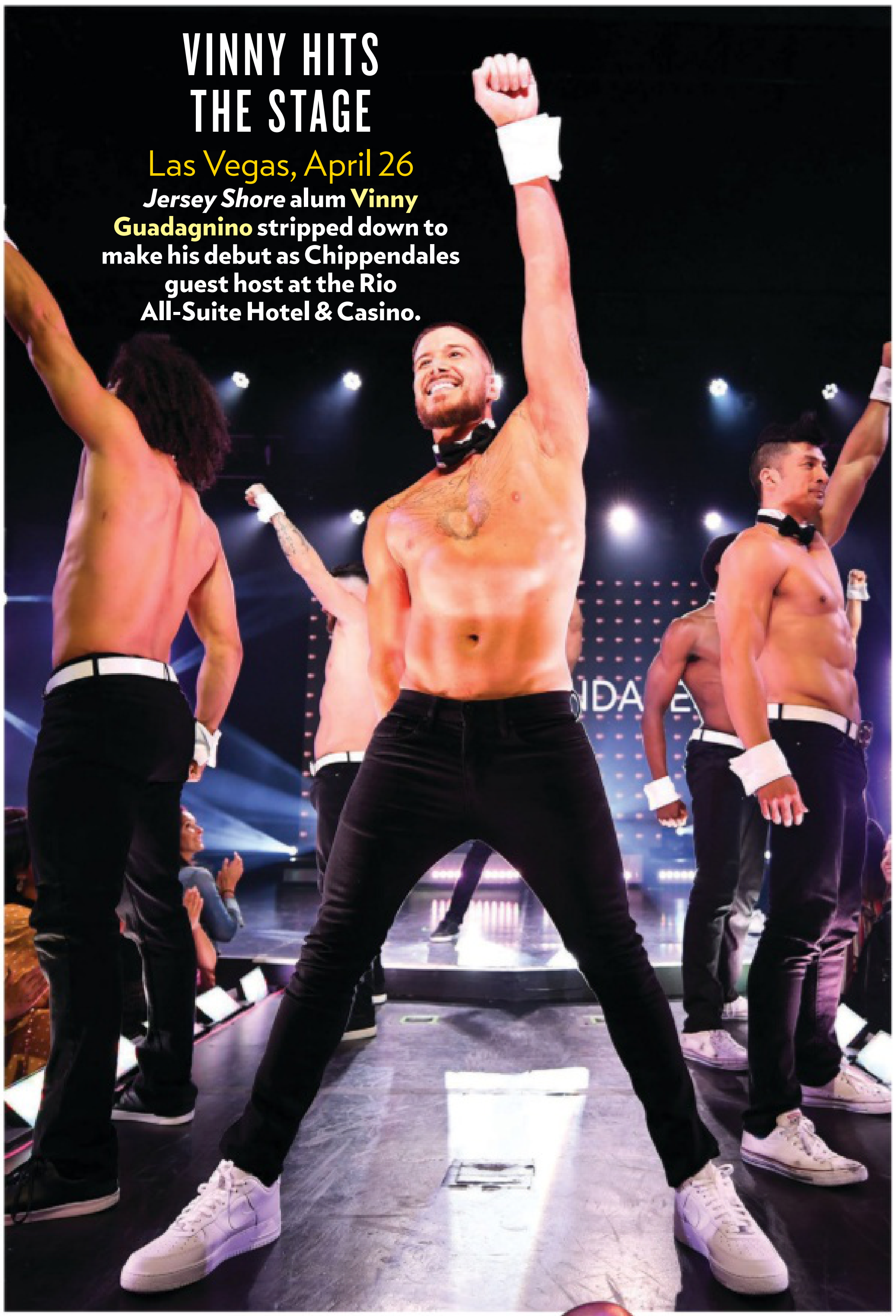


COVER GIRL

Burbank, April 24

Jennifer Garner—*People's* cover star of the 2019 Beautiful Issue—showed off her copy of the magazine while playing a game on *The Ellen DeGeneres Show.*



VINNY HITS THE STAGE

Las Vegas, April 26

Jersey Shore alum **Vinny Guadagnino** stripped down to make his debut as Chippendales guest host at the Rio All-Suite Hotel & Casino.

DRUMMER BOY

Austin, April 25

Poking fun at his infamous 1999 brush with the law (when he was found playing bongos in the buff), **Matthew McConaughey** beat the drums once again at his MJ&M Charity Gala.

SAY CHEESE!

New York City, April 23

Khalid snapped a selfie with fellow honorees **Dwayne Johnson** and **Gayle King** at the annual Time 100 Gala, at which the news magazine recognizes the most influential people in the world.

CLOCKWISE FROM TOP RIGHT: DENISE TRUSCELLO/WIREIMAGE; DIMITRIOS KAMBOURIS/GETTY IMAGES; GARY MILLER/GETTY IMAGES; MICHAEL ROZMAN/WARNER BROS.

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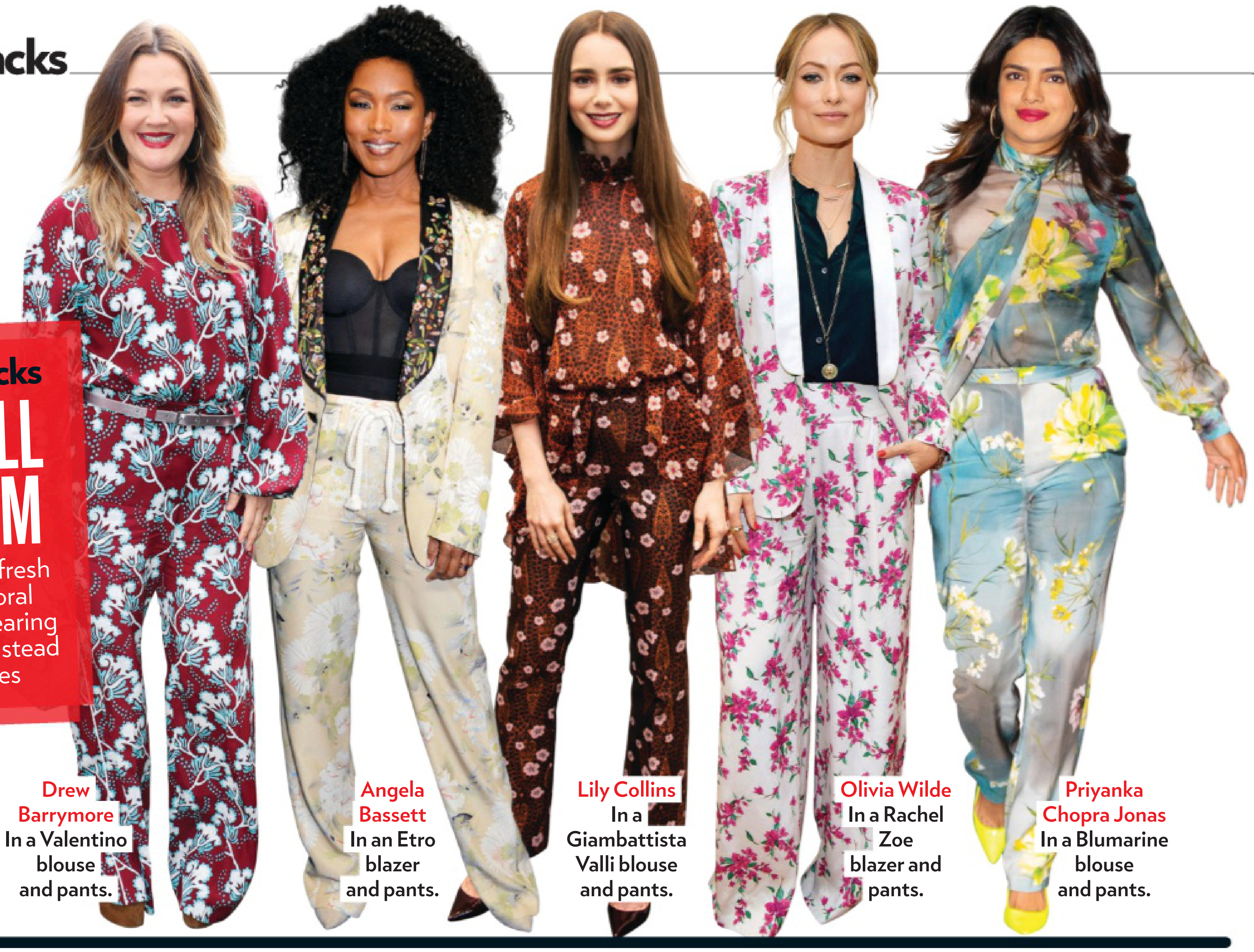
IN FULL BLOOM

Stars put a fresh spin on floral prints by wearing separates instead of dresses



Drew Barrymore In a Valentino blouse and pants.

Angela Bassett In an Etro blazer and pants.

Lily Collins In a Giambattista Valli blouse and pants.

Olivia Wilde In a Rachel Zoe blazer and pants.

Priyanka Chopra Jonas In a Blumarine blouse and pants.

EXCLUSIVE
People
EXCLUSIVE

VAL & JENNA'S TROPICAL HONEYMOON

St. Lucia, April 23

After tying the knot on April 13, *Dancing with the Stars* pros **Jenna Johnson**, 25, and **Val Chmerkovskiy**, 33, jetted off to the Caribbean for a romantic getaway. The newlyweds explored waterfalls and snorkeled near the breathtaking Pitons mountains while vacationing at the luxurious Sandals Grande St. Lucian resort, where they stayed in the Grande Rondoval Butler Suite.

CLOCKWISE FROM TOP LEFT: KHAPGG/SPLASH NEWS; CHELSEA GUGLIELMINO/WIREIMAGE; VERA ANDERSON/WIREIMAGE; MATT WINKELMEYER/GETTY IMAGES; THESTEWARTOFNY/GC IMAGES; JOHN PARRA/GETTY IMAGES(2)

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VASQUEZ-MAX LOPES/BACKGRID

Stronger than Yesterday
Spears hit a Los Angeles tanning salon on April 26, one day after checking out of a wellness facility.

Out of Treatment

What's Next for Britney

Just two days after assuring fans in a video posted to her Instagram page that she'd be back "very soon," Britney Spears made good on that promise. On April 25 the pop star checked out of the wellness facility where she had been receiving treatment since the beginning of the month. "Britney is back at home and is very happy about it," a family insider says. Spears, 37, spent her first weekend out of treatment with her sons Sean Preston, 13, and Jayden James, 12 (whom she shares with ex-husband Kevin Federline), and her boyfriend, model Sam Asghari, 25.

> 'MY FAMILY HAS BEEN GOING THROUGH A LOT. . . . I JUST NEEDED TIME TO DEAL'
> —SPEARS ON INSTAGRAM

A source first revealed to *People* on April 3 that Spears, who's been on an indefinite break from work since January, had checked herself into the facility following a difficult time in her life. On top of dealing with the stress of her father Jamie's ongoing recovery from a life-threatening colon rupture, she needed to make adjustments to her medications, long prescribed to aid her mental

>>

well-being. “She recognized she needed to focus on her own health and sought treatment,” the source said at the time. “No one forced her to go.”

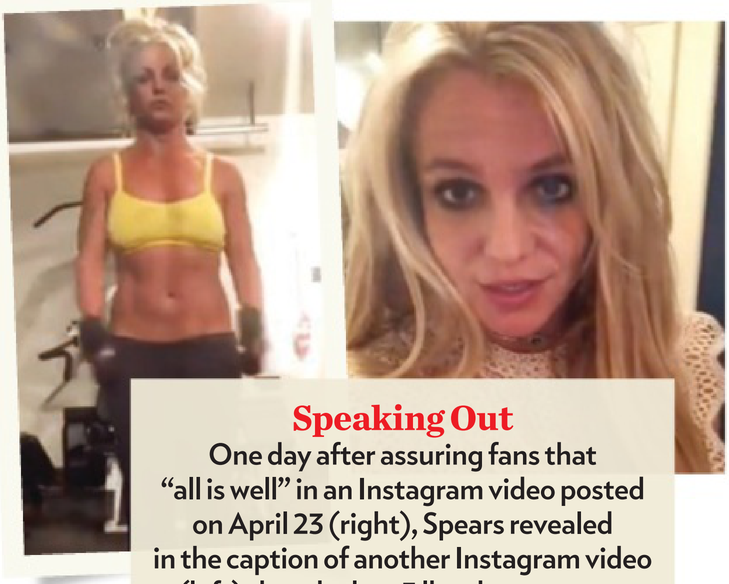
Multiple sources say that Spears has always been on board with her treatment plan despite claims by the #FreeBritney movement created by some fans on social media who claim that Spears recently entered the wellness facility against her will. Her father, Jamie, 66, has had legal control over Spears’s financial and health decisions as her conservator since her mental-health crisis in 2008, though his role could change with a status hearing scheduled on May 10. “You may not know this about me, but I am strong and stand up for what I want,” Spears said in an Instagram statement on April 23, slamming “crazy things being said” and asking for “a little bit of privacy to deal with all the hard things that life is throwing my way.”

According to the family source, Spears is moving on from her stay in treatment and eager for a vacation. But first, says a separate insider, she’s getting back to normal: “Britney’s adjusting to being back and enjoying quality time with her kids, Sam, her dad and the family.” —**BRIANNE TRACY with additional reporting by Elizabeth Leonard and Pernilla Cedenheim**

By Her Side Spears’s boyfriend of two years Sam Asghari (in April 2018) told TMZ on April 23 that she was “doing amazing” in treatment.

Better Times “Before [Jamie] got sick Britney was doing extremely well,” an insider says of Spears (with, from left, sons Sean Preston and Jayden James and her father, Jamie, in 2016).

Supportive Sister “I have been here long before anyone else, and I’ll be here long after,” Spears’s younger sister Jamie Lynn, 28, wrote on Instagram. “I love my sister with everything I have.”



Speaking Out One day after assuring fans that “all is well” in an Instagram video posted on April 23 (right), Spears revealed in the caption of another Instagram video (left) that she lost 5 lbs. due to stress.

Chris and Katherine Get Ready to Wed

As Katherine Schwarzenegger prepares to walk down the aisle with Chris Pratt, a starry group of family and friends—including Oprah Winfrey and Pratt’s *Jurassic World* costar Bryce Dallas Howard—gathered for her bridal shower on April 28. Schwarzenegger, 29, “was glowing the whole afternoon and having the best time celebrating,” an insider says of the elegant affair, which was held at mother Maria Shriver’s L.A. home and included games, a flower-arranging station and a gospel choir performance. “Maria went all out for the shower, but it still felt very down-to-earth and intimate.” The bride-to-be’s dad, Arnold Schwarzenegger, made a brief appearance at the mostly female gathering—as did Pratt, 39, who stopped by to surprise his fiancée with a heartfelt toast. “Katherine lit up when Chris arrived,” the insider says of the pair, who dated for seven months before Pratt popped the question in January. “They were adorable together, and he wanted her to have all the attention.”

—**KARA WARNER AND PERNILLA CEDENHEIM**

Bridal Bash Katherine Schwarzenegger wore a white Lela Rose dress to her bridal shower, where fiancé Chris Pratt made a surprise appearance.

TOP LEFT: J. MERRITT/GETTY IMAGES; (JAMIE LYNN SPEARS) DEBBY WONG/REX/SHUTTERSTOCK; BOTTOM: BACKGRID(2)

18+

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HEART MONITOR

Slowing Down

Pete Davidson & **Kate Beckinsale**

The *SNL* star, 25, and the actress, 45 (above, on March 3), are tapping the brakes on their whirlwind three-month romance. "Pete and Kate got super serious very fast," a source says, "but they've decided to slow things down a bit."

Flirty Birthday

Jessie J & **Channing Tatum**

When the actor turned 39 on April 26, the British pop star, 31, sang him a sweet message on Instagram: "It's your birthday, do, do what you want" to the tune of her song, "It's My Party." They've been dating since last fall.

Happy Newlyweds

Miranda Lambert & **Brendan McLoughlin**

The country singer, 35, and her husband, a 27-year-old NYPD officer, kept a low profile while shopping in New York's SoHo neighborhood. The pair met in November and revealed that they had married in February.

Heating Up

John Cena & **Shay Shariatzadeh**

The pro wrestler turned actor, 42, was photographed kissing his new flame, a project manager at a tech company, at the San Diego airport on April 24. The pair were first spotted holding hands in March (left) in Shariatzadeh's hometown, Vancouver.

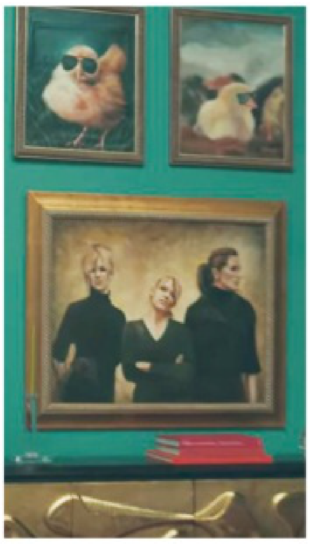
CLOCKWISE FROM TOP RIGHT: BROSNYC/BACKGRID; FLIGHT PHOTO AGENCY; ZED JAMESON/BACKGRID; ROKA/BACKGRID

Secrets from Taylor Swift's New Video

Taylor Swift is ushering in a sparkly new era. Nearly a year and a half after releasing her moody, record-breaking album *reputation,* the Grammy winner, 29, dropped her highly anticipated new single "ME!" on April 26 along with a bubbly, ultra-upbeat music video. Costarring Panic! at the Disco's Brendon Urie (who is featured on the track), the whimsical video is bursting with ball gowns, cats, rainbows—and Easter eggs. In an interview with Hit Radio, Swift teased: "Every single choice we made is foreshadowing what will happen in the course of the new album." —**MELODY CHIU**

"'ME!' is a song about embracing your individuality," Swift told Robin Roberts.

A New Family Member
Swift revealed she adopted her adorable costar—a male kitten she named Benjamin Button—after the shoot. "I fell in love!" she said on Instagram.



Cool Cameo
A framed portrait of the Dixie Chicks early on in the video led fans to believe there will be a collab with the country trio on Swift's upcoming seventh album.

Slithering Farewell
Within the first 15 seconds of the video, a snake—the emblem of her *reputation* tour—bursts into a kaleidoscope of butterflies.

Real Housewives' Kyle Richards

My Friendship with Lisa Vanderpump Is Over

It's been nearly eight months since Kyle Richards's clash with her *Real Housewives of Beverly Hills* costar Lisa Vanderpump—and she says they haven't spoken since. "Unfortunately our friendship ended that day," says Richards, 50. "It seems so silly because it didn't have to get to that point." Long-simmering tensions came to a head last fall when Richards confronted Vanderpump about allegedly leaking a story.

"I wanted to be honest," Richards says, "but it just escalated." Now Vanderpump has "cut off communication from everyone," says Richards, who won't rule out a path to peace: "Everything that's happened makes me really sad. But I always have room in my heart for someone I've cared about." —**AILI NAHAS**

Behind the Blowup
"I was the messenger, so I got the brunt of it," says Richards (left, with Vanderpump during the fight). "Lisa had such a dramatic reaction, screaming at me like that."

A Mended Relationship
This season Richards reconciled with her sister Kathy Hilton, 60. "There were issues," says Richards (center, with Kathy, left, and their sister Kim, 54). "But we are all good now, and that makes me happy."

CLOCKWISE FROM TOP RIGHT: JAMIE MCCARTHY/WIREIMAGE; RACHEL MURRAY/WIREIMAGE; CHARLES SYKES/BRAVO/NBCU PHOTO BANK/GETTY IMAGES

PARADISE
HOTEL
FOR LOVE OR MONEY? GAME ON!
MAY 9
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Noah Wyle

25 Years after *ER*

then & *now!*

1994
Wyle starred on *ER* from 1994-2005 and again in 2008.

2019
Wyle plays Daniel Calder, a gay man whose African-American husband dies in an accidental police shooting, on CBS's *The Red Line*. "The importance of doing this project was large," he says.

Back in Chicago to film his new show, CBS's *The Red Line,* Noah Wyle—who rose to fame 25 years ago as Windy City doctor John Carter on the beloved NBC medical drama *ER*—is having a few flashbacks. "It's as if ghosts walk around that city with me," he says. "It's like, 'Oh, that's where I punched Dr. Benton [Eriq La Salle], that's where I delivered a baby in a trash can.'" Looking back Wyle, 47, says his experience changed him "in every single way possible." While the cast stays in touch, Wyle isn't optimistic about a reboot. "Aside from the guilty pleasure of seeing what Hathaway [Julianna Margulies] and Ross [George Clooney] would be like now, I don't think it's ever going to happen," he explains. In the years since *ER,* he says fatherhood has given him purpose. "My entire life made sense to me the second they handed me my son," says Wyle, who has three children, Owen, 16, and Auden, 13, with first wife Tracy Warbin, and Frances, 3, with wife Sara Wells. "Everything I've ever done was for my family." —**CHRISTINA DUGAN**

Meet the New Cast of *Married at First Sight*

Season 9 of Lifetime's hit reality show—in which eight strangers meet for the first time on their wedding day—premieres June 12 at 9 p.m. —**MELODY CHIU**

↑ **Amber Bowles & Matthew Gwynne**
Bowles, 27, whose mom came out as gay and moved away when she was 4, is a hopeless romantic looking for her happily-ever-after. Gwynne, 32, an international basketball player, has previously struggled to find deep relationships.

↑ **Keith Manley & Iris Caldwell**
A virgin who is holding off on sex until her wedding, Caldwell, 27, wants her marriage to be an equal partnership. Manley, also 27, looks up to Jay-Z and Beyoncé as #couplesgoals and is hoping to start a family right away with his future wife.

↑ **Elizabeth Bice & Jamie Thompson**
After focusing on personal growth for the past two years, free-spirited Bice, 29, hopes to find lasting love. Thompson, 35, is itching to travel—but has held off on getting a passport until he finds his forever travel partner.

↑ **Deonna McNeill & Gregory Okotie**
McNeill, 30, is a career-minded woman who's extremely close to her family. Okotie, 32, who's deeply involved in his church, is finally feeling financially stable—and ready to settle down and have kids.

CLOCKWISE FROM TOP LEFT: CHRIS HASTON/NBCU PHOTO BANK/GETTY IMAGES; ARMANDO GALLO/ZUMA; JCM PHOTOGRAPHY-ASHEVILLE, NC(4)

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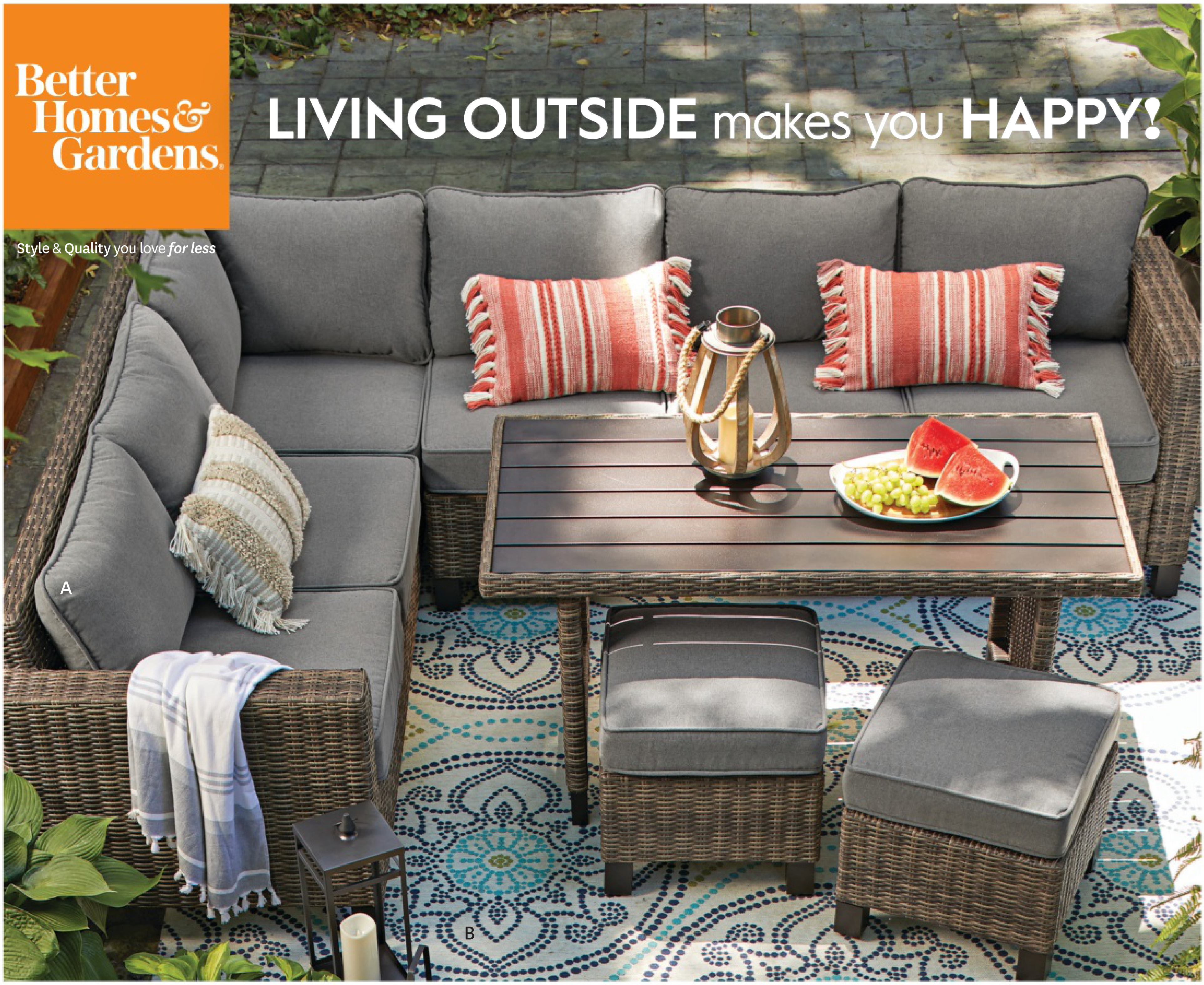
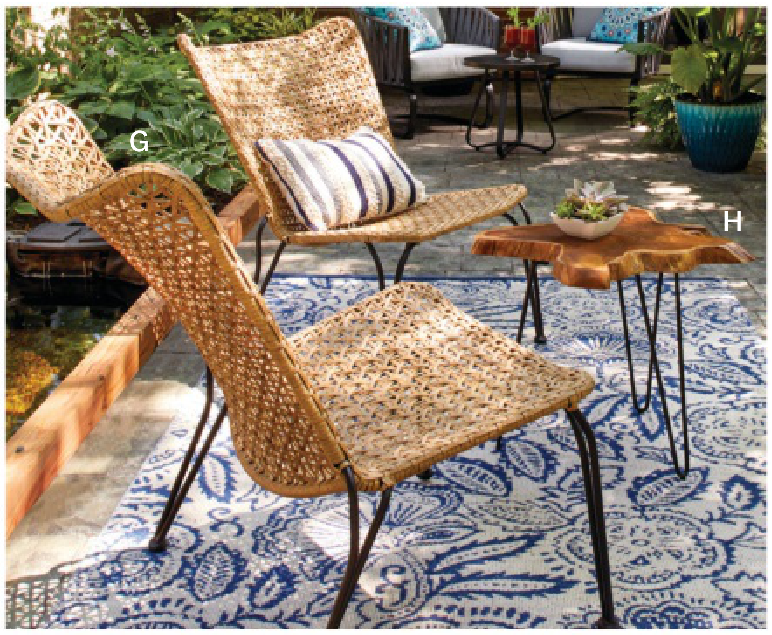
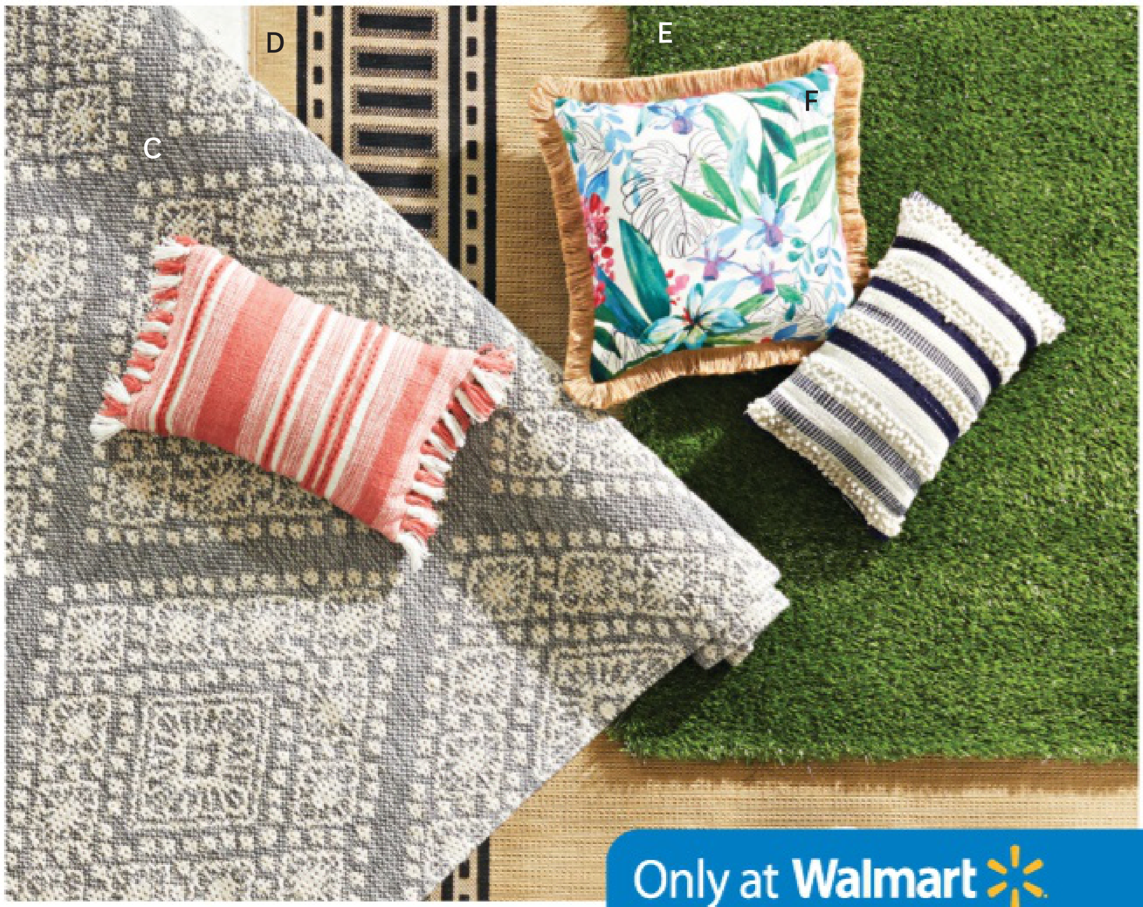


Better Homes & Gardens.

A. Brookbury 5-Piece Sectional Set
B. Ogee Medallion Rug, 6′ x 9′
C. Diamond Pathway Rug, 5′ x 7′
D. Striped Border Rug, 7′ 10″ x 10′
E. Faux Grass Area Rug, 6′ 6″ x 9′ 6″
F. Assorted Decorative Pillows





G. Ambriz Stacking Wicker Chair
H. Ambriz Side Table

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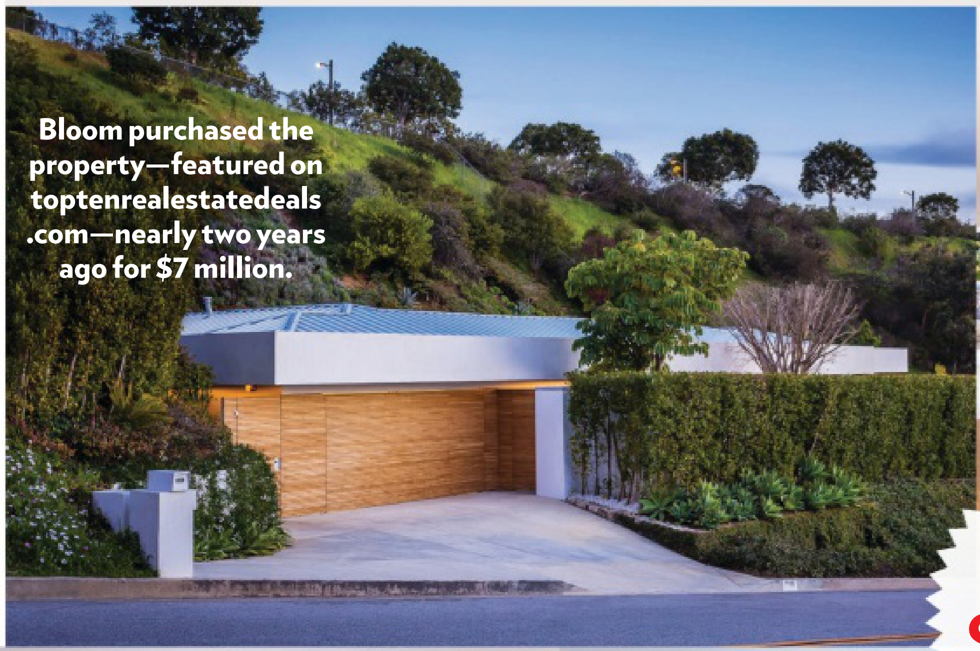
OPEN HOUSE

Orlando Bloom's Bachelor Pad

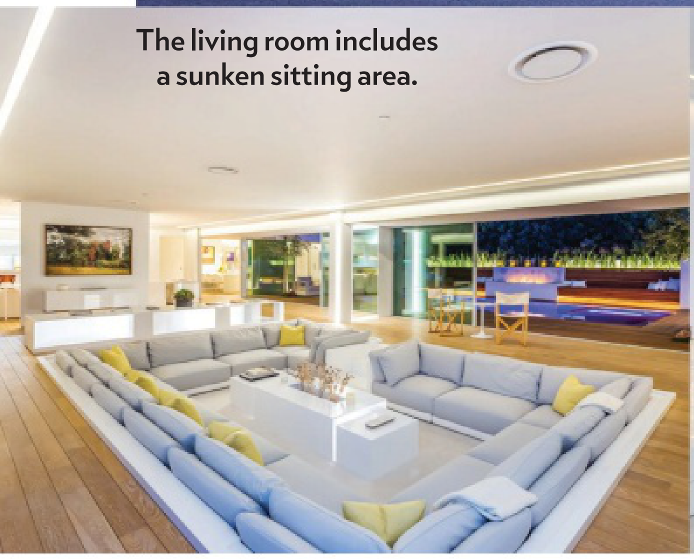
The *Lord of the Rings* star, 42, has moved in with fiancée Katy Perry, 34 (he proposed on Valentine's Day)—so now someone else can live it up like Legolas in his modern Beverly Hills home, listed for $8.999 million with Jason Oppenheim of the Oppenheim Group. The 4,011-sq.-ft. house has four bedrooms, four bathrooms and floor-to-ceiling windows looking onto the pool.



Bloom purchased the property—featured on toptenrealestatedeals.com—nearly two years ago for $7 million.

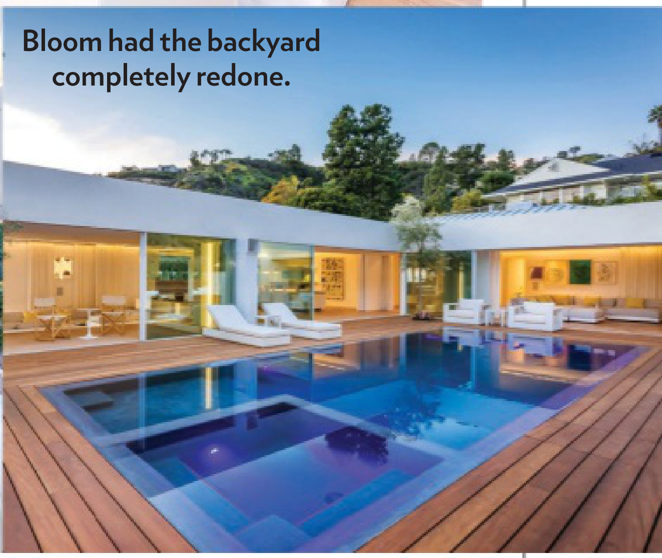
A pristine white dining room sits between the open-concept living room and kitchen.

on sale for
$8.999
MILLION



The living room includes a sunken sitting area.

The master suite opens onto a lounging and dining deck.



Bloom had the backyard completely redone.

SPECIAL COLLECTOR'S ISSUE
People
WILLIAM & CATHERINE
LOVE REIGNS!
72-Page Royal Wedding Album
THE DUKE & DUCHESS OF CAMBRIDGE APRIL 29, 2011

this week in *People* history
5 / 16 / 2011

A Royal Wedding for the Ages

College sweethearts Prince William and Kate Middleton—who wore an Alexander McQueen gown and Cartier tiara—tied the knot on April 29, 2011, at Westminster Abbey in front of 1,900 guests. More than 22 million Americans watched the festivities live on TV (even though the wedding began at 6 a.m. ET), and *People*'s special issue became one of the bestselling of all time. The newlyweds greeted the public from a Buckingham Palace balcony and celebrated with parties thrown by Queen Elizabeth and William's father, Prince Charles. Eight years later William, 36, and Kate, 37—the future King and Queen of England—are parents to George, 5, Charlotte, 4, and Louis, 1. —**DANA ROSE FALCONE**

(BLOOM) JEFF SPICER/GETTY IMAGES; (REAL ESTATE) DANIEL DAHLER(S)

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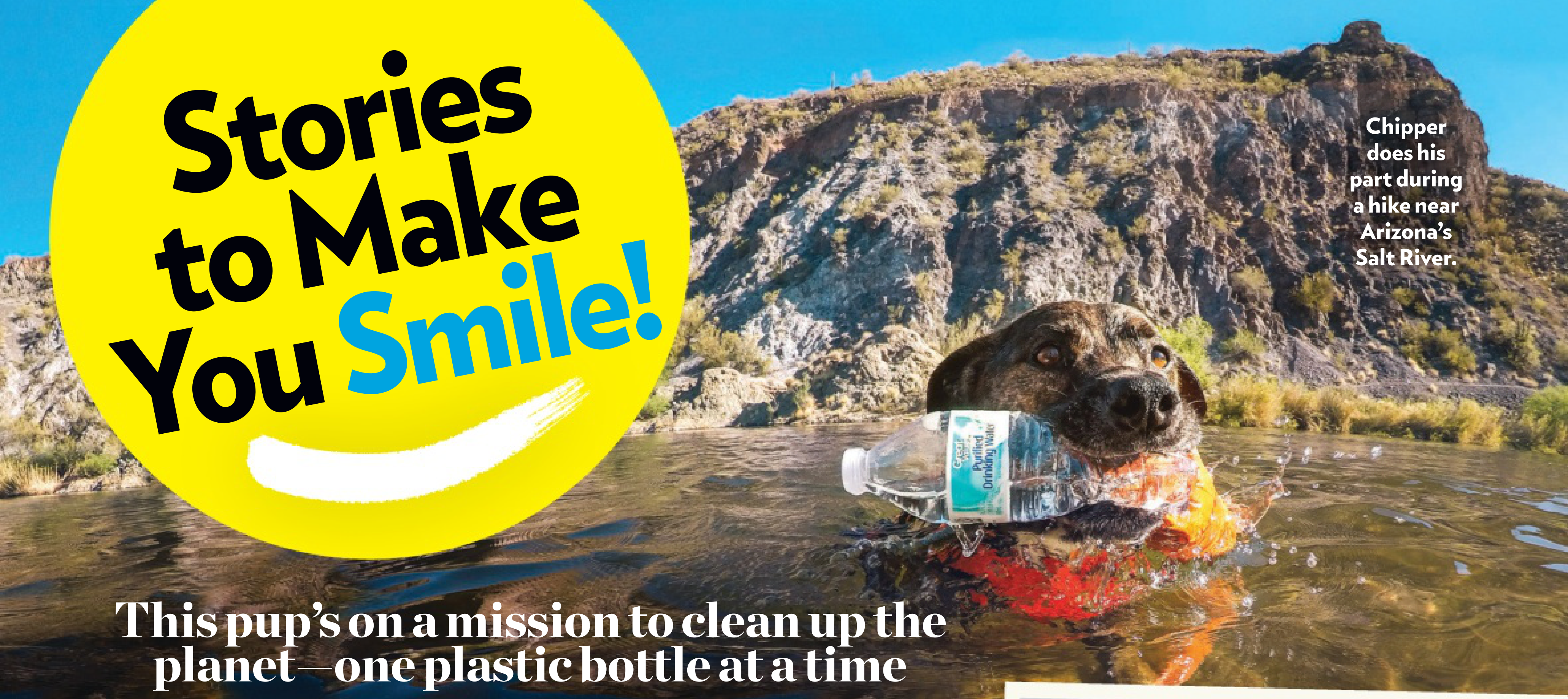


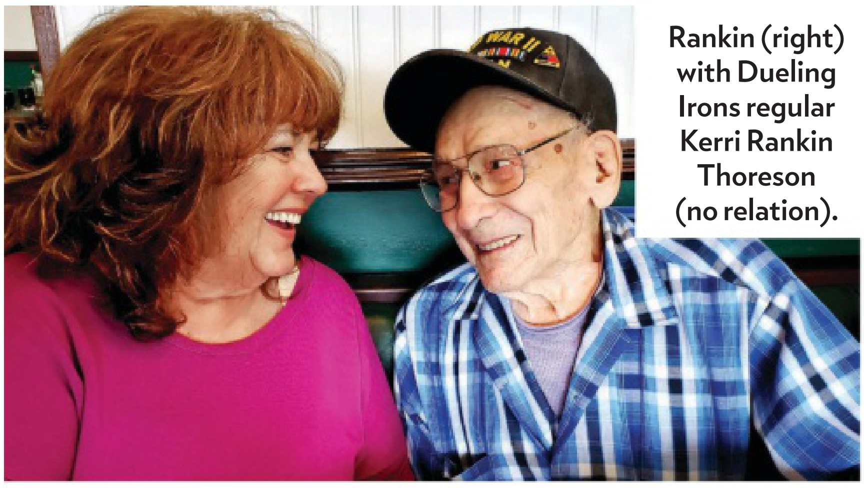
Chipper does his part during a hike near Arizona's Salt River.

This pup's on a mission to clean up the planet—one plastic bottle at a time

MESA, ARIZ.

Meet Chipper the recycling rescue dog! Adopted from a shelter in 2011, the 8-year-old mixed breed has been picking up empty water bottles on hikes with his owner Katie Pollak ever since he was a puppy. "He's a very curious dog, and he likes to investigate things," says Pollak, 31. But when Pollak began posting photos of Chipper's cleanup talents on Instagram (instagram.com/trustyourtrail), he became a social media star. "I realized that people were inspired by Chipper," she says. Now they meet up regularly with friends and their dogs for group cleanups. "Chipper's happy doing it, and he loves meeting new people, so this is kind of his dream come true."

Chipper and Pollak (left) with friends on a group hike.



Rankin (right) with Dueling Irons regular Kerri Rankin Thoreson (no relation).

Diner patrons honor a WWII vet with a lifetime of free breakfasts

POST FALLS, IDAHO

Ninety-five-year-old Dan Rankin served his country with pride during WWII. In appreciation, the customers at the Dueling Irons restaurant have been buying Rankin's breakfast every day—for longer than most can remember. "It began years back when a guest stopped to thank Dan for his service," says Irons owner Thomas Didra. Real estate agent Keith Boe, 49, was on the waiting list for more than three years to pay Rankin's daily $3.50 bill—and since he posted about Rankin on Facebook, donations have come from as far as Australia. "It feels pretty good," says an emotional Rankin, who drove an Army tank under Gen. George Patton. "They're appreciative of my service. It feels like you're recognized."

A third grader creates birthday-party kits to give to needy kids

LONDON, KY.

Bella Smith, 9, loves birthdays—so when the third grader found out two years ago that there were kids in her class at Wyan-Pine Grove Elementary school who couldn't afford presents and a party, she decided to do something about it. Funded through community donations, Bella's Birthday Boxes supplies free birthday kits filled with cake mix, balloons, icing and sprinkles to needy families. For her own birthday in March, Bella asked for donations to build more boxes. She fills each box herself and has given away 100 so far this year. "Bella is always seeking ways to be a helper," says her mom, Marlana Evans, 38, a math teacher at Bella's school. "It means the world to her entire family that Bella has such a giving heart."

Bella, at school, with a stack of birthday boxes.

PLAY
Funfetti
BIRTHDAY

Have a story that makes you smile? Send suggestions to storiestomakeyousmile@people.com

By Hanna Flanagan and Susan Katz Keating

CLOCKWISE FROM TOP LEFT: COURTESY KATIE POLLAK(2); MARLANA EVANS; KERRI RANKIN THORESON

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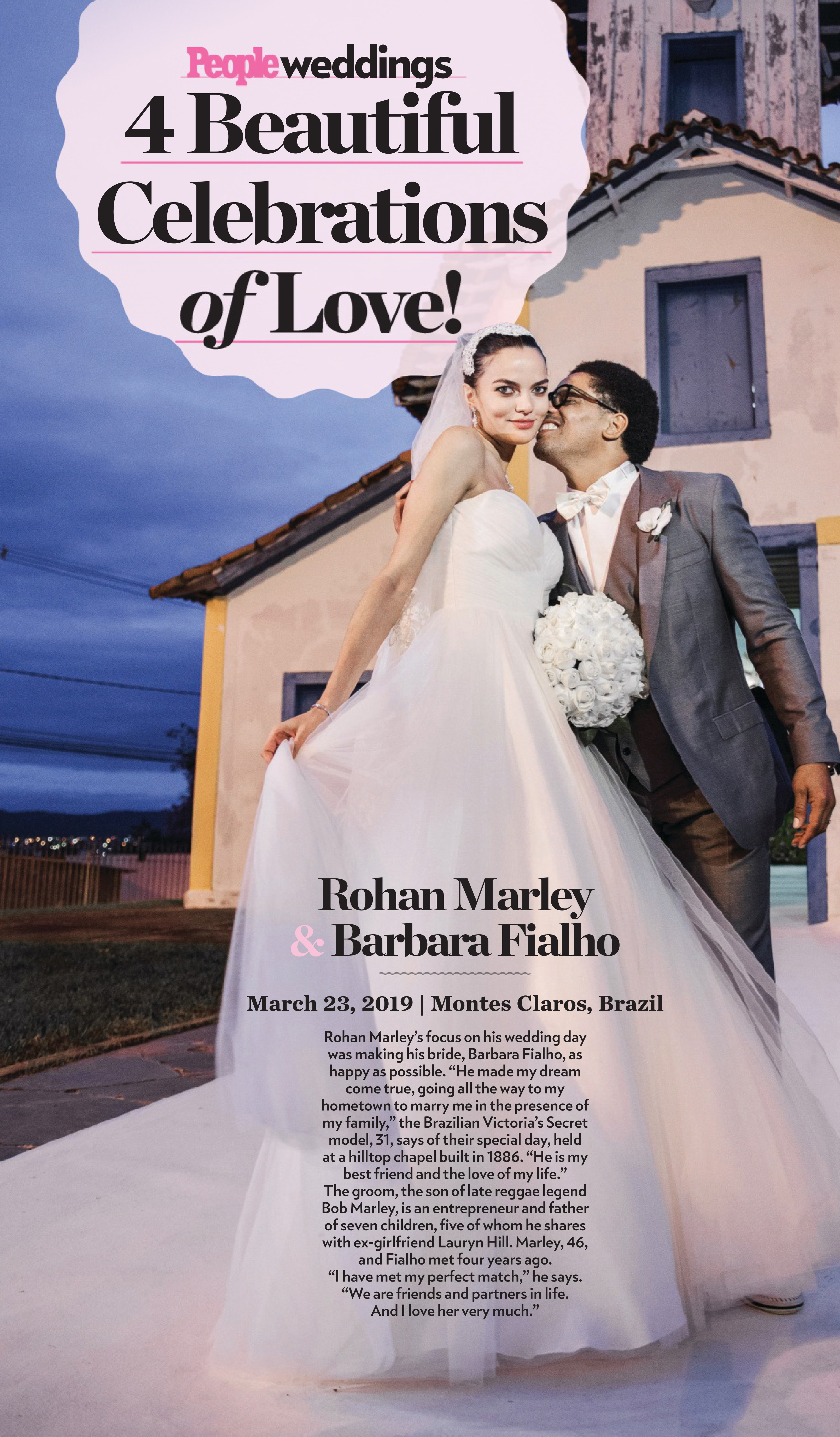
4 Beautiful Celebrations of Love!

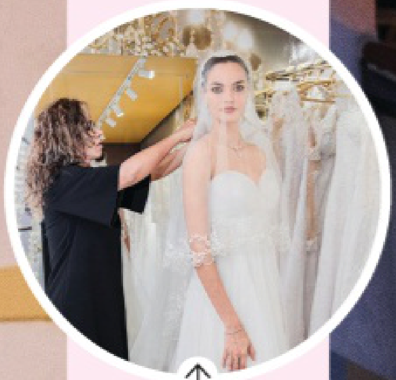


Rohan Marley & Barbara Fialho

March 23, 2019 | Montes Claros, Brazil

Rohan Marley's focus on his wedding day was making his bride, Barbara Fialho, as happy as possible. "He made my dream come true, going all the way to my hometown to marry me in the presence of my family," the Brazilian Victoria's Secret model, 31, says of their special day, held at a hilltop chapel built in 1886. "He is my best friend and the love of my life." The groom, the son of late reggae legend Bob Marley, is an entrepreneur and father of seven children, five of whom he shares with ex-girlfriend Lauryn Hill. Marley, 46, and Fialho met four years ago. "I have met my perfect match," he says. "We are friends and partners in life. And I love her very much."

ALL THE DETAILS!



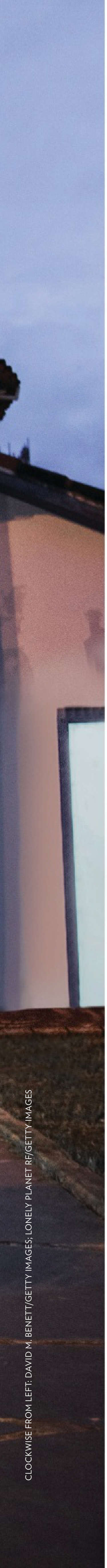
The Dress
Fialho wore a gown with a sweetheart neckline and cathedral-length veil by Ateliê Ley Lopes, a designer from her hometown.

The First Dance
The pair chose Bob Marley's "Pray for Me" for their first spin. Says a guest: "Rohan wore his biggest smile."

—

The Music
"Rohan sang [his father's hit] 'One Love,' and her entire family loved that moment," says the guest. "Barbara cried because the song means a lot to her."

GLAUBER PRATES/STUDIO LUMMI (3)



CLOCKWISE FROM LEFT: DAVID M. BENETT/GETTY IMAGES; LONELY PLANET RF/GETTY IMAGES

Idris Elba & Sabrina Dhowre

April 26, 2019 | Marrakech, Morocco

Fresh off performing at his first Coachella music festival in Indio, Calif., Idris Elba, the British actor and deejay and *People*'s reigning Sexiest Man Alive, jetted to Morocco to marry model Sabrina Dhowre, his girlfriend of two years. On April 25 their family and friends attended a rehearsal dinner at the Amanjena hotel and a party complete with fire dancers and camels. The next day the main event was a black-tie affair: Elba, 46, donned a bespoke Ozwald Boateng suit, and Dhowre, 29, wore two custom Vera Wang gowns. Guests wore all white to one last party at the Mandarin Oriental hotel, a cap to a joyful weekend. “We have good chemistry,” Elba had told *People* of his wife-to-be. “She makes me happy.” Dhowre (pictured with Elba in 2017) clearly feels the same way. On April 28 she posted a photo with a simple caption: “The best day of my life.”

ALL THE DETAILS!

↑

The Location
The couple exchanged vows at the Ksar Char-Bagh, a luxury hotel with lush gardens in the palm grove area of Marrakech.

↑

The Guests
Musician Davido Adeleke (above), MTV's Maya Jama and designer Christian Louboutin helped celebrate.

–

The Dress
Dhowre wore a strapless A-line Vera Wang gown for the ceremony and a pearl-and-gem-adorned V-neck dress for the reception.

ALL THE DETAILS!

The Accessories
The bride sparkled in $3 million worth of jewelry, including an emerald-and-diamond tiara, and Jimmy Choo shoes.

The Cake
The champagne cake with buttercream frosting from Posh Cakes was 12 ft. tall.

LeeAnne Locken & Richard Emberlin

April 27, 2019 | Dallas

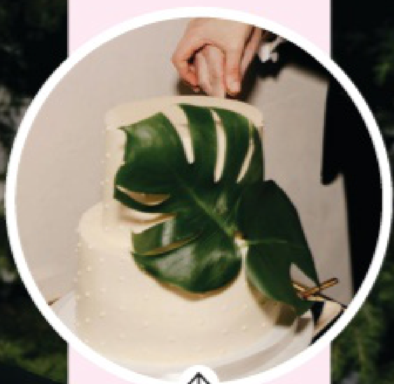
"Now I know what Cinderella felt like," says *Real Housewives of Dallas* star LeeAnne Locken, 51, who married her boyfriend of 10 years, retired Dallas police official Rich Emberlin, 56, at the Cathedral of Hope. Wearing a $25,000 custom-made dress by local designer Nardos Imam, Locken beamed as she exchanged vows with Emberlin in front of family, friends and some of her Bravo costars. "I'm so in love with him," says Locken. "I'm smart enough to know perfection doesn't exist, but if anything could attain it, it was that day."

Jillian Jacqueline & Bryan Brown

April 27, 2019 | Nashville

Though Jillian Jacqueline and Bryan Brown often share a stage, walking down the aisle was a whole new experience. The country singer, 31, and her guitarist, 38, who have been dating since 2016, wed in front of 150 guests at Ruby, a historic event space. They wrote their own vows for the "bohemian art deco greenhouse"-themed ceremony. "We work and live together, which teaches you to pick your battles and have patience," says Jacqueline, who wore a Theia dress. "As clichéd as it sounds, we both really knew very early on that we would get married."

ALL THE DETAILS!



The Cake
Guests enjoyed a chocolate cake by Baked in Nashville as well as a sundae bar. Says Jacqueline: "Who doesn't love ice cream?"

The Music
The couple picked Randy Newman's "She Chose Me" for their first dance. "Bryan is a great dancer," says Jacqueline.

By Dana Rose Falcone, Sarah Michaud, Dave Quinn and Janine Rubenstein

LEFT: PETER LARSEN/BRAVO(3); RIGHT: YELLOW BIRD VISUALS(3)

People
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NCIS STAR Mark Harmon
FAME, FAMILY & WHAT I'VE LEARNED
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passages

Tamron Hall with newborn son Moses (left).

Babies

TV host **Tamron Hall,** 48, and husband **Steven** welcomed their first child, a boy named **Moses.** “Thank y'all for the love and support. It got us here,” Hall wrote on Instagram. ● Country singer **Jake Owen,** 37, and his girlfriend **Erica Hartlein** welcomed a daughter named **Paris Harley.** ● **Josh Duggar,** 31, and **Anna Duggar,** 30, announced they are expecting their sixth child. The oldest Duggar child and his wife are parents to **Mackynzie,** 9, **Michael,** 7, **Marcus,** 5, **Meredith,** 3, and 19-month-old **Mason.** ● *Real Housewives of Atlanta* star **Eva Marcille,** 34, and husband **Michael Sterling,** 37, are expecting their second child.

Engaged

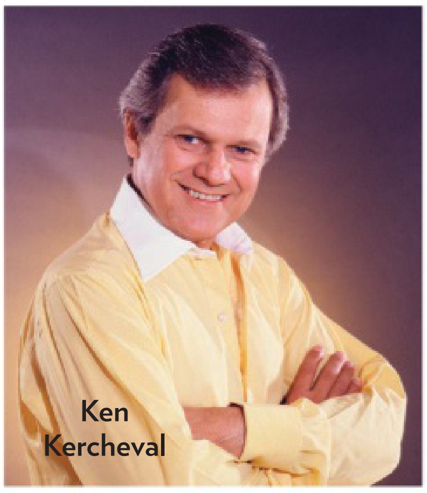
Real Housewives of Orange County's **Vicki Gunvalson,** 57, is engaged to boyfriend **Steve Lodge,** 60, after three years of dating.

Health

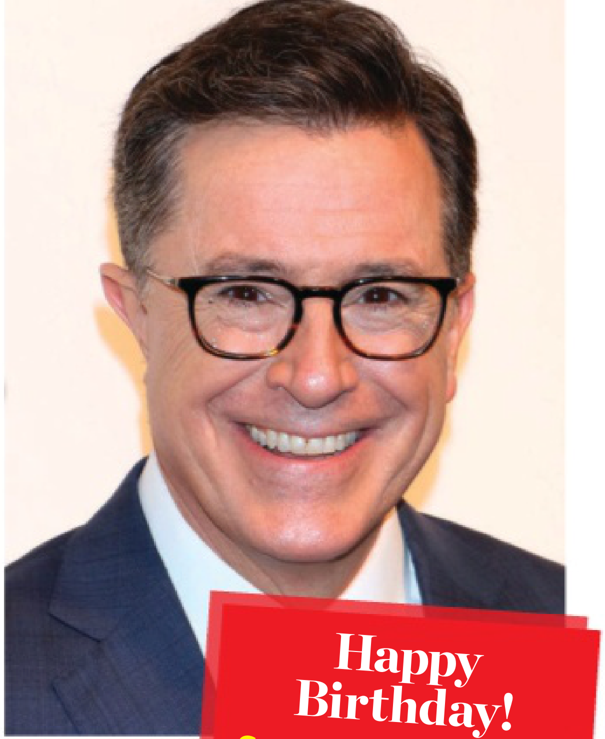
Larry King, 85, successfully underwent angioplasty, during which stents were inserted to reopen a bypass from 1987. His doctors expect him to make a full recovery. ● Former *Passions* star **McKenzie Westmore,** 42, revealed she was diagnosed with Tourette's syndrome at age 10.

Deaths

Ken Kercheval, who played J.R. Ewing's rival Cliff Barnes on the CBS prime-time soap *Dallas* from 1978 to 1991, died at 83. He reprised his character in the 2012 revival. ● Actress and model **Stefanie Sherk** died by suicide at 43 after battling depression. She was married to Oscar nominee **Demián Bichir,** 55. “She made me better in every sense,” he wrote on Instagram. ● *Ferris Bueller's Day Off* and *Fletch* actor **Larry “Flash” Jenkins** died at 63.



Ken Kercheval



Happy Birthday!

Stephen Colbert, 55
May 13, 1964

Bono, 59
May 10, 1960

Rami Malek, 38
May 12, 1981

By Ale Russian

Lennon (right with dad John Lennon in 1968) wrote the children's book *Love the Earth,* with profits going to his foundation.

Julian Lennon

Inspired by dad John Lennon, the musician, 56, created the White Feather Foundation to help protect indigenous cultures

Why I Care

PERSONAL STORIES ABOUT GIVING BACK

My dad [late Beatles musician John Lennon] had always said that if something happened to him and he passed away, the way he would show me a sign that he was okay was in the form of a white feather. I was on tour about 20 years ago in Australia, and the management of the hotel where I was staying called and said, “Mr. Lennon, you've got about 50 people in the lobby, they're an indigenous tribe, can you please come down?” The elder from the tribe walked up to me with this huge white feather, and she said, “You have a voice. Can you help us?” She told me they'd been thrown off their land. I got goose bumps. I spent 10 years with my best friend making a documentary called *Whale Dreamers* about this indigenous tribe and then in 2007 created the White Feather Foundation, which helps raise funds for environmental, humanitarian and clean-water projects and protects indigenous cultures. To me it's really all about helping your fellow man.

—**REPORTED BY BRIANNE TRACY**

For more information, go to **whitefeatherfoundation.com**

CLOCKWISE FROM TOP LEFT: NOAM GALAI/GETTY IMAGES; GREGORY PACE/REX/SHUTTERSTOCK; CBS PHOTO ARCHIVE/GETTY IMAGES; KEYSTONE-FRANCE/GAMMA-RAPHO/GETTY IMAGES; DEBORAH ANDERSON

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People picks

THE BEST STUFF TO WATCH, READ & LISTEN TO THIS WEEK!

Edited by **Tom Gliatto**

MOVIE | Long Shot

Charlize Theron teams up with Seth Rogen for a romantic campaign

COMEDY If President Trump can describe himself as "a young, vibrant man," what does that make Seth Rogen? Here's what: a romantic lead, partnered with none other than Oscar winner Charlize Theron. In this funny, charming political comedy, Theron is Secretary of State Charlotte Field, a woman of immense power, savvy and skill. She also knows how to babysit: As a teenager, she occasionally looked after a smitten little boy named Fred Flarsky. Since then Fred has grown up to be a wisecracking, muckraking slouch of a journalist (that would be Rogen). Charlotte hires him to punch up her speeches—this is about as plausible as James Franco clerking for Justice Ginsburg, but never mind—while she mulls a presidential run. *Shot* builds a relaxed, flirtatious relationship between these two without overdoing it (there's a short, hilarious sex scene, the bedroom equivalent of a soundbite). At times the film can feel thin and underpopulated. As we've learned from *Veep,* high-level officials have staff the way dogs have fleas. But you don't really need much more than Rogen, the spectacular-looking Theron or *Better Call Saul*'s Bob Odenkirk as a dim-bulb President. He's a former actor who decides to quit after one term so he can get back into series TV. *(May 3, R)*

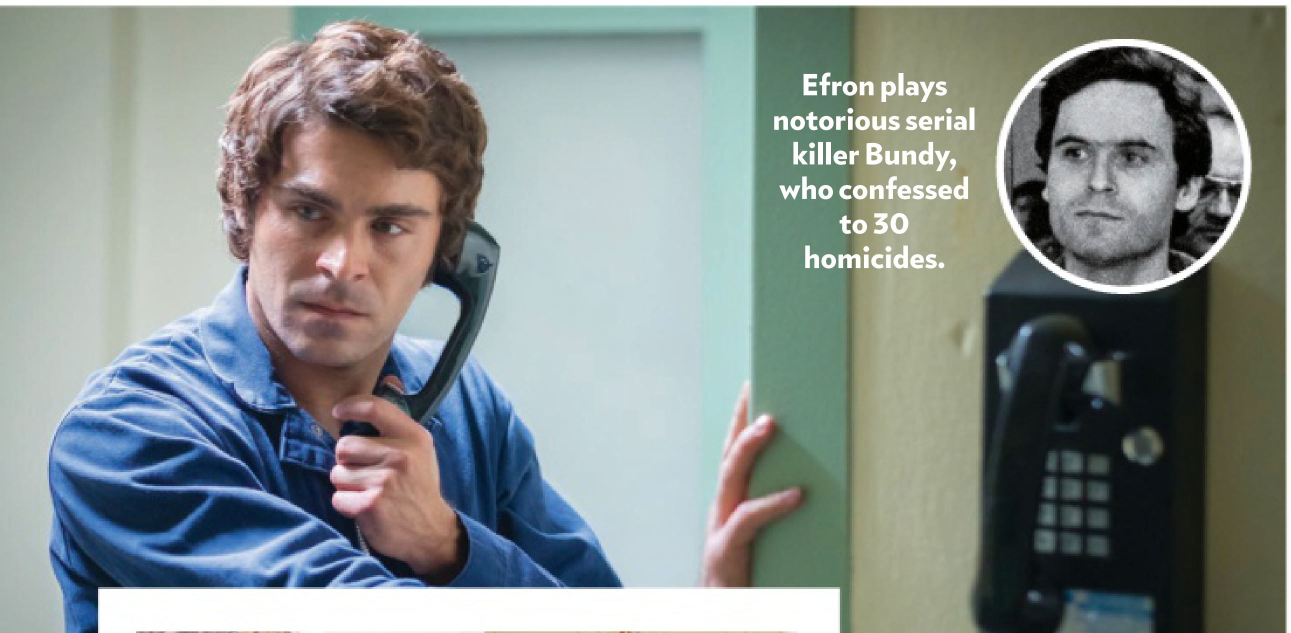
> **'There's a short, hilarious sex scene, the bedroom equivalent of a soundbite'**

Politics makes for odd bedfellows: Theron plays a political star and Rogen her new speechwriter.

FROM TOP: PHILIPPE BOSSÉ/LIONSGATE; HECTOR ALVAREZ/LIONSGATE

NETFLIX | Extremely Wicked, Shockingly Evil and Vile

DRAMA Zac Efron makes an excellent Ted Bundy. For one thing, he has an unnerving resemblance to the serial killer—something to do with how their faces hinge on the eyebrows and the bridge of the nose. But *Vile,* which focuses on Bundy from his initial 1975 arrest to his 1989 execution, also lets Efron play off his own sex appeal, only now with a grotesque edge: Even on trial Bundy seems to imagine he'll prevail with charm and a preening display of intelligence. The courtroom is full of girl groupies who seem to have mistaken this for *High School Musical. (Launches May 3)*



Efron plays notorious serial killer Bundy, who confessed to 30 homicides.

TV | State of the Union

COMEDY Louise and Tom (Rosamund Pike and Chris O'Dowd) are seeing a marriage counselor. Before each session they meet at a pub and mull over the pitfalls of their relationship—she had a brief affair, and he voted for Brexit. "I mostly wanted to annoy your friends," he says. Told in 10-minute segments, *Union* is lucid, funny and *very* quick. *(Sundance TV, May 6, 10 p.m.)*

one to watch

With costar Adam Dannheisser

Beetlejuice's Leslie Kritzer

In the wild new Broadway musical, the theater pro, 41, steals scenes as Delia—the role originated by Catherine O'Hara in Tim Burton's 1988 movie classic. (Yes, the show re-creates that "Day-O" scene.) The Livingston, N.J., native calls O'Hara her hero: "If I had the chance to get to know her, I'd die." —**DAVE QUINN**

MUSIC | Vampire Weekend, *Father of the Bride*

ROCK Vampire Weekend's sonically eclectic and lyrically profound fourth album expands far beyond the concise riffs that characterized their early work. Songs like "Married in a Gold Rush," one of three to feature Haim's Danielle Haim, stand among the indie-rock band's most affecting material to date. *(May 3)*

VAMPIRE WEEKEND
FATHER OF THE BRIDE

CLOCKWISE FROM TOP LEFT: STXFILMS; ROB LATOUR/VARIETY/REX/SHUTTERSTOCK; RICHARD SHOTWELL/INVISION/AP/REX/SHUTTERSTOCK; SCOTT KIRKLAND/REX/SHUTTERSTOCK; CHIAKI NOZU/REDFERNS/GETTY IMAGES; PARISATAG HIZADEH/CONFESSION FILMS/SUNDANCETV

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TV | The Spanish Princess

DRAMA In Starz's latest feminist-historical romp, young Catherine of Aragon (Charlotte Hope) leaves behind sunny, sumptuous Spain for drizzly, cash-strapped England. Once there she'll meet Prince Henry (Ruairi O'Connor), a virile ginger. Unfortunately, she's betrothed to his brother Prince Arthur (Angus Imrie), who looks like a newt in a page wig. This enjoyable series is about how Catherine ends up with the future Henry VIII—that awful Boleyn business is a ways off. *(Starz, May 5, 8 p.m.)*

Hope as the Spanish infanta Catherine, who would become England's queen in 1509.

Hot Royal Messes

Check out these exciting regal sagas of soapy splendor

Marie Antoinette

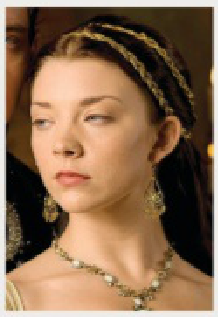
MOVIE | DRAMA

Kirsten Dunst plays the doomed queen. Keep an eye out for Jamie Dornan as a lover! *(iTunes)*

Mary Queen of Scots

MOVIE | DRAMA

Saoirse Ronan is the headstrong woman who rattled Elizabeth I (Margot Robbie). *(Amazon)*



The Tudors

TV | DRAMA

Before *Game of Thrones,* Natalie Dormer spent two sexy seasons as Anne Boleyn on the Showtime series. *(Netflix)*

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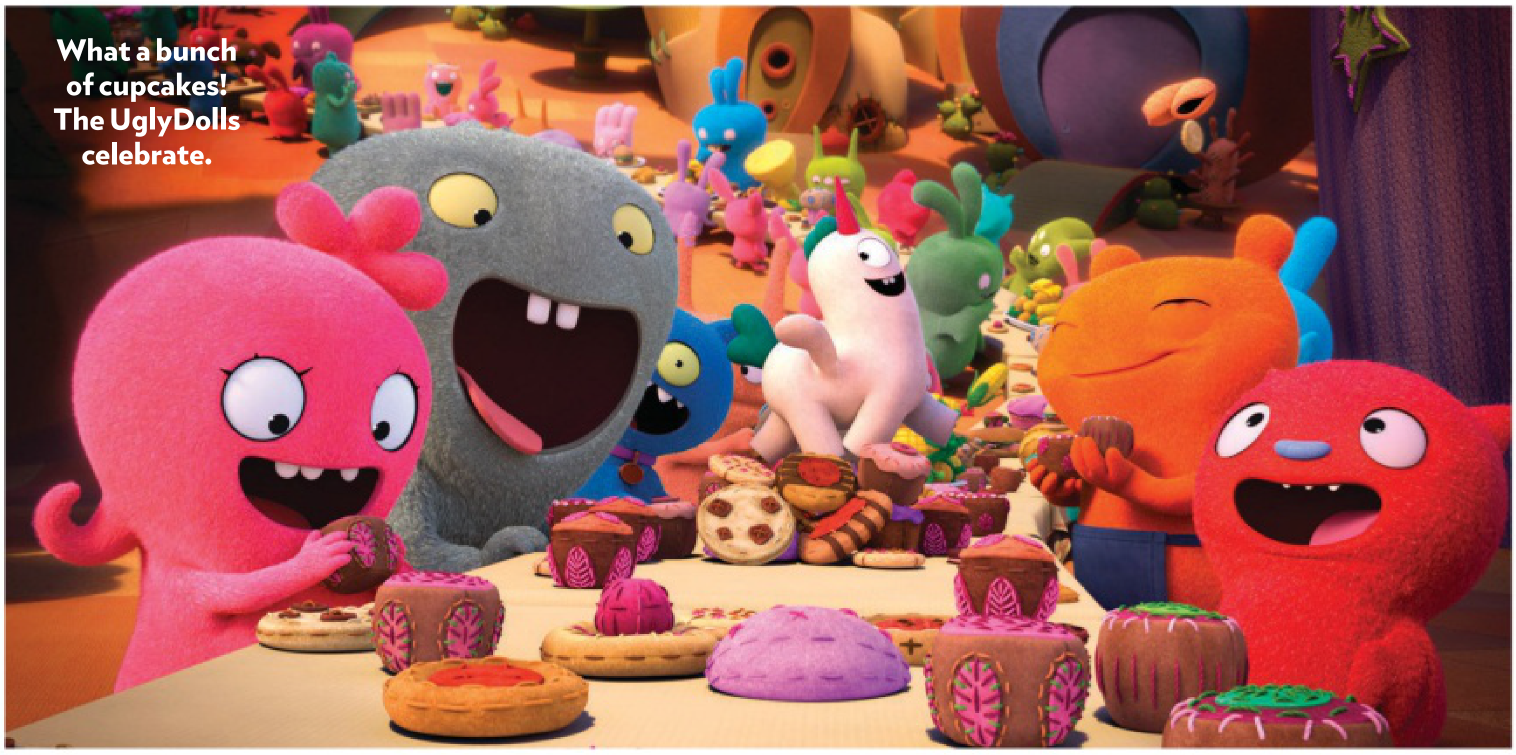
MOVIE | UglyDolls

Everything is beautiful (and collectible) in its own way

FAMILY Based on the line of snaggletoothed, odd-shaped but nonetheless squishable toys, this is the story of Moxy (Kelly Clarkson). Strawberry-pink, she looks like a chewable tablet. Moxy's dream is to leave her home in Uglyville and be loved by a human child. First, she discovers, she'll have to relocate to an intimidating place, Perfection, for training. She and a multitude of blandly flawless dolls assemble in a large square where they're addressed by a blond leader (Nick Jonas). (This, kids, is fascism.) The soundtrack is the standout here: Anthems sung by Clarkson, Janelle Monáe, Nick Jonas and Blake Shelton will get your freak flag flying. *(May 3, PG)*



What a bunch of cupcakes! The UglyDolls celebrate.

Kelly Clarkson

Nick Jonas

Janelle Monáe

CLOCKWISE FROM TOP RIGHT: WALTER MCBRIDE/GETTY IMAGES; MATTHEW MURPHY; AP; BRIAN DOUGLAS/NETFLIX; JONATHAN HESSION/SHOWTIME; LIAM DANIEL/FOCUS FEATURES; ZUMA; STARZ ENTERTAINMENT

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Pursuant to Federal Rule of Civil Procedure 23 and Court Order, *Merryman, et al. v. JPMorgan Chase Bank, N.A.*, No. 1:15-cv-09188-VEC (S.D.N.Y.) has been provisionally certified as a class action for settlement purposes and a $9,500,000 settlement has been proposed, which, if approved, will resolve all claims in the litigation. **This notice provides basic information. It is important that you review the detailed notice ("Notice") found at the website below.**

What is this lawsuit about:
Plaintiffs claim that JPM, as depositary bank for the American Depositary Receipts or securities covered by the litigation ("ADRs"), assigned foreign exchange rates ("FX") to the conversion of non-U.S. dollar-based cash distributions, which reflected a spread that was added to the FX rate JPM actually received at the time of the conversion, and thereby improperly retained class member dollars from such distributions. JPM has denied, and continues to deny, any wrongdoing or liability whatsoever.

Who is a Settlement Class Member:
Persons or entities who are or were holders (directly or indirectly, registered or beneficially) of or otherwise claim any entitlement to any payment (dividend, rights offering, interest on capital, sale of shares or other distribution) in connection with (i) securities listed on Appendix 1 to the Notice (including any predecessor or successor) from November 21, 2010 to July 18, 2018; or (ii) securities listed on Appendix 2 to the Notice (including any predecessor or successor) from November 21, 2012 to July 18, 2018.

What are the benefits:
If the Court approves the settlement, the proceeds, after deduction of Court-approved notice and administration costs, attorneys' fees and expenses, will be distributed pursuant to the Plan of Allocation in the Notice, or other plan approved by the Court.

What are my rights:
If you hold (or held) your ADRs directly and are listed on JPM's transfer agent records, you are a Registered Holder Settlement Class Member and *do not* have to take any action to be eligible for a settlement payment. However, if you hold (or held) your ADRs through a bank, broker or nominee and are not listed on JPM's transfer agent records, you are a Non-Registered Holder Settlement Class Member and you *must submit* a Claim Form, ***postmarked by September 19, 2019***, to be eligible for a settlement payment. Non-Registered Holder Settlement Class Members who do nothing will not receive a payment, and will be bound by all Court decisions.

If you are a Settlement Class Member and do not want to remain in the Settlement Class, you may exclude yourself by request, ***received by July 3, 2019***, in accordance with the Notice. If you exclude yourself, you will *not* be bound by any Court decisions in this litigation and you will *not receive a payment*, but you will retain any right you may have to pursue your own litigation at your own expense concerning the settled claims. Objections to the settlement, Plan of Allocation, or request for attorneys' fees and expenses must be ***received by July 3, 2019***, in accordance with the Notice.

A hearing will be held on **August 8, 2019 at 11:00 a.m.**, before the Honorable Valerie E. Caproni, at the Thurgood Marshall U.S. Courthouse, 40 Foley Square, NY, NY 10007, to determine if the settlement, Plan of Allocation, and/or request for fees and expenses should be approved. Supporting papers will be posted on the website once filed.

For more information visit
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Q&A

Ramy Youssef

The comedian, 28, plays a version of himself in the Hulu series *Ramy*.

How would you describe the show?
In a broad way you could say it's a dark comedy about a Muslim family, but you're also watching somebody struggle with what they believe and what they actually do.

On the set with Elisha Henig.

What was it like growing up American Muslim in New Jersey?
We were proud of where we came from and our culture and faith. That's something that's stuck with me.

And you spent summers in Cairo.
It was a really fun childhood—you're excited to go to Egypt, you know, then by the end you're like, "Okay, I can't wait to get back home to New Jersey."

Is your family supportive?
Yeah. Very proud.

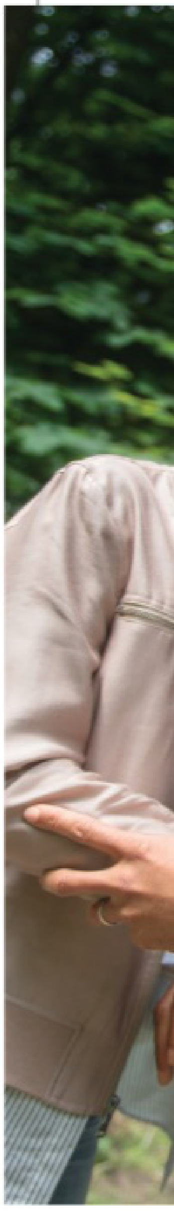
—CHRISTINA DUGAN

Emily Watson as a nuclear physicist.

MOVIE |

The Intruder

THRILLER Scott and Annie (Michael Ealy and Meagan Good) nearly pass on buying their dream house when seller Charlie (Dennis Quaid) makes a racist remark. If only they'd stuck to searching Zillow. Charlie can't accept the idea that the house is no longer his. He keeps coming back, showing up at all hours, bearing pizza, mowing the lawn. But we know it's not just the grass this psychopath wants clipped: Quaid looks like Ronald Reagan with Steve Martin's smile, a hostile rictus. The film is a home-invasion nightmare that's a satire of white presumption. *(May 3, PG-13)*



TV | Chernobyl

DRAMA There was no hiding the Chernobyl meltdown in 1986—within three days a radioactive cloud had reached Scandinavia. But Soviet officials did their awful best, in the name of the Motherland, to control a globe-threatening situation. This miniseries is a grimly impressive retelling of the worst nuclear accident in history. Sit back and watch the radioactive ash fall like snow. *(HBO, May 6, 9 p.m.)*

Cardellini and Applegate become unlikely friends.

NETFLIX | Dead to Me

COMEDY-DRAMA Recently widowed, Jen (Christina Applegate) could be said to be furious in her sorrow—she's obsessed with finding the hit-and-run driver who killed her husband—but you get the impression that even on a good day she's not nice. (If you're a neighbor, don't expect much gratitude if you bring over a Mexican lasagna.) Then she joins a grief-therapy group, where she spits out the lousy coffee and makes an unexpected friend: Judy (Linda Cardellini), who has the wide-eyed vulnerability of an Instagram cat. Judy, though, isn't on the up and up about her loss—a realization that triggers the first of many explosions from Jen. This is *Grace and Frankie* with a dark undercurrent of *Desperate Housewives* melodrama. Highly entertaining. *(Launches May 3)*

House of horrors: Good and Ealy are terrorized by Quaid (inset).

CLOCKWISE FROM BOTTOM LEFT: BARBARA NITKE/HULU; DANNY MATSON/GETTY IMAGES; LIAM DANIEL/HBO; SAEED ADYANI/NETFLIX; SONY PICTURES(2)

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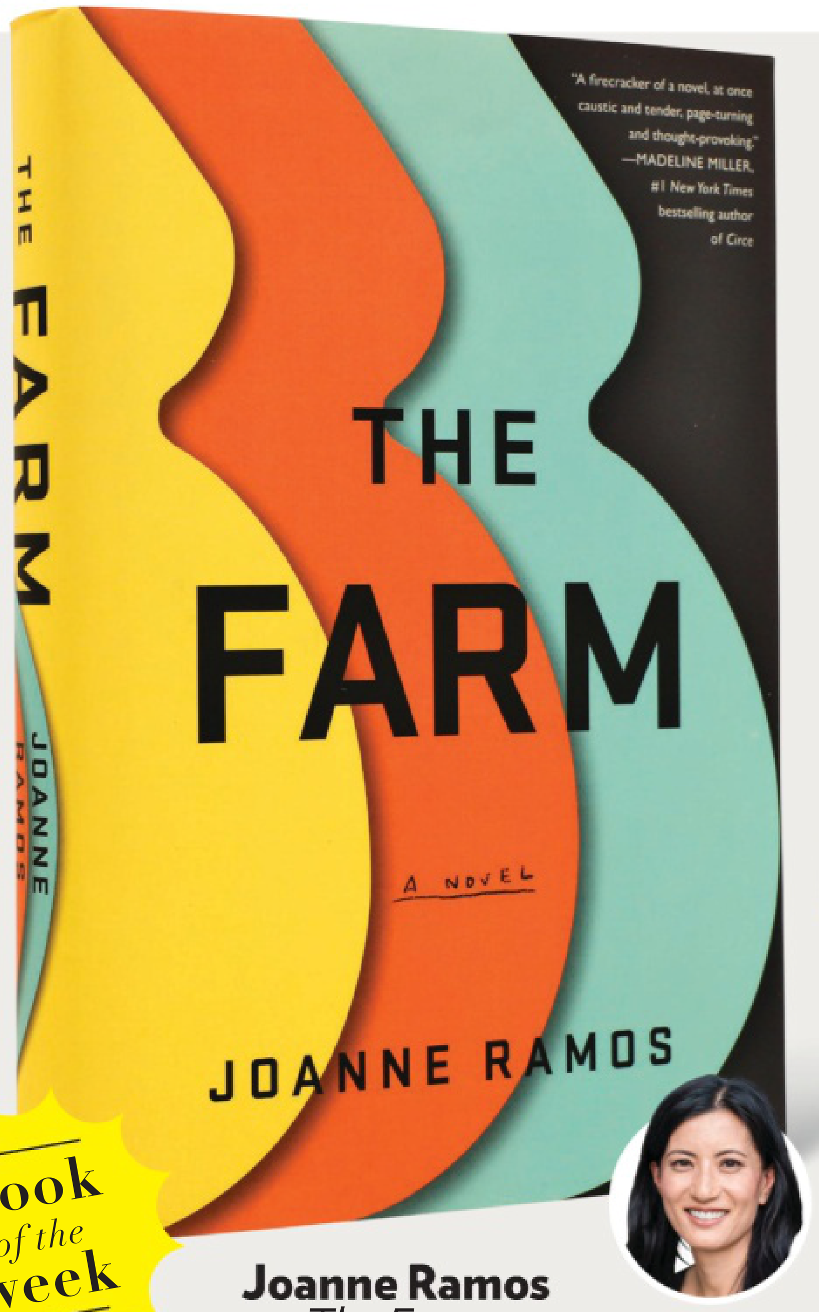
and a depressive's path to healing

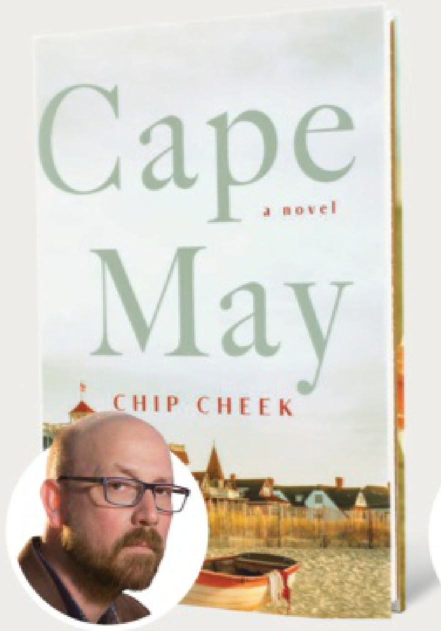
Edited by **Kim Hubbard**


"A firecracker of a novel, at once caustic and tender, page-turning and thought-provoking." —MADELINE MILLER, #1 New York Times bestselling author of Circe
THE FARM
A NOVEL
JOANNE RAMOS
THE FARM JOANNE RAMOS

book of the week

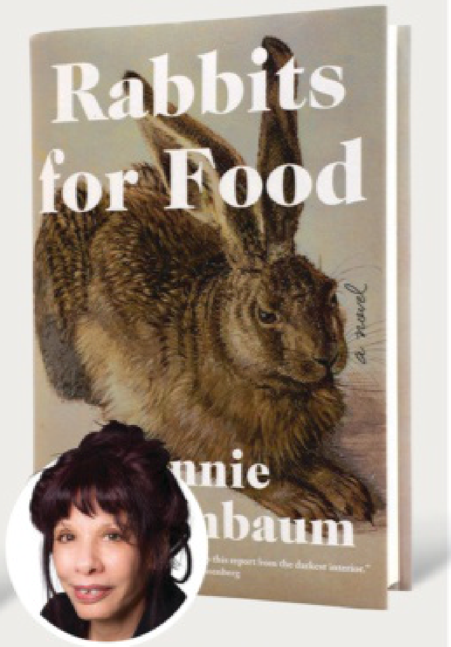
Joanne Ramos
The Farm
NOVEL

In a country mansion, needy young women are groomed as surrogate mothers, carrying babies for wealthy couples. It's a provocative idea, and Ramos nails it. Despite the sleek surroundings and the good money that's promised, the women are uneasy—particularly Jane, a Filipina, who's so worried about her own infant, left with a relative, that she ponders escape. Crisp and believable, this smart debut links the poor and the 1 percent in a unique transaction that turns out to be mutually rewarding.


Cape May
a novel
CHIP CHEEK

Chip Cheek
Cape May
NOVEL

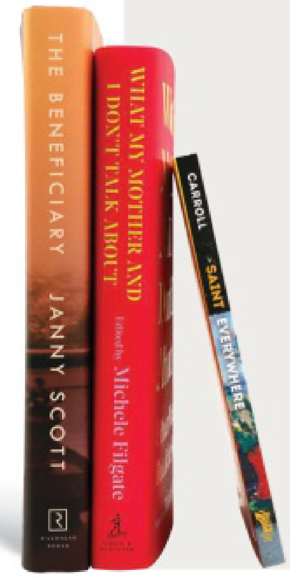
In this mesmerizing tale of sexual desire and discovery, naive newlyweds Henry and Effie are honeymooning in Cape May, N.J., in 1957, tentatively navigating intimacy. Then they meet Clara and Max, hard-partying lovers who dazzle the innocent pair until they've lost more than their virginity. Cheek's sensual first novel leaves you wanting more.


Rabbits for Food
a novel

Binnie Kirshenbaum
Rabbits for Food
NOVEL

A middle-aged writer hasn't left the house in weeks. When she finally emerges for a New Year's Eve party with her husband, she winds up in a mental hospital—where she bonds with her fellow "psychos" and begins chronicling her past in a writing class. Kirshenbaum's portrait of intractable depression is acerbic, heartbreaking and improbably hilarious.

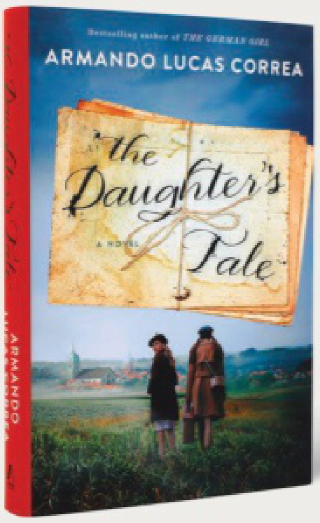
New in Nonfiction


THE BENEFICIARY JANNY SCOTT
WHAT MY MOTHER AND I DON'T TALK ABOUT
Edited by Michele Filgate
CARROLL SAINT EVERYWHERE

Janny Scott
The Beneficiary
Journalist Scott explores her wealthy Main Line family's history, her late father's alcoholism and the mixed blessings of inherited fortunes. Fascinating.

Michele Filgate
What My Mother and I Don't Talk About
Fifteen writers and daughters delve deep into that most primal of relationships and its complicated hold on our lives.

Mary Lea Carroll
Saint Everywhere
The author set out to learn the stories of the "lady saints" she encountered in her travels. She ended up learning even more about the modern world and herself.


Bestselling author of THE GERMAN GIRL
ARMANDO LUCAS CORREA
The Daughter's Tale
A NOVEL

From Our Colleagues

Armando Lucas Correa
The Daughter's Tale
In his searing second novel, *People en Español*'s editor in chief traces the diverging paths of a Berlin bookshop owner and her two daughters as they flee the Nazis.

INSETS, FROM LEFT: JOHN DOLAN; TINA BOYADJIEVA; SHARONA JACOBS; (BOOKS) BRIEN FOY(5)

CONTRIBUTORS BOOKS Anne Leslie, Claire Martin, Helen Rogan **MUSIC** Eric Renner Brown

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A New Big Sister

"I'm still trying to figure out how to get Haley situated," says Kotb (photographed with Haley and Hope at her N.Y.C. home on April 24). "But she's very protective of her baby sister. It's amazing."

Hope Catherine

Born April 12
7 lbs. 2 oz.

Hoda's Baby Joy

'I Can't Believe This Is My Life!'

THE *TODAY* SHOW'S HODA KOTB OPENS UP ABOUT ADOPTING DAUGHTER HOPE CATHERINE—AND HOW MUCH BECOMING A MOM OF 2 HAS ALREADY CHANGED HER

By **CHARLOTTE TRIGGS**

Photographs by **BRIAN DOBEN**

In the 11 days since she became a mother of two, Hoda Kotb has had a revelation: She needs to relax.

"My first time around, I spent my whole time going, 'I got it! I got it!'" says Kotb, who adopted daughter Hope Catherine in April, two years after welcoming her older daughter Haley Joy with Joel Schiffman, her partner since 2013. "I didn't know what to expect with two. All of a sudden with two kids you're like, 'Wait, baby one is crying, baby two needs to be put down. Hope is hungry, Haley needs me.' I was always like, 'I have to fix it! Here I come.' Now I'm just like, 'Haley's safe. She's good. The baby's going to eat in a minute. She'll be okay,'" the *Today* show anchor says, rocking her newborn daughter to sleep during a photo shoot in her New York City apartment. "I'm not being Pollyanna with rose-colored glasses or anything. I've loved it all. The worst day I've loved and the best day I've loved. It's the most awesome thing in the world, and I can't believe we get to do it."

Expanding her family is a dream Kotb, 54, has actively pursued ever since adopting Haley just after Valentine's Day in 2017. "I wanted another child, and I also thought Haley needs somebody to witness her life all the way through. A second child would just make it complete," she says. Kotb and Schiffman, 61, a financier, called their adoption agency just three months after Haley's arrival to inquire about next steps but learned they'd be in for another wait. "I didn't know the rules, but you've got to wait for nine months before you can start with the paperwork," she says. "The agencies want you to have the natural sort of rhythm [with the baby] before you apply again." Like clockwork the pair applied for a second adoption in November 2017, and the waiting game began. "Occasionally we'd get a call—'There might be something up'—but then it wouldn't work out," she says. "So much time passed that I started to think that maybe it's not for us."

Over the course of 17 months, Kotb kept a positive attitude. She had once thought she might never become a mother, after cancer at age 42 left her unable to conceive and she divorced her then husband, Burzis Kanga, at 43. "I was perfectly happy obviously with the blessing I got [in Haley]," Kotb says. "I already got the best thing in the world, so I just tried to live." She and Schiffman nonetheless "made room" in their lives for a new addition they hoped would soon come. They reserved their apartment's third bedroom for a possible nursery rather than convert it into an office and began talking to Haley about the possibility of becoming a big sister. "We were kind of prepping her, saying, 'Pretty soon you're going to have a brother or a baby sister,' and she'd say, 'Baby brother coming. Baby sister coming.'"

Divide and Conquer

As she and Schiffman adjust to life as parents of two, Kotb says, she's relied on him to entertain Haley when she's busy on baby duty: "He's been an absolute prince."

↓

The adoption was in the back of her mind as Kotb and the *Today* show went through huge upheavals. In January 2018 Kotb stepped in alongside Savannah Guthrie as coanchor for the NBC morning show after *Today* veteran Matt Lauer was fired. Then this spring her 10 o'clock-hour cohost Kathie Lee Gifford departed the show after 11 years. (Longtime contributor Jenna Bush Hager, 37, stepped in as Kotb's new cohost.) Amid the transition, Kotb got the call she'd been waiting for. "I won't forget the day. It was just a crazy-busy day at work. And the agency called me, and they said, 'Are

HAIR: LAURA CASTORINO; MAKEUP: MARY KAHLER; STYLIST: DON SUMADA; (HODA) SWEATER: JOIE; JEANS: SPANX; (HALEY) T-SHIRT & JEANS: ZARA; (HOPE) JACADI; INSET: PATRICK MCMULLAN/GETTY IMAGES

All About the Name

“Hope was the name I’d wanted for this baby, because we’d been hoping, and it just fit,” Kotb says. The middle name Catherine was chosen to honor the daughter of Kotb’s recently widowed best friend. “Catherine just lost her dad, and I told her, ‘You’re the strongest kid I know,’” Kotb explains. The day after seeing Catherine, Kotb got the call that her baby had arrived. “That made me realize there are no accidents in life.”

> ‘Your heart’s ability to expand blows my mind’
>
> —HODA KOTB

> 'I've loved it all. The worst day I've loved and the best day I've loved'
>
> —HODA KOTB

A Little Help

Kotb's mother, Sameha, has been a frequent visitor and has helped Kotb impart her Egyptian heritage to the girls.

you by yourself?' which made my heart pound a thousand miles an hour. And they said, 'It's a girl.'"

Meeting her new daughter, Kotb says, she was overcome with emotion. "I felt like, before Haley came, I'd had an average life. She stepped in it, my heart exploded. And then all of a sudden this little girl Hope steps in, and you realize how much room there is in there," she says, dabbing away tears. "You think you're topped out. But your heart's ability to expand blows my mind." Kotb had shared her adoption journey with her closest friends and colleagues, and so "we knew she was waiting and hoped it'd happen any day," says Guthrie. "There were all these years having a family was a dream she was afraid to even speak out loud, and now it all came true. I know how grateful she is. And she has inspired so many people."

When she went on an abrupt maternity leave one week after Hager's debut as her 10 a.m. cohost—and just ahead of Hager's own announcement that she is expecting her third child in the summer—Kotb thought, "'Well, it is the first week, and uh-oh, and see you later.' But here's the thing: There are no accidents. Hope was meant to come right now. Jenna's baby is meant to come exactly when it's coming." And she's confident the show can go on without either of them for a little while. "You know how long it took me to understand that concept? 'Wow, life goes on!'" Kotb says. "I love the show, but everything goes on, and goes on beautifully. I'm happy to be in this moment, and I'll be happy to go back."

Looking to the future, Kotb says she "would never close the door" on the idea of another baby. One of three children (she has a brother, Adel, and a sister, Hala) born in Oklahoma to Egyptian immigrants Sameha, 83, and the late Abdel, "I

Inside the Today Show Baby Boom

One week after news of Kotb's adoption—and two weeks into her new gig coanchoring the 10 a.m. hour of *Today*—Jenna Bush Hager shared some news of her own: She's expecting her third child, a boy, with her husband, Henry Hager, this summer. But for the former First Daughter (her father is President George W. Bush), the "surprise" pregnancy inspired some guilt. "When I told Hoda, I had a little trepidation, because I wanted her happiness to come too," says Hager, "but there was not an ounce of anything from her except absolute support in my joy." Kotb says Hager's concern "made my heart hurt that she felt bad, but it also made me love her so much more." It solidified Kotb's belief in destiny too. "Both these babies," she says, "are right on time."

INSET: NATHAN CONGLETON/NBC

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‘I already got the best thing in the world in Haley. With this adoption I had to just trust and surrender’

—HODA KOTB

Room for Baby
After giving away Haley’s baby gear, Kotb had to put Hope’s nursery together on the fly. “Gayle King asked what the theme was, and I was like, ‘Do you even know me?’ ” Kotb says. “I have a gigantic Easter bunny. That’s the theme.”

come from three, so I think the door’s still open,” Kotb says. But for now she is focused on raising happy, healthy and strong daughters. “I’m going to try really hard not to label my daughters as something—because girls can be smart *and* athletic *and* shy *and* all kinds of things,” she explains. She also doesn’t want to shelter her children from the character-building moments she experienced growing up. “You get picked on, like, ‘You’re weird, you have a funky name.’ Kids in school want to beat you up for no reason,” she says. “But I know that all of those life experiences turned me into a stronger human. I want my girls to be tough too. I want tough young girls who are also the most empathetic ones in the room.”

As for how the rest of the household is adjusting to the new addition, Kotb says Haley is delighting in her role as a new big sister. “In the morning when I get her, she’s like, ‘I want to see my baby sister,’ ” Kotb says. “She’s very protective of her.” And Schiffman, who has a grown daughter from a previous marriage, has been doing his part as well, changing diapers, feeding Hope and swooping in to entertain Haley. “He literally came home from work one night, and I looked on the monitor and saw him lying on the floor in his suit with Haley poking his face,” she says with a laugh. “I thought, ‘Wow, how amazing is this moment?’ ” For Kotb, learning what it is to be a mom of two—and relearning everything it takes to parent a newborn—have been all part of the fun. “I forgot everything! I was like, ‘How do you hold the baby? How do you feed a baby? How do you swaddle?’ I was Googling swaddling and—you’re not going to believe this—how to put on pajamas,” she says. “But I just can’t believe how, in a blink, life changes, and all of a sudden there are two babies in this house. I’m just so overwhelmed with joy.” ●

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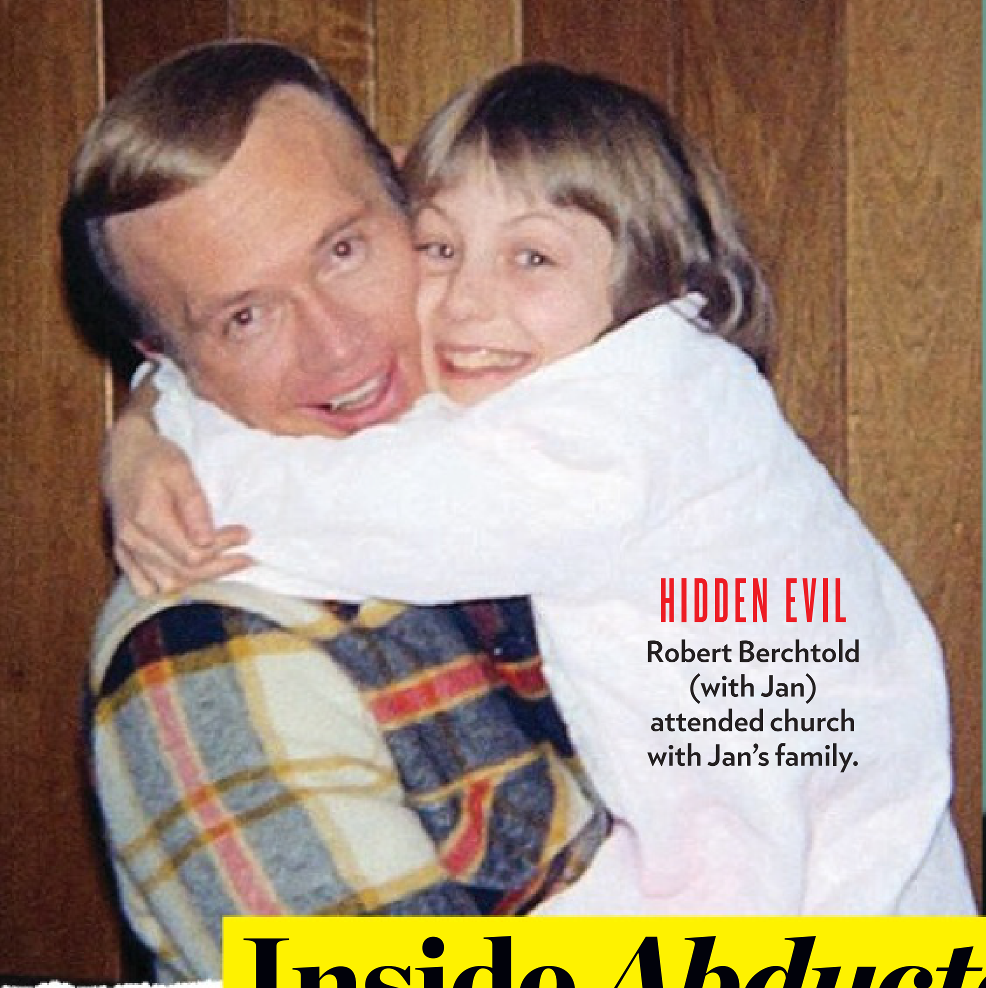


HIDDEN EVIL

Robert Berchtold (with Jan) attended church with Jan's family.

SPEAKING UP

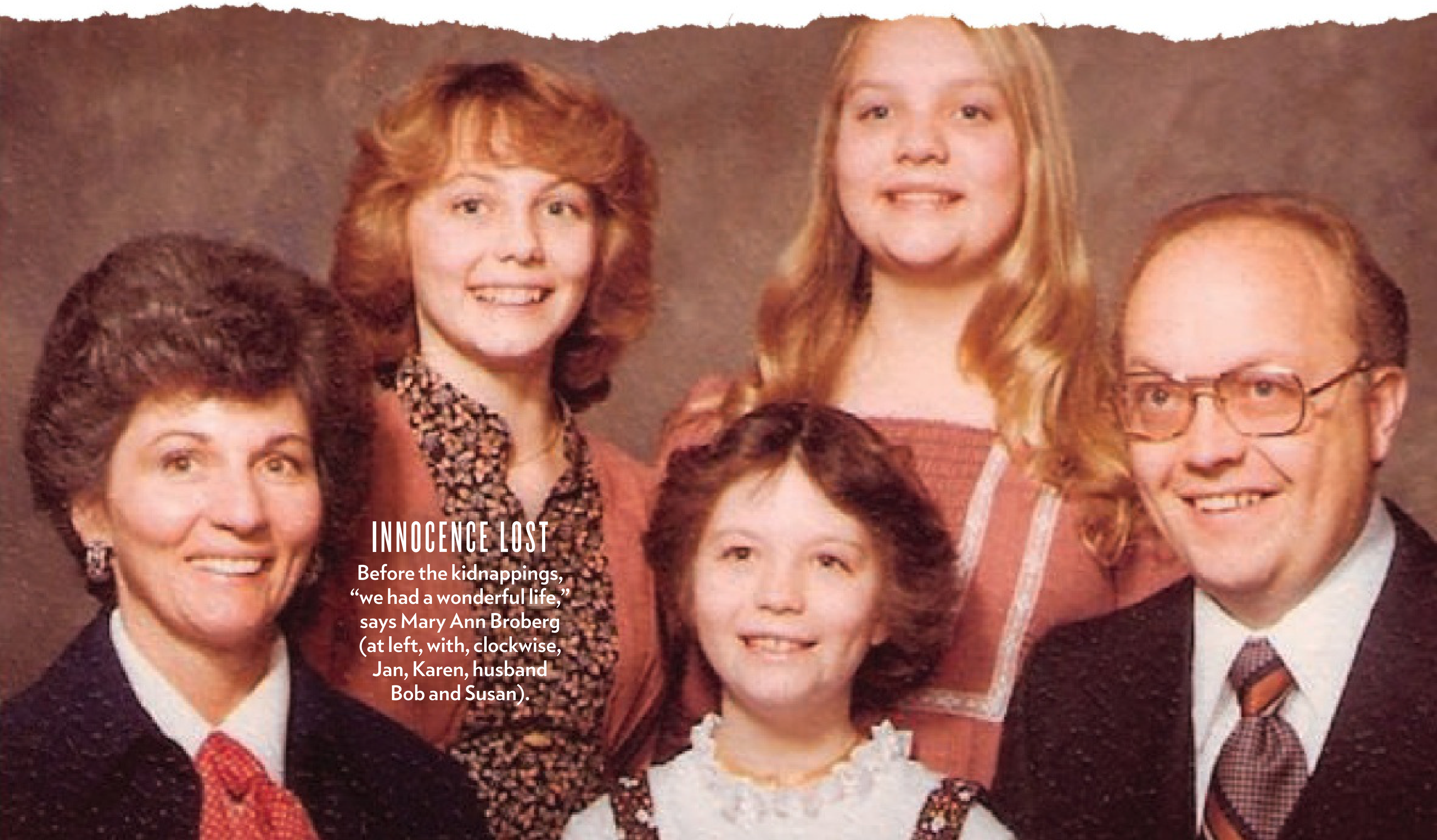
"I want to help people recognize what grooming looks like," says Jan Broberg (in the Netflix series).

Inside *Abducted in Plain Sight*

SHATTERED TRUST

As a child, Jan Broberg was kidnapped *twice* by a family friend. Now the woman at the center of the Netflix documentary reveals how she found the strength to survive—and forgive

By STEVE HELLING *and* LAURA BARCELLA



INNOCENCE LOST

Before the kidnappings, "we had a wonderful life," says Mary Ann Broberg (at left, with, clockwise, Jan, Karen, husband Bob and Susan).

To the three close-knit Broberg sisters, neighbor Robert Berchtold was like a second father. The outgoing family man sometimes picked the girls up from school and even joined them in jumping on their trampoline or playing games like hide-and-seek and capture the flag in their Pocatello, Idaho, neighborhood. "We were so close," remembers Jan, "that my parents would have signed the papers to have him raise us." But on a sunny morning in October 1974, as a then 12-year-old Jan departed with Berchtold, 38, for a daylong horseback-riding adventure, she was thrown into a years-long cycle of torturous abuse. While she doesn't remember everything that happened on that fateful trip, she recalls waking up strapped to a bed in Berchtold's motor home as it sped toward Mexico, where he would sexually assault and then legally marry her—leaving a vulnerable Jan confused about her own feelings toward her kidnapper. "He was a master manipulator," says Jan, now 56. "He groomed every person in my family."

Now, 45 years later, Jan's shocking story is reaching millions in Netflix's documentary *Abducted in Plain Sight,* raising questions about how Berchtold was able to cast such a spell on the Broberg family that he could abduct and abuse Jan so easily—and repeatedly. Even Jan's first kidnapping didn't dim the family's allegiance to Berchtold: They resumed contact with him after he served a 10-day jail sentence. Two years later, when Jan vanished, he told her parents she was involved in drugs and had run away, but actually he had kidnapped her a second time. He was sentenced to six months of psychiatric treatment. (Berchtold died by suicide in 2005.)

Now an actress and divorced mother of a grown son, Jan says she understands the outrage viewers have directed at her parents but says she has learned to forgive them. "My parents didn't deny or downplay what they'd done; they took responsibility for it," she says. "I've seen that brainwashing was done to all of us."

● ● ●

When Bob and Mary Ann Broberg first met Berchtold, they were instantly attracted to the jovial, charming salesman and business owner who had kids the same age as theirs. "He was so fun," says Mary Ann, now 81. "He had a boat; he liked to water-ski and teach us how to do it. He became the pied piper in the neighborhood." But there were ominous signs that Berchtold was dangerous. He had an ongoing affair with Mary Ann—and a sexual experience with Bob. Still, the family trusted him.

(FAMILY PHOTOS) COURTESY JAN BROBERG(6); (STILL & MUGSHOT) COURTESY TOP KNOT FILMS(2)

A FAMILY FRIEND

Berchtold (in a mug shot, below, and left, with Jan on a boating outing) drew close to all the Brobergs and even had an affair with Mary Ann (bottom, with him and Jan). Says Jan: "He preyed upon our weaknesses."

'I HOPE THE SHOCK CAUSES PEOPLE TO SEE ABUSE AND DO SOMETHING ABOUT IT'
—JAN BROBERG

"He was always involved, making sure the kids were entertained," says Jan's younger sister Karen Campbell, 54. "He had good stories to tell." Berchtold soon fixated on Jan, the oldest daughter, persuading her parents to let him lie down with her in her bedroom. During the first kidnapping, he told her fantastical stories about aliens, saying that she alone had the power to save the world. To this day his words still burden her with an overinflated sense of responsibility. "I've always had this very strong impression that I had to save this dying planet," she says. "I've been married and divorced three times, and I maybe would have made different choices in my relationships. I think it's untruthful to say you have no regrets in life."

Still, Jan says she has largely come to terms with Berchtold's manipulation and abuse. After years of therapy, she says, she forgave her parents; Bob Broberg died in 2018. Now she hopes people will learn through her family's mistakes. "My message to everyone who has gone through abuse is, 'You are strong,'" she says. "You can overcome what happened. You may need some counselors along the way, but you don't have to be a victim." ●

If you suspect child abuse, call the Childhelp National Child Abuse Hotline at 1-800-4-A-CHILD.

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Diane Keaton

WHAT I KNOW NOW

THE OSCAR-WINNING ACTRESS—NOW STARRING IN *POMS,* HER 58TH FILM—REFLECTS ON MEN, FAME, FAMILY AND THE SIREN CALL OF INSTAGRAM

***By* KIM HUBBARD**

Golden Girl
"I love golden retrievers, because they're sad sacks," says Keaton (with Emmie). "Emmie is the loser dog of all time. But she's 15 . . . and I don't want her to go."

PEGGY SIROTA/TRUNK ARCHIVES

FAMILY TIES

A Big Sister to Count On

Keaton (right, with brother Randy and sister Robin) grew up close to her siblings and now visits Randy, who has dementia, every Sunday.

Annie Hall and Dorrie Hall

Keaton (born Diane Hall) brought her sister Dorrie to the 1978 Oscars, where she won Best Actress for her performance in *Annie Hall*.

Surprised by Motherhood

"Everything was surprising about it," says Keaton (with Duke and Dexter in 2017). "Who they were, what they were interested in. What propelled them?"

She's won an Oscar, dated an array of famous men, raised two kids (daughter Dexter, 23, and son Duke, 18), written two memoirs and has a third on the way. She's also still starring in films at an age when many actresses have been sidelined. But if you ask Diane Keaton what she's learned in her 73 years, she rolls her eyes. "I don't know anything, and I haven't *learned,*" she insists. "Getting older hasn't made me wiser."

Sitting for an interview in the sunny living room of her stylish Brentwood home, Keaton drives home that point. Her fear of flying? It's gotten no better. Her belief in her own abilities? "Without acting I would have been a misfit." And don't even get her started on learning to love her looks. In her new movie *Poms,* she plays a woman who starts a pep squad at her retirement home—and Keaton is not happy about that cheerleader skirt. "I look terrible!" she says. "My legs are good up to the knees, and then it all falls apart. Terrible!"

Self-deprecation has been her shtick at least since 1977's *Annie Hall,* but it's no act. Still, you can't spend an afternoon with Diane Keaton and not see that underneath all the doubting, she's both tough and wise. "I knew what I wanted in life, and I went after it," she says. "Being a person who always knew simplifies things—it's hard to find your way if you don't."

Below, more Keaton-esque words to live by.

Friendliness is next to godliness

When I was a kid, there was this greeter in Laguna Beach who used to stand on the corner waving to everybody and saying, "Oh, hi, welcome." Now I feel like that greeter. I just feel like you have no business being anything but friendly. If anyone comes up to me, wanting to take a picture or something, I always do it, because why wouldn't I? We're all in this world together.

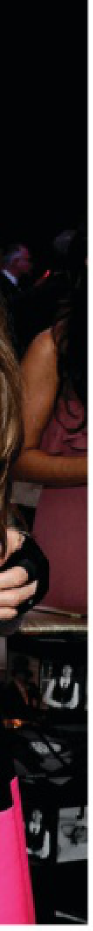
Kindness to animals—and insects—matters too.

As you get older you're more aware of the living creatures in your surroundings. Birds fly in

Cheerleaders of a Certain Age

Keaton (with, from left, *Poms* costars Rhea Perlman, Pam Grier and Jacki Weaver) tried out for cheerleading in junior high but didn't make it. "It's not my skill set," she says. "Learning cheers for the movie was hard!"

CLOCKWISE FROM TOP LEFT: COURTESY DIANE KEATON; RON GALELLA/WIREIMAGE; MICHAEL KPVAC/GETTY IMAGES; KYLE BONO KAPLAN



here quite often, and I make sure the windows are open so we can get them out. Also bugs—I don't want to kill bugs. And I've been a vegetarian for 20 years. I'm a gas-guzzler, I'm a creep in so many ways—I can at least do that.

You don't need marriage to have a fulfilling life.

Today I was thinking, I'm the only one in my generation of actresses who has been a single woman all her life. I'm really glad I didn't get married. I'm an oddball. I remember in high school, this guy came up to me and said, "One day you're going to make a good wife." And I thought, "I don't want to be a wife. No."

You do need love—and some good kissing along the way.

When I was young, I was looking to be loved by these extraordinary people [she dated Woody Allen, Warren Beatty and Al Pacino, among others]. I think I should not have been so seduced by talent. When you're both doing the same job, it's not so great. I should have found just a nice human being, kind of a family guy.

I *have* kissed some great guys in films. They have to pretend they like you! I loved kissing Andy Garcia [in 2018's *Book Club*]. There might be [a *Book Club* sequel] but maybe Andy will say, "Can you give me one of the other women to kiss?"

Being a parent is hard. Being a kid might be harder.

It isn't easy to be a 50-year-old woman who adopts. I had to learn a lot, and that was good for me—I hope it was good for them. It can't be easy to be adopted by an old mother who's an actress. Everybody's looking at me and not at them. So I don't think that's easy at all. But I love them. They're my life.

Aging in Hollywood is hard, but cosmetic surgery isn't a must.

I haven't had surgery, and I never felt pressured to. But I had my teeth capped. They were rotten because of the bulimia [I had in my 20s]. That's the best thing about my face—my teeth have gotten better.

Aging is hard, *period.*

I've spent a lot of time in senior living facilities [recently] with my brother, Randy, who has dementia. I'm writing a book about him. He always had mental issues. Nobody could figure it out, really. I don't know if he knows who I am. But there are fabulous characters on the dementia ward. When you're there with all of them, it's not like, "They're really weird." They're people.

Friendship is sustaining, and so is therapy.

With my women friends, I really like their sense of humor. Also a motherly quality. I miss my mother, and my close friends have that nurturing quality.

I loved working with the actresses on *Poms* and on *Book Club*. Candice Bergen is so wry and witty, and Mary Steenburgen is like a mother to us all. When I couldn't get something right, she'd say, "I'll do it for you, Diane."

What I like about therapy is they can't tell you they don't want to hear you talk anymore! I mean, who else is going to sit there and listen?

It's never too late to become an Instagram influencer.

I love Instagram! But how many days can I post pictures of my outfit? That came out of nowhere, just, I think I'll wear this today. It becomes an obsession. You keep checking on how many followers you have. I say, "Don't do it, Diane! One hundred more followers, are you really going to check it? Yeah, I am." ●

AN INSTAGRAM STAR AT 73!

"Can you believe it?" says Keaton of the buzz surrounding her Instagram feed, which features art and dogs along with her outfits. The Maison Margiela jeans (above, center) drew oohs and ahs from Gwyneth Paltrow and other celebs and promptly sold out.

***Book Club* Reunion**

Costars Candice Bergen, Keaton, Jane Fonda and Mary Steenburgen recently gathered for dinner at Fonda's house. "So good to be together," Bergen captioned this photo on Instagram. Says Keaton: "I really like those three women. They have busy lives—It's wonderful that we have consistently seen each other since the movie."

Standing Strong with Family
"No one should feel like you have to go through it alone," says Davis (with sisters Deloris Grant, far left, and Dianne Davis-Wright at the premiere of *A Touch of Sugar* on April 25; and with husband Julius Tennon and daughter Genesis in 2017).

VIOLA DAVIS

My Family's Fight with Diabetes

THE OSCAR WINNER OPENS UP ABOUT BEING DIAGNOSED WITH PREDIABETES—AND HOW SHE'S RAISING AWARENESS ABOUT THE DISEASE IN THE NEW DOCUMENTARY *A TOUCH OF SUGAR*

By **JOHNNY DODD**

One morning in August 2016 Viola Davis was driving to the set of her hit TV series *How to Get Away with Murder* when her doctor called with news she'd hoped she'd never have to hear. A routine blood test taken days earlier had revealed that Davis's blood-sugar level was high—and that she had prediabetes, a condition that puts her at risk for developing type 2 diabetes. "It was my wake-up call," says the Academy Award-winning actress, whose family has a long history with diabetes. "I consider myself a healthy eater. I exercise. I do it all. But that news just hit home."

Now Davis is sounding the alarm for the estimated 84 million other Americans who have prediabetes—and may not even know it—by lending her narrative voice to a new documentary called *A Touch of Sugar*. The film, which premiered on April 25 at the Tribeca Film Festival in New York City, explores the escalating public health crisis surrounding type 2 diabetes, a disease affecting some 30 million people in

CLOCKWISE FROM TOP LEFT: GREGORY PACE/REX/SHUTTERSTOCK; STEFANIE KEENAN/GETTY IMAGES; BRIAN BOWEN SMITH/AUGUST

the U.S. "It's easy to feel alone when you're diagnosed with it," says Davis, 53, whose two older sisters—Deloris Grant, 55, and Dianne Davis-Wright, 59—have both been living with type 2 diabetes for the past 25 years. "Narrating this film was a great opportunity for me to help people understand how to manage and live with the disease."

Diabetes has been a part of Davis's extended family for as long as she can remember. By the time her sisters were diagnosed in 1994, her paternal grandmother had died of complications from type 2 diabetes, while her great-aunt Bessie Elliott lost both legs to the disease. Since her own diagnosis, Davis says she's continuing her commitment to a healthy diet and regular exercise, as well as frequent monitoring of her glucose levels. And she and her sisters have become even closer, united in their determination to meet the challenges of the disease head-on. "I talk to my sisters now more than I've ever talked to them before," says Davis, who also has three other siblings—Danielle, 42, Anita, 56, and John Henry, 60. "We've really became an even closer tribe because of this."

> **'It affects the whole family when you get the diagnosis. I saw it firsthand'**
>
> —VIOLA DAVIS

Experts say that kind of family support is critical to maintaining the long-term, healthy lifestyle required to manage the disease. "The best way to get someone with the disease to actually make a change," says Manhattan-based endocrinologist Dr. Rekha Kumar, "is to have their environment be supportive of that change."

For Davis, who lives in L.A. with her husband, Julian Tennon, 65, and their daughter, Genesis, 8, family is both her prime motivation for staying healthy—"I want to live for my daughter"—as well as for doing the film. "A huge part of why I did this is because of my love for my sisters," says Davis. "I did it as a support for them."

Reporting by **Hanna Flanagan**

People health

Prediabetes: Who's at Risk?

While experts say there are no real symptoms for prediabetes, there are several factors that put patients at risk:

1. Being overweight.
2. Having a parent or sibling with type 2 diabetes.
3. Being 45 or older.
4. Having an inactive or sedentary lifestyle.
5. Being of African-American, Hispanic, South Asian or American-Indian descent.

"But I always tell my patients that their biology is not their destiny," says endocrinologist Dr. Rekha Kumar. "There are ways to prevent diabetes through lifestyle changes."

Murdered in a Fake Ride Share

LEARNING FROM A

Samantha Josephson was killed after getting into a car she thought was her Uber ride. Now her devastated parents are determined to make sure no one else is a victim

By JEFF TRUESDELL

"Everyone considered her their best friend," Marci Josephson (wearing Samantha's hair tie on her wrist, with husband Seymour) says of her daughter (inset).

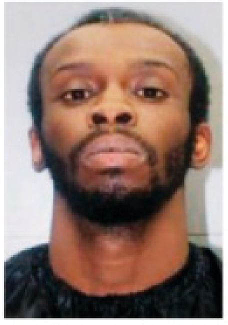
TRAGIC MISTAKE

Just weeks shy of her graduation from the University of South Carolina, 21-year-old Samantha Josephson was ready for a night out. Sami, as those closest to the "fun-loving, generous" senior called her, rounded up a few friends and headed to the Bird Dog, a favorite hangout near USC's Columbia campus. But about 1:30 a.m. on Friday, March 29, Samantha got separated from her pals and decided to order an Uber back to her apartment. Along with other details about the car and driver, the app told her the arriving vehicle would be black. So when a black Chevrolet Impala pulled up, Samantha, who surveillance video showed was distracted on her cell phone, slid into the backseat. It would be a fatal mistake. Hunters found her body the next day, stabbed and discarded in the woods off a dirt road 65 miles away. "Samantha was a trusting kid," says her father, Seymour. "That's where she made the mistake: A black car pulled up, and she got into it. This is every parent's worst nightmare."

Now her parents want to avert that nightmare for others. After the arrest of a suspect, Nathaniel Rowland, 25—who is charged with kidnapping and murder—Seymour, 53, and Marci, 54, from Robbinsville, N.J., were moved by their heartbreaking loss to launch a campaign for ride-share safety. Among other efforts, they propose affixing vehicles operated by Uber, Lyft and other ride-share services with a printed bar code, so passengers can confirm their vehicles by matching the code to one sent to their phones. (South Carolina lawmakers have also proposed a measure to require ride-share vehicles to display lighted signs, and Uber announced a new campus initiative to educate riders about safety.) Most simply and significantly, the Josephsons' initiative (whatsmyname.org) urges riders to stay outside of a vehicle until the driver confirms the name of the person who booked the trip. "If Samantha had asked him what her name was, he would have had no idea, and she wouldn't have gotten in," says Marci. "If you have a stranger that's going to try and scoop up someone, they're not going to be able to."

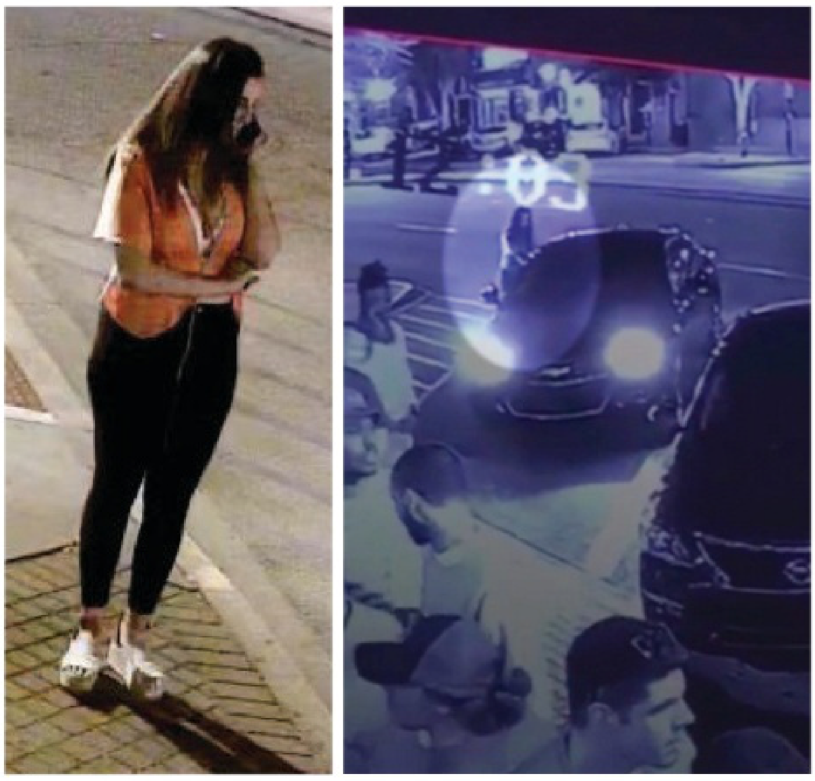
Police who arrested the suspect said he fled from his black Impala on foot after a traffic stop. Inside the car they found Samantha's cell phone and what they determined to be her blood in the trunk and passenger compartment; they also noted the child-safety locks were activated, which would have prevented escape from the backseat. "We believe she simply mistakenly got into this particular car thinking it was an Uber ride," said Columbia police chief William Holbrook. That suggestion fuels her parents' drive. Samantha was "awesome…fun, silly, kind," a political-science major who was debating whether to attend Rutgers University or Drexel University for law school, says Seymour. Adds Marci: "Her dream was to go to law school, work, marry and then become a mom and live at the beach." With that dream forever shattered, the Josephsons are determined to do everything they can in their daughter's honor to help others. Says Seymour: "We don't want this to happen to somebody else."

Reporting by **Laura Barcella** and **Chris Harris**



THE SUSPECT

Police say they found the victim's cell phone inside Nathaniel Rowland's black Impala, along with liquid bleach, germicidal wipes and her blood.



Last seen awaiting her ride between 1:30 and 2 a.m. March 29 (left), Samantha Josephson then got into the black car that pulled up (right).

How to Stay Safe Using Ride Shares

- **"Never ask, 'Are you my ride?'" says automotive expert Lauren Fix. "Ask, 'Who are you waiting for?' This way they have to give you a name."**
- **Match the license-plate number on the car with your app.**
- **Tap "share status" to allow a friend to track your travel.**
- **Match the driver's photo on the app with the driver, because "once you're in, there's no turning back."**

HAIR & MAKEUP: RACHEL RYAN/ZENOBIA AGENCY; INSETS, FROM LEFT: COURTESY JOSEPHSON FAMILY; AP/REX/SHUTTERSTOCK$

Photograph by CELESTE SLOMAN

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The Trailblazer
"I'm like a child born of two things—hip-hop music and film," said Singleton (right, ca. 2003, and, left, in 1991 with *Boyz* cast Cuba Gooding Jr., Ice Cube and Morris Chestnut).

1968-2019

John Singleton Gone Too Soon

THE ACCLAIMED FILMMAKER, OSCAR-NOMINATED FOR THE 1991 CLASSIC *BOYZ N THE HOOD,* DIES OF A STROKE AT AGE 51

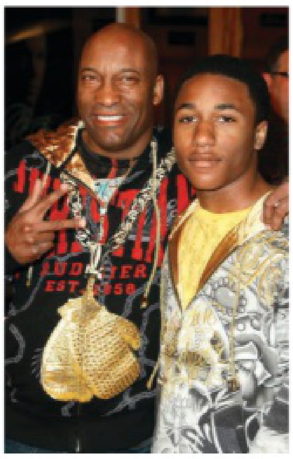
By **TOM GLIATTO**

"When I was going to film school, all the kids wanted to be Steven Spielberg," writer and director John Singleton recalled in 2016. "I said, 'I'm going to be John Singleton.' " And he was a singular talent, scoring two Oscar nominations and helping pave the way for other African-American filmmakers. So when news broke that Singleton, 51, had died of a stroke related to hypertension on April 29, friends expressed both grief and awe. "John was a brave artist and a true inspiration," *Us* director Jordan Peele wrote on Twitter. "His vision changed everything."

It was a vision rooted in South Central L.A., where Singleton grew up, watching drive-in movies through his apartment window. Inspired by Spike Lee, he went to USC film school, becoming famous with *Boyz,* his first movie. A violent, stylish epic of inner-city black youth, it made the 24-year-old the youngest person and first African-American to be nominated for a Best Director Oscar. He went on to make movies such as *Poetic Justice* (1993) and *2 Fast 2 Furious* (2003). In recent years Singleton focused on TV, directing FX's *The People v. O.J. Simpson: American Crime Story* in 2016 and co-creating the drama *Snowfall.* "I was on a kamikaze mission to . . . tell stories from my perspective," he said of his career. "An authentic black perspective."

A divorced father of seven, Singleton was at L.A.'s Cedars-Sinai hospital for tests when he suffered a massive stroke. After several days wrangling over his estate, family members came together to remove him from life support. "This was an agonizing decision," they said in a statement, remembering him as a "loving and supportive father, son, brother and friend." One who helped change the face of Hollywood forever. "The trails he blazed for generations will live on," says Courtney Vance, who won an Emmy playing Johnnie Cochran in *The People v. O.J. Simpson.* "Thank God for that." ●

Lasting Legacy
Singleton (with son Maasai in 2009) "made wondrous art," said the Rev. Jesse Jackson.
↓



CLOCKWISE FROM TOP RIGHT: ALAMY; ALBERTO E. RODRIGUEZ/WIREIMAGE

Former
NFL Player
**JEFF
ROHRER**

My Mod

The New Husband
Joshua Ross

The Daughter
Isabella Rohrer

ern Family

LAST FALL RETIRED DALLAS COWBOY JEFF ROHRER BECAME THE FIRST-KNOWN NFL PLAYER TO MARRY A MAN. NOW HE'S RAISING HIS 2 TEENAGERS WITH HIS NEW HUSBAND AND EX-WIFE—ALL UNDER THE SAME ROOF

By **Jeff Nelson**

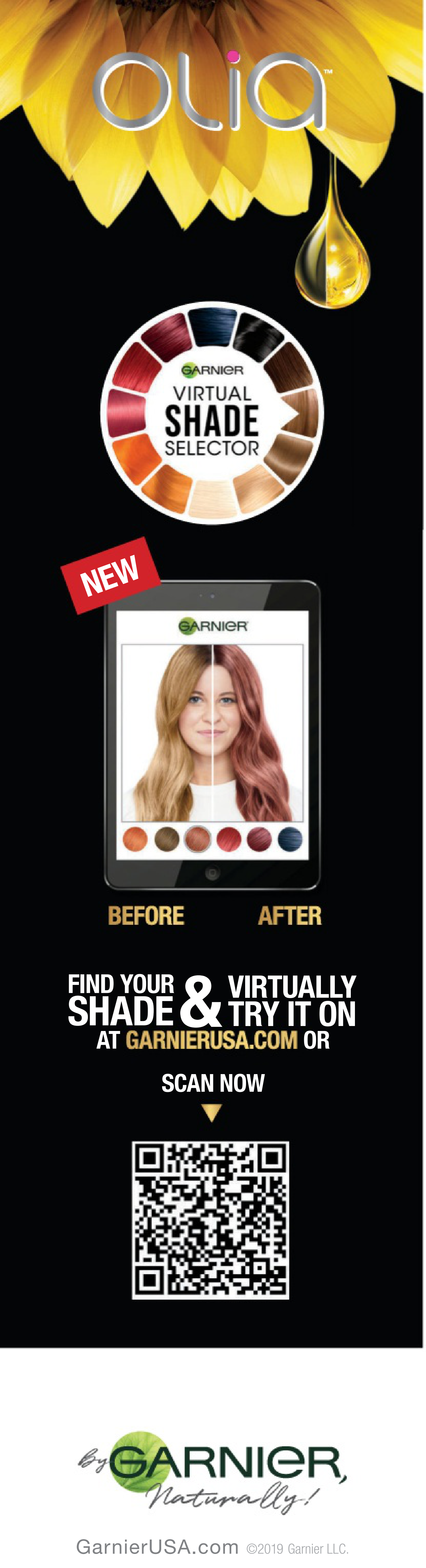
Photographs by **Coral Von Zumwalt**

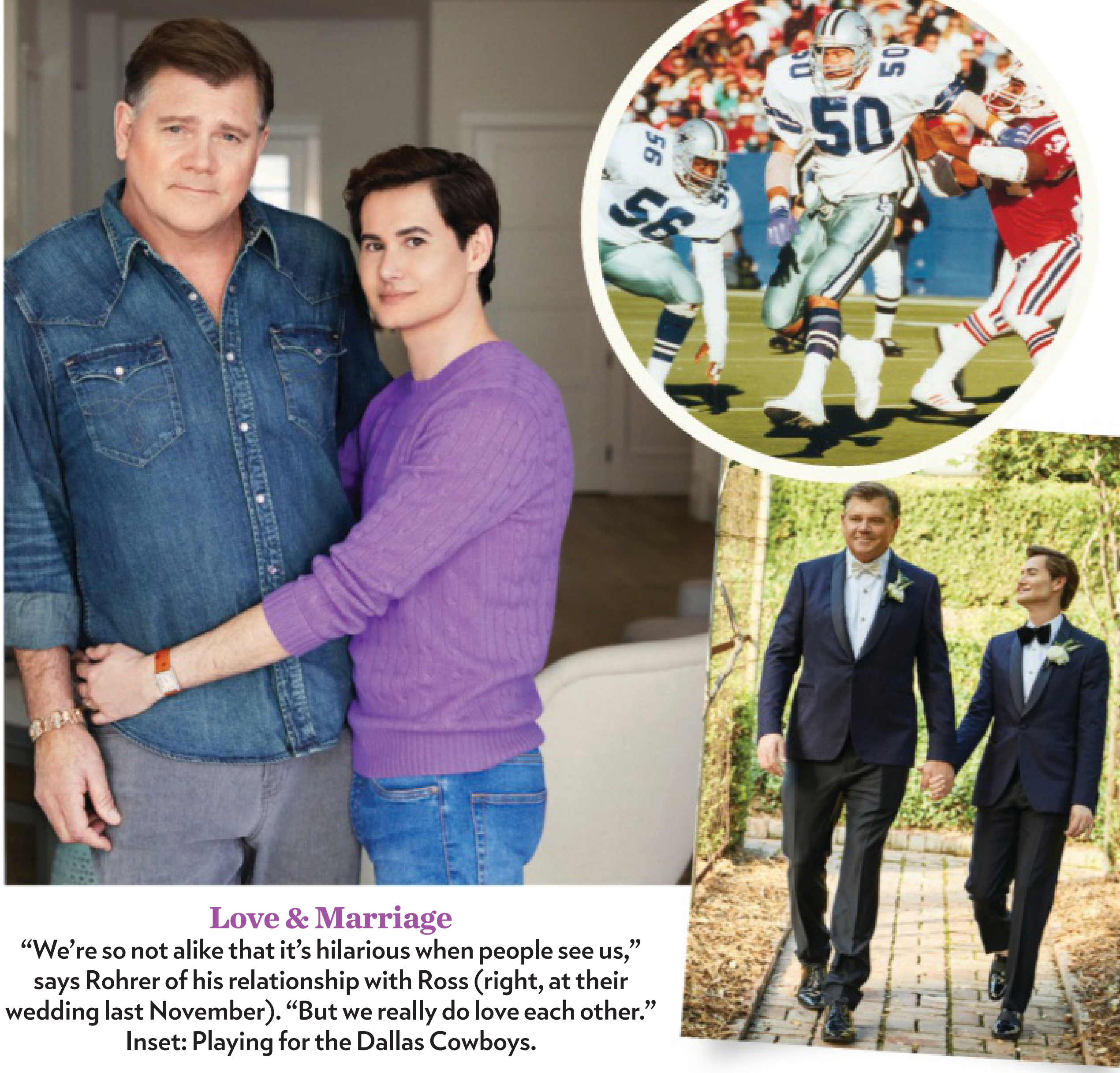
The Former NFL Player
Jeff Rohrer
The Son
Dondillon Rohrer
The Ex-Wife
Heather Rohrer

It's a sunny spring day in Manhattan Beach, Calif., and former NFL linebacker Jeff Rohrer is posing on the couch for a family portrait—with his new husband, Joshua Ross; his ex-wife, Heather Rohrer; and their two teenage kids, Isabella and Dondillon. "This could be our Christmas card this year!" says Heather, as everyone smiles for the camera. It's a sweetly traditional moment for a family that's anything but.

Last fall Rohrer, 60, who played for the Dallas Cowboys in the 1980s, made history as the first-known NFL player past or present to enter into a same-sex marriage when he wed Ross, 37, a celebrity aesthetician. It was a milestone in more ways than one, since Rohrer had only begun coming out to his family and friends the year before. The Inglewood, Calif., native had struggled with his sexuality for years, even long after it brought his 17-year marriage with Heather to a difficult and painful end in 2011. But these days Rohrer, an L.A.-based commercial producer, says he's truly happy—raising his children together with his new

HAIR: RAMSAY ROBERT; MAKEUP: JOANNA SCHLIP; GROOMER: CARISSA FERRERI/ BULLDOG SKINCARE/THE WALL GROUP; STYLIST: JESSE HUBER





Love & Marriage
"We're so not alike that it's hilarious when people see us," says Rohrer of his relationship with Ross (right, at their wedding last November). "But we really do love each other." Inset: Playing for the Dallas Cowboys.

husband and his ex-wife all under the same roof. "It's a real modern family," he says. "I would never in a million years have expected this to be the way that we'd end up. There are all these different dynamics, and it's working out really well so far." Adds Heather, 56: "Jeff and Josh are my family, and we're a better team together than apart."

●●●

For Rohrer, that kind of unconditional support was a lot harder to come by during his eight years (from 1982 to 1990) with the NFL—where coming out was simply not an option. "Being gay was not a part of my life when I played football," says Rohrer, who was raised in a traditional home by his father, Don, the chief lifeguard for L.A., and his mother, Beverly, a school superintendent. "Of course it was always inside me. But it was something I managed; when you start managing something like that at a young age, and you don't act upon it, you think you can do it your whole life." Rohrer retired from football in 1990, and after meeting Heather at a bar where she worked in Manhattan Beach, they married in 1994. "We were everyone's favorite couple," she says. They built a life in the L.A. area and started their family when Isabella was born in 2002, followed by Dondillon in 2004. Inevitably, as time went on, Rohrer's inner conflict affected their marriage. "It wasn't that Jeffrey came out to me, but once I figured it out, it was obvious he was gay," says Heather, who tried talking to her husband. "He thought it was wrong; he was so angry. He thought his children wouldn't love him, that he'd lose his job. I tried to help him," she adds. "I kept trying to tell him it was okay, that it was no big deal. But it was to him." Says Rohrer: "I just wasn't comfortable [talking about it] because of my paranoia of people finding out." They split in 2011—and stopped speaking to each other

The Ex Factor
"We still have a lot of fun," says Heather (with Rohrer at their 1994 wedding). "We're really good friends."

INSETS, FROM TOP: THE DALLAS COWBOYS FOOTBALL CLUB; ALLEN ZAKI; COURTESY HEATHER ROHRER

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Blended Brood
From left: Isabella, Ross, Rohrer, Dondillon and Heather. “We’re one big bundle of very strong personalities, so sometimes we butt heads,” says Isabella, “but in the end we’re always laughing.” Adds Dondillon: “It’s nice having everyone there; you have a strong support system.”

for the next 18 months—before finally setting aside their hurt and anger for the sake of their kids and moving back in together so they could co-parent as a family in 2013. It was a turning point for Rohrer, who gradually started coming to terms with his sexuality. “It was a slow progression,” he admits. “But I was like, ‘I’m not marrying another woman. I’m going to do what I want.’ ”

Then in 2015 Rohrer met Ross during happy hour at an L.A. restaurant. Sparks flew, but the two took their budding romance slowly. “I still wasn’t out,” admits Rohrer, who says he and Ross “just kind of eased into it.” Six months into their relationship, Rohrer introduced Ross to Heather and his kids. “It was a very pivotal time in our relationship to be able to take that next step forward,” says Ross, whose skin-care company SkinLab has been featured on *The Real Housewives of Beverly Hills*. “I was totally okay with it,” says Heather. So too were their children. “It wasn’t really like coming out. I pieced it together that they were dating,” says Dondillon, 15. “And eventually he called Josh his boyfriend. I was fine with it.” Adds 16-year-old Isabella: “He hadn’t really talked to us face-to-face and said, ‘I’m gay.’ But it wasn’t a bad thing.” For Rohrer, having his family’s support was crucial. “Slowly, everybody got on board,” he says. “Heather has been so amazing.… Without her, I don’t think any of this would have happened.”

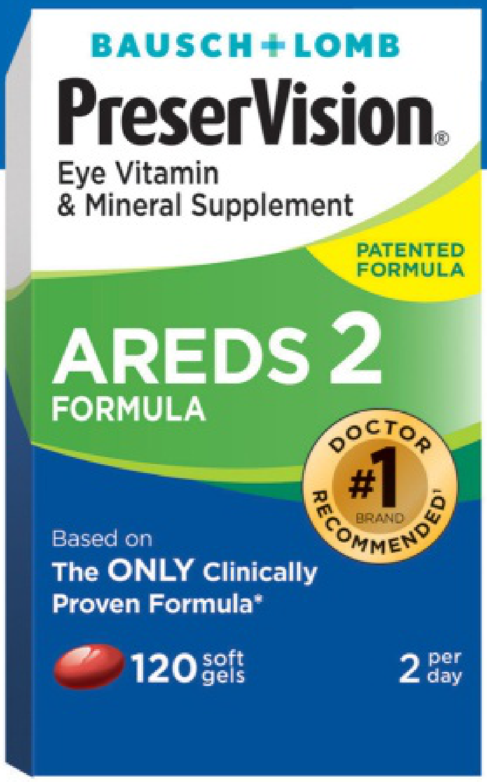
‘We’re just a normal working family. It’s been better than I thought it was gonna be’
—JEFF ROHRER

Last May Rohrer proposed to Ross, and in November they tied the knot in L.A. “We’re the one for each other. It’s unexpected, but it’s undeniable,” says Rohrer. “It’s a very, very special love affair.” Adds Heather, who works as a deli supervisor: “I’m happy for them. They’re a good couple together.”

* * *

Several months before the wedding, Ross left his West Hollywood apartment and moved in with the family in Manhattan Beach. “Being together for the kids is the important thing for us,” says Heather, although she admits that adjusting to their new blended family has been challenging at times. “It’s been difficult to get to this place, but it’s worth it.” Adds Josh: “We get in our fights, but we find a way to make up. We’re just trying to do the best that we can.” Of course, comanaging a chaotic schedule for two active teenagers helps keep everybody in sync—whether it’s shuttling Isabella to rugby games and choir rehearsal or getting Dondillon to football and baseball practice. “At the end of the day it’s just like any other family,” says Ross. And, as a family, they’re all committed to getting over their future hurdles together. “We’re choosing to live this way now because we love our kids so much,” says Heather, who’s been dating off and on. “But we’ve decided we may all live together forever.” Adds Rohrer: “And I think we will!” ●

"It's my vision. That's why I fight."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[1] Age-Related Eye Disease Study 2 Research Group. AREDS2 randomized clinical trial. JAMA. 2013;309(19):2005-15. [2] https://nei.nih.gov/areds2

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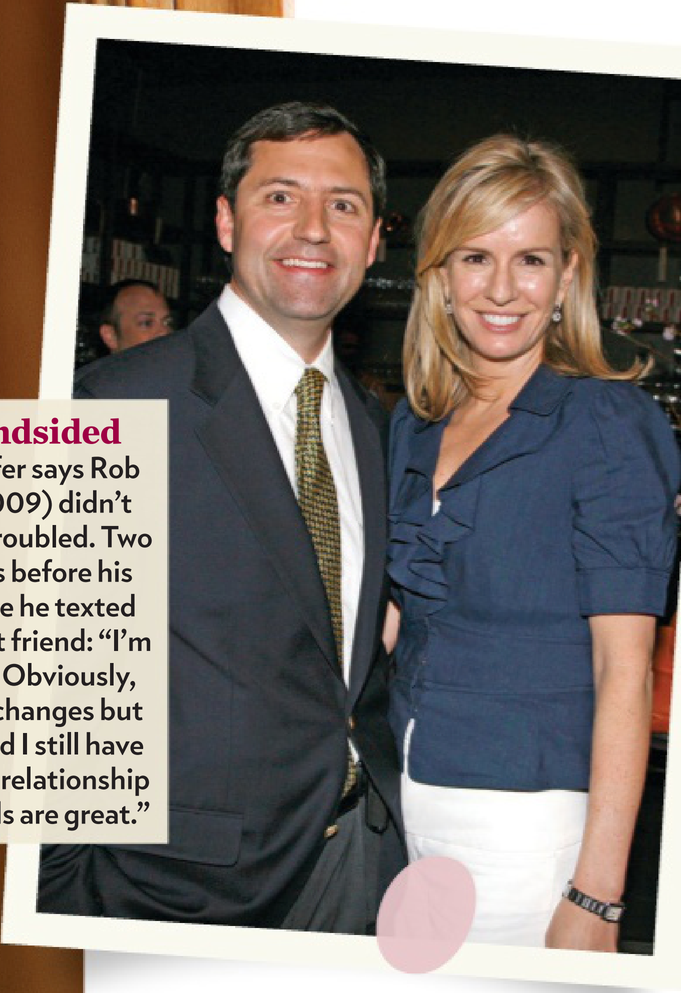


Blindsided
Jennifer says Rob (in 2009) didn't seem troubled. Two weeks before his suicide he texted his best friend: "I'm good. Obviously, some changes but Jen and I still have a good relationship and kids are great."

ABC News' Jennifer Ashton

Life After My Husband's Suicide

THE SHATTERED MOM OF TWO, WHO IS ALSO A DOCTOR, BLAMED HERSELF—THEN FOUND HER WAY TO HEALING

By **SANDRA SOBIERAJ WESTFALL**

Jennifer Ashton remembers every searing detail of Saturday, Feb. 11, 2017. Her divorce finalized 18 days earlier, the gynecologist and ABC News chief medical correspondent, who is a regular on *Good Morning America,* was driving on the George Washington Bridge at 8:13 a.m. "I glanced at the clock," recalls Ashton, 50, who was cutting it close for an 8:30 spin class across the Hudson River from her apartment in Fort Lee, N.J. Her ex Rob, a fellow doctor to whom she'd been married for 21 years, lived across the street—an arrangement in what they called their "evolved" divorce—keeping him close to the couple's teenagers Alex and Chloe. "I was thinking with pride that we had really done our divorce well," Jennifer says. "I was thinking about the rest of my life and excited for everyone's future."

All that changed when she got home and three Port Authority Police detectives

MICHAEL BENABIB; INSET: AMBER DE VOS/PATRICK MCMULLAN/GETTY IMAGES

Robert C. Ashton, M.D.
Thoracic Surgery

Family Bonds
Jennifer (right, with Rob, and left, with Chloe, Alex and Rob at Alex's high school graduation in 2016) says she and Rob had their children 17 months apart to create closeness between the siblings. "It worked," she writes. "Alex and Chloe couldn't be closer, and they're each other's No. 1 fans."

CLOCKWISE FROM TOP LEFT: COURTESY JENNIFER ASHTON; MICHAEL BENABIB

showed up. "I thought that because I'm on TV, maybe there was a stalker," she recalls. Instead the lead detective told her and Alex, now 20, who was home from college with the flu, the unthinkable: At 8:34 that morning, Rob had jumped from the George Washington Bridge. A note in his pocket read, "Call my wife."

* * *

For the first time since Robert C. Ashton Jr.'s suicide at the age of 52 made national headlines—"Surgeon jumps from bridge after divorce from TV personality wife," squawked *The New York Post* the next morning—Jennifer, the self-described "type A overachiever," always careful to project perfection, opens up about her family's shock, pain and what-ifs in a new book, *Life After Suicide,* and podcast of the same title launching May 1 on ABC Radio. In the book, whose proceeds will benefit the American Foundation for Suicide Prevention, Jennifer also takes an intimate look at other newsmaking suicides—sharing stories from TV host Melissa Rivers, whose father died by suicide when she was 19, and Jane Clementi, whose son Tyler was an 18-year-old college freshman when he jumped from the George Washington Bridge—for lessons on how surviving family members heal. "So many people are in this club," says Jennifer, citing one estimate that a single suicide has a ripple effect on 135 people (see box, bottom left). "I guess it makes you feel less alone. But it's really tragic."

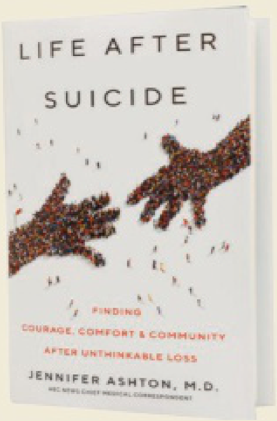
Her first instinct was to blame herself (see excerpt, facing page), something Rob seemed to anticipate when he left three suicide notes—one for each: Alex, Chloe and Jennifer. "The only thing that I'll share from my note is his first line, which said, 'First no one is to blame,'" says Jennifer. "It speaks to how well he knew me." Next came the haunting what-ifs as she replayed that morning in her mind. "I was driving over the bridge and missed Rob by maybe 10 minutes, which is a sickening thought to me. What if I had seen him and just thought he was out for a walk and kept going? Or, worse, seen him going over?" Within hours, Chloe, now 19, was home from boarding school in Lawrenceville, N.J., and the next day—a Sunday—she, Alex and Jennifer were meeting with a

LIVE ON GMA
COPING WITH SUICIDE
HOW TO HANDLE SEVERE LOSS

Facts About Suicide

- A study by the American Association of Suicidology estimates that every suicide exposes 135 people to loss.
- In 2017 there were 47,173 U.S. deaths by suicide and an estimated 1.4 million suicide attempts.
- If you or someone you know is considering suicide, contact the National Suicide Prevention Lifeline at 1-800-273-TALK (8255), text "home" to 741741, or go to suicidepreventionlifeline.org.

‘This Is My Fault’



Through this haze of conversations, calls and tears, only two moments managed to really penetrate the thick fog around me.

One was being alone in my bedroom with my brother [Evan]. I finally said to him exactly what I was feeling, and what I imagined everyone was thinking—“This is my fault.” He put his hands on my shoulders, looked directly into my eyes, and said, “Jen, you’re a doctor, I’m a doctor, Rob was a doctor. He would have done this married to you or not married to you. Divorce doesn’t cause someone to commit suicide. The reality is, you cannot let this destroy you.”

The other was being alone in my bathroom with Chloe, who suddenly cried out from the core of her soul, “Oh, my God, Mommy, please don’t leave me.”

To this day it’s one of my most heartbreaking memories. I wrapped my arms around her and held her with every ounce of strength in me. “I’m not going to leave you,” I promised her. “I’m not going anywhere.”

Evan was right. I couldn’t let this destroy me. I was the only parent my children had left. “You can’t let this destroy you” became my mantra. My kids became my sole reason for putting one foot in front of the other, for not letting them see me fall completely apart and be afraid they were going to lose me too.

Jennifer says she, Chloe and Alex (in Aspen in 2018) still have regular therapy “for maintenance.”

From the book *Life After Suicide: Finding Courage, Comfort & Community After Unthinkable Loss* by Jennifer Ashton, M.D. Copyright © 2019 by JLA Enterprises Corporation. Reprinted by permission of William Morrow, an imprint of HarperCollins Publishers.

family therapist, Dr. Sue Simring, who told them guilt, anger, rejection and despair were normal. “Therapy was huge,” says Jennifer, likening that first session to getting to the emergency room as quickly as possible after a heart attack.

Not even Dr. Simring, who was Jennifer and Rob’s marriage counselor, saw any sign of depression in Rob, says Jennifer. But after his death Jennifer wondered if those signs were hiding in plain sight during the last 10 years of her marriage. In 2012 Rob abruptly abandoned his thoracic surgery career to start fresh in biotech. “I thought he was following his dream. Now I wonder, ‘Maybe that was a sign.’” During that same time period, she recalls, he would tell her that all he needed to be happy were his books and his dogs. “I was so egocentric, I thought he was pulling away from me. As I connect the dots in retrospect, I see that he was pulling away from life.” As his struggle came into focus, any anger she felt dissipated. At one point she writes, “Rob chose to end his life. We didn’t choose to end ours.... So why should my kids and I have to serve a life sentence dealing with the consequences of what he did?” Sitting in the Englewood, N.J., medical office that requires her to drive the George Washington Bridge several times a week, Jennifer says, “Rob loved Alex and Chloe more than he loved himself. For him to leave them shows how much pain he was in. How can you be angry with someone for being in pain?”

‘I’ve put myself back together and don’t try to pretend everything is perfect’
—JENNIFER ASHTON

New Love
Jennifer says she hopes to be with Todd (in Tuscany last year) for the rest of her life but is not looking to remarry.

●●●

More than a year later, Jennifer, Alex and Chloe are back on an even keel and still working with Dr. Simring. “I made it very clear to the kids that therapy is a part of the rest of our lives,” she says, allowing that mental illness can be hereditary. “I try to think of it as a medical risk factor and watch out for the symptoms, do what we can to reduce the risk.” She pays attention to her own safety now that she’s the only parent her children have, giving up scuba diving and road cycling. She had almost given up on love too, until a friend introduced her last spring to Dr. Todd Ellerin, 49, also a divorced parent of two children (ages 10 and 13). Falling for him, she says, was like a lyric she heard in Lady Gaga’s *A Star Is Born*: “You found the light in me that I couldn’t find.” Alex and Chloe each got a tattoo over the left rib, near the heart, in their dad’s memory. Photos of Rob “are everywhere” in the Manhattan apartment they moved to last year so the George Washington Bridge was no longer right outside their living-room window, Jennifer says, and she’s shed the pretense of being perfect. As for Rob, “I think he’s at peace,” she says. “I think that he is happy that we’re happy.” ●

CLOCKWISE FROM TOP RIGHT: COURTESY JENNIFER ASHTON(2); (BOOK) PETER ZAMBOUROS

RYAN REYNOLDS

‘Fatherhood is the best thing that ever happened to me’

Being hilarious and handsome made him famous, but the *Pokémon: Detective Pikachu* star says raising two kids with Blake Lively is the role of a lifetime

By MIA McNIECE

FAMILY MAN

Reynolds (with Blake Lively and girls James, 4, and Inez, 2) getting his Hollywood Walk of Fame star in 2016.

These days Ryan Reynolds is probably best known for playing a foulmouthed, red-suited superhero in the Deadpool *movies. Fun as that part is, it's not exactly suitable viewing for two major fans—daughters James, 4, and Inez, 2. That's why he embraced a gig the kids could really get behind, voicing the cuddly, mouselike Pokémon creation Pikachu in a family-friendly animated film out May 10. "To be a part of a film that my wife, Blake [Lively], is as excited about as my two daughters is unusual and super-exciting for me," says Reynolds. "It's so cool to see my girls pumped." The witty Canadian has been working in Hollywood since his early 20s, starring in movies such as* Green Lantern *and* The Proposal, *but at 42, he's redefined his idea of success. "When I was younger, my objectives were so low. I just wanted to be a working actor," he says. But nothing compares to being a dad. "I have a love for my kids that I never really thought was possible."*

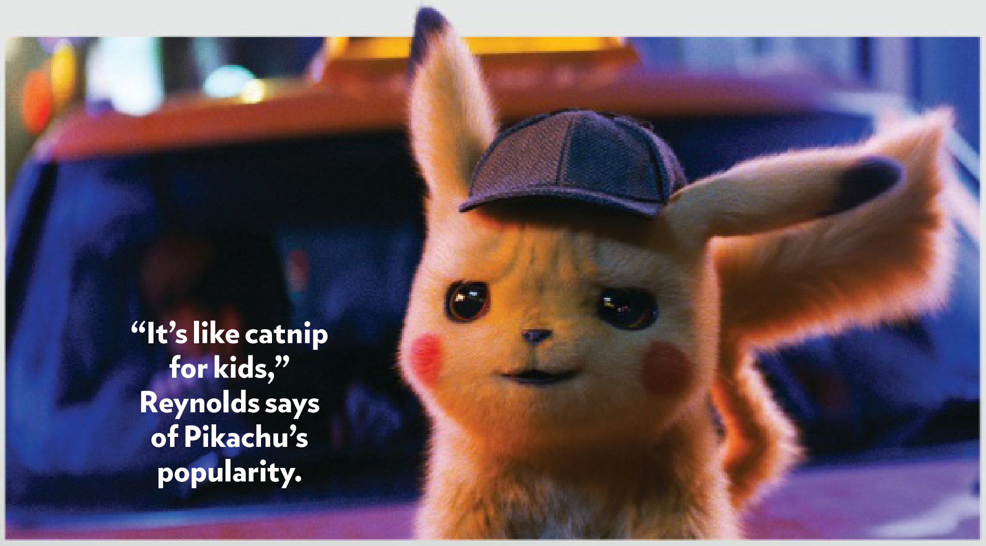
How do you and Blake balance working in Hollywood with marriage and family?
Blake and I don't do movies at the same time. If she is doing a movie in Thailand and I am doing a movie in Vancouver we would just never see each other. We operate as a unit, and that works really well for us. The kids stay with us, and the family stays together, and that is where home is. So if we are in Spain or Utah or New York, as long as we are together, we're home.

That must mean a lot of plane rides with little kids …
Usually when I'm on an airplane with my kids, at some point I get up and ask the flight attendants if I can leave the aircraft. Ninety-nine percent of the time they say, "No, please stay seated!" So I just sit back down and long for the sweet release of death.

Do you have anything planned yet for Blake for Mother's Day?
I am going to keep it simple: Just some skydiving … maybe some skywriting. I am going to see if I can get one of those blimps that say something nice.

But seriously, what did you learn from the huge success of *Deadpool*?
It taught me that if you have a truly authentic connection to something it can explode. That connection and that love can be infectious. I have a connection and love for *Deadpool* that people see as very real. I love playing the character, and I love marketing *Deadpool*. I love everything about it, and I think it shows. When people approach something with joy and love, you tend to see it and catch it.

What advice would you give your younger self about fatherhood?
That I will be able to do this better than my own father did. People can sometimes step in the very same footprints that were left by their parents. I had a great mom and to a certain extent my dad was great in a lot of ways, but he also made some mistakes. I processed those mistakes in a way that allowed me to learn from them and not repeat them. I'm really grateful for that with my own kids. ●



"It's like catnip for kids," Reynolds says of Pikachu's popularity.

Ryan Answers Questions from Kids

What is the best part of being Pikachu?
—Leo, age 9
Seeing the look on my kids' faces when they watch any trailer or commercial for the movie has been pretty amazing.

My mom says I can't watch *Deadpool*. I just turned 9. What do you think?
—Charlie, age 9
Oh, wow. I say give it a few more years and then let's reassess.

Who is your favorite Marvel superhero?
—Nicky, age 5
I love that each of them appeals to a different aspect of humanity. I like them all for different reasons.

Pikachu can do a magic lightning trick, but only when people aren't watching. What are you unable to do when people are watching?
—Leo, age 9
I have a tremendously shy bladder. Going to the bathroom at a baseball stadium with one of those trough urinals is not going to happen.

CLOCKWISE FROM LEFT: ART STREIBER/AUGUST; XAVIER COLLIN/IMAGE PRESS/SPLASH NEWS; TWENTIETH CENTURY FOX; WARNER BROS.

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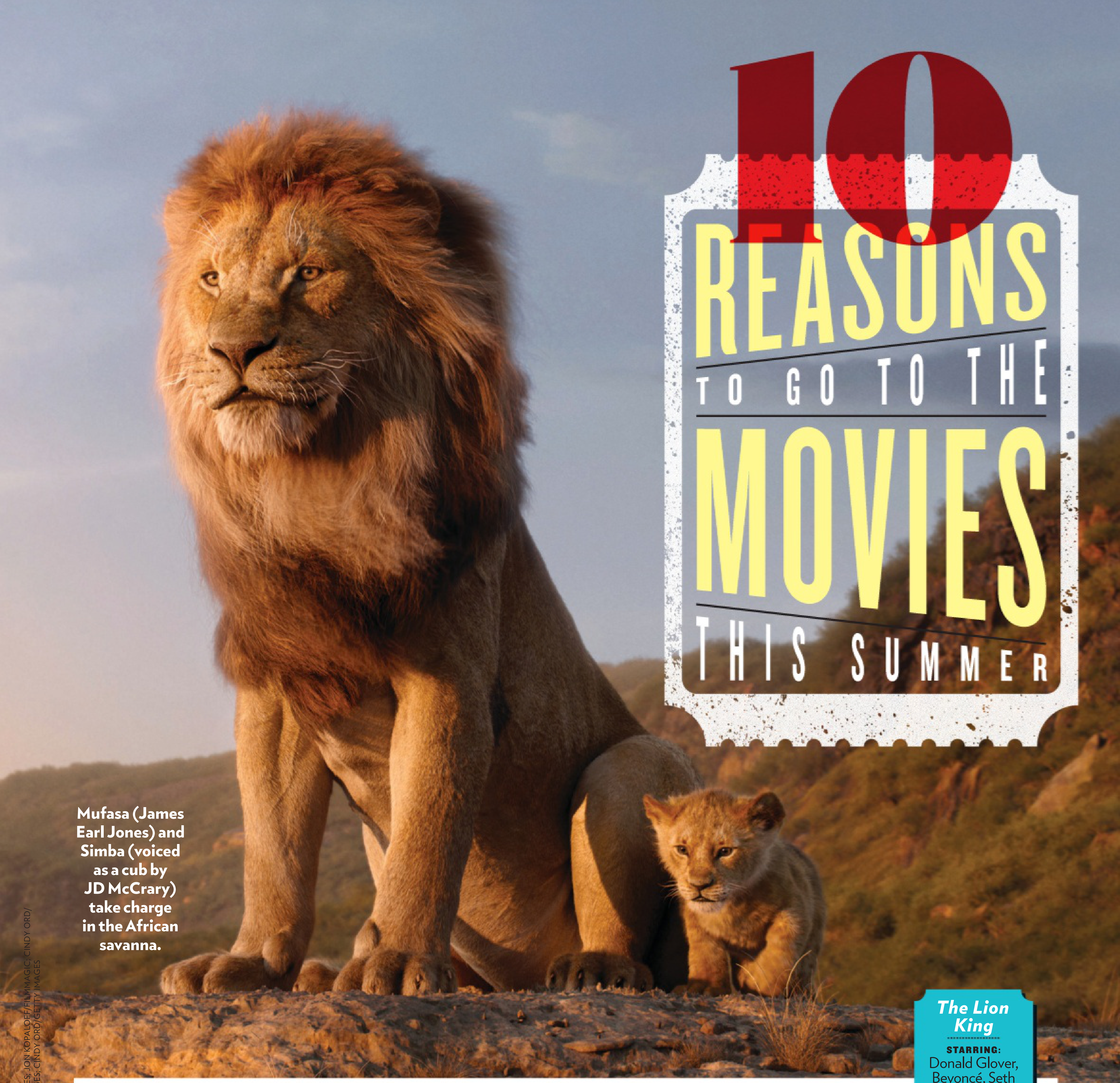
10 REASONS TO GO TO THE MOVIES THIS SUMMER



Mufasa (James Earl Jones) and Simba (voiced as a cub by JD McCrary) take charge in the African savanna.

1 THE LION KING ROARS AGAIN

Take a beloved Disney film, add an all-star cast and cutting-edge computer-generated critters and . . . well, it looks like a Hakuna Matata of a summer blockbuster. The remake of the 1994 classic is directed by Jon Favreau, who brought us *The Jungle Book* in 2016, and features Donald Glover and Beyoncé as the grown-up Simba and Nala. "I've got the Beyhive in my house," Favreau joked to *Entertainment Weekly.* James Earl Jones returns as Simba's dad, Mufasa, but other major voices are all new. Glover calls it "a timeless story. But I think the way Favreau has constructed it, it's a very timely story as well."

The Lion King

STARRING: Donald Glover, Beyoncé, Seth Rogen, Chiwetel Ejiofor

RELEASE DATE: 7/19

The Animal Pack

Donald Glover as **SIMBA**

Beyoncé as **NALA**

Chiwetel Ejiofor as **SCAR**

John Oliver as **ZAZU**

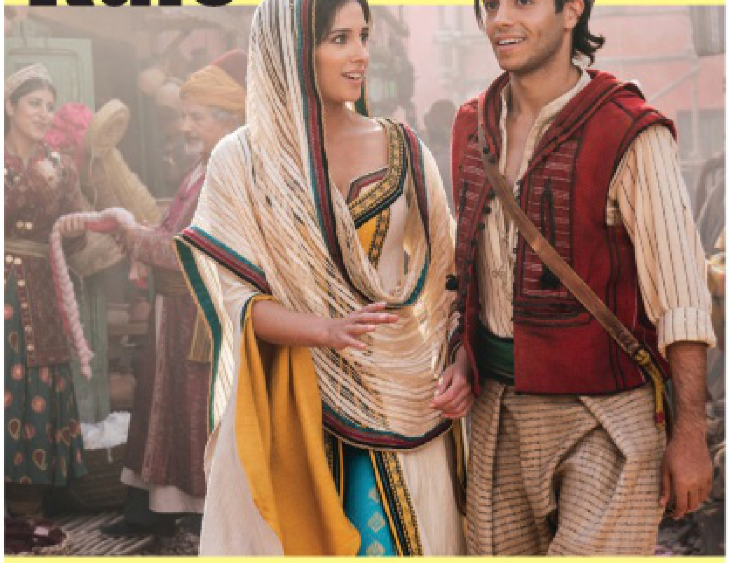
Seth Rogen as **PUMBAA**

Billy Eichner as **TIMON**

(THE LION KING) DISNEY(7); HEADSHOTS, FROM LEFT: KEVIN WINTER/GETTY IMAGES; JON KOPALOFF/FILMMAGIC; CINDY ORD/GETTY IMAGES; BRYAN BEDDER/GETTY IMAGES; MATT WINKELMEYER/GETTY IMAGES; CINDY ORD/GETTY IMAGES

MEN IN BLACK: INTERNATIONAL
6/14 • *Avengers* costars Chris Hemsworth and Tessa Thompson don black suits and shades in a spinoff of the action-comedy made famous by Will Smith and Tommy Lee Jones in 1997. "We know each other so well that we can just be absolutely silly and free," Thompson says.

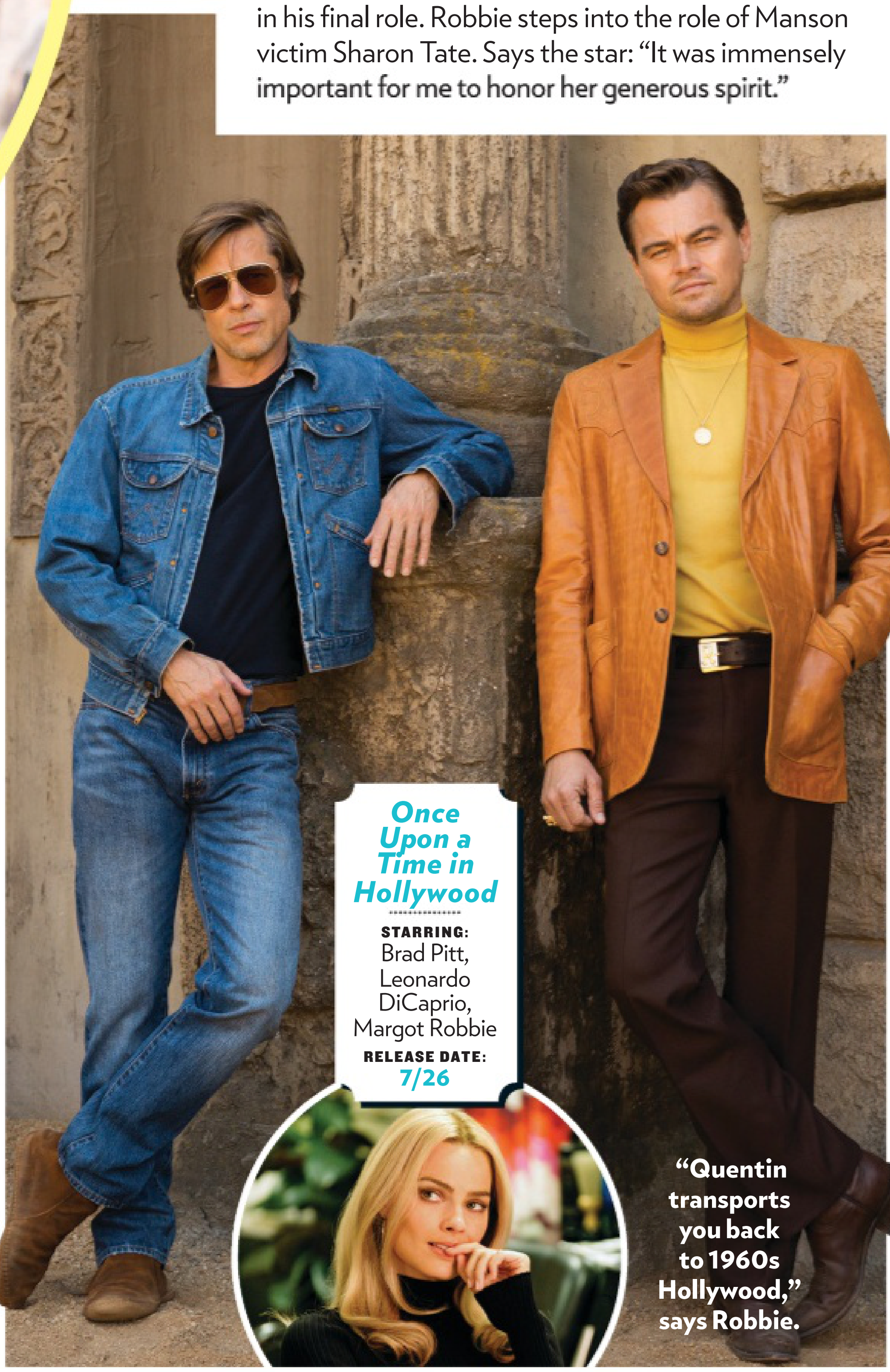
2 '90S REBOOTS Rule



ALADDIN
5/24 • It's a whole new world for this live-action remake of the 1992 Disney animated favorite. Will Smith turns blue as the wish-granting Genie, while hot newcomers Mena Massoud (right) and Naomi Scott (left) share a magic-carpet ride as Aladdin and Princess Jasmine.

3 HOLLYWOOD'S HOTTEST STARS JOIN FORCES

"They are quite the duo," Margot Robbie says of costars Leonardo DiCaprio and Brad Pitt, who play an aging TV star and a stunt double in the Quentin Tarantino-directed film set in '60s Hollywood at the time of the Manson family murders. The cast also includes Al Pacino, Dakota Fanning and Luke Perry in his final role. Robbie steps into the role of Manson victim Sharon Tate. Says the star: "It was immensely important for me to honor her generous spirit."



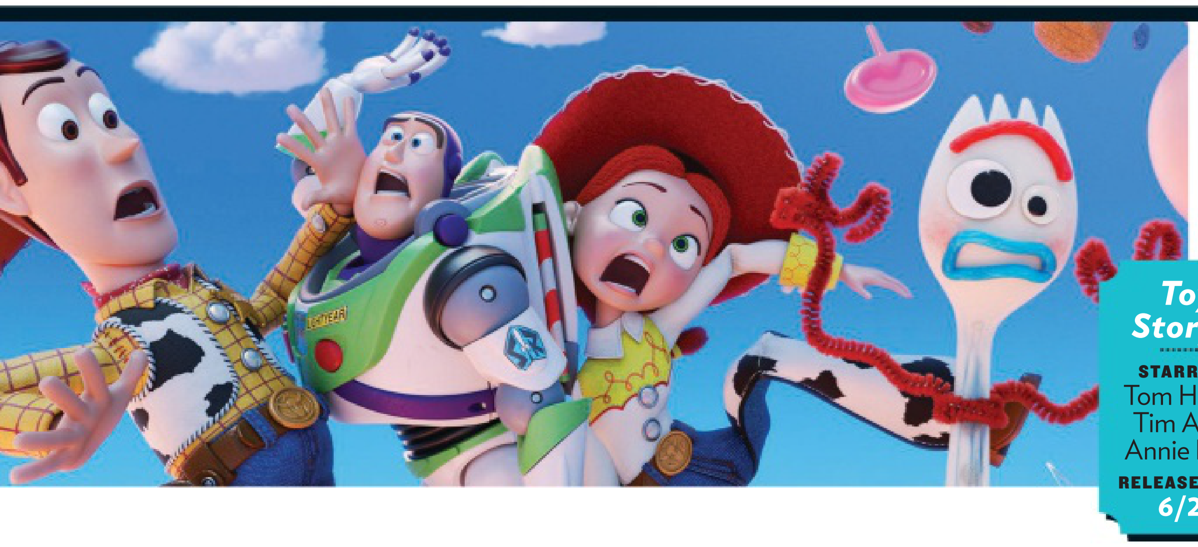
Once Upon a Time in Hollywood

STARRING:
Brad Pitt,
Leonardo DiCaprio,
Margot Robbie

RELEASE DATE:
7/26

"Quentin transports you back to 1960s Hollywood," says Robbie.

4 THE TOYS ARE BACK IN TOWN



Toy Story 4

STARRING:
Tom Hanks,
Tim Allen,
Annie Potts

RELEASE DATE:
6/21

Woody (Hanks) and Buzz Lightyear (Allen) help a new friend named Forky (*Veep's* Tony Hale), a googly-eyed spork, realize he is more than just a utensil. Woody reunites with long-lost love Bo Peep (Potts), and Keanu Reeves turns up as Duke Caboom, an Evel Knievel-type motorcycle daredevil with a "fear of failure," Reeves says.

CLOCKWISE FROM TOP LEFT: GILES KEYTE/SONY PICTURES; ANDREW COOPER/SONY PICTURES(2); DISNEY PIXAR; DANIEL SMITH/DISNEY

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5 YOU'LL **Sing Along**

ROCKETMAN

5/31 • *Kingsman's* Taron Egerton transforms into Elton John for this biopic about the rock superstar's rise to fame and struggles with addiction. Stepping into John's platform boots was an honor for Egerton: "The thing about playing someone so beloved, all we can do is give a heartfelt interpretation of his life and his music."

Egerton does his own singing. Right: the real Elton ca. 1973.

YESTERDAY

6/28 • Strawberry fields may not be forever. In this clever, touching comedy, a struggling singer (Himesh Patel) is hit by a bus during a mysterious global blackout and wakes up to discover no one has heard of the Beatles. He plays the Fab Four's songs and becomes an instant superstar.

Patel stars in the Danny Boyle-directed film.

Godzilla: King of the Monsters

STARRING: Millie Bobby Brown, Vera Farmiga, Kyle Chandler

RELEASE DATE: 5/31

6 GODZILLA IS THE GOOD GUY

Brown and Farmiga battle creepy creatures.

Millie Bobby Brown is really seeing some stranger things in this sequel to 2014's *Godzilla*. Mankind turns to the venerable monster for help defeating even scarier beasties (Mothra!). "The whole story ponders whether or not humans and Godzilla could potentially coexist," director Mike Dougherty has said.

7 COMEDIES GET **MYSTERIOUS**

Pals Aniston and Sandler shot on location in Italy.

MURDER MYSTERY

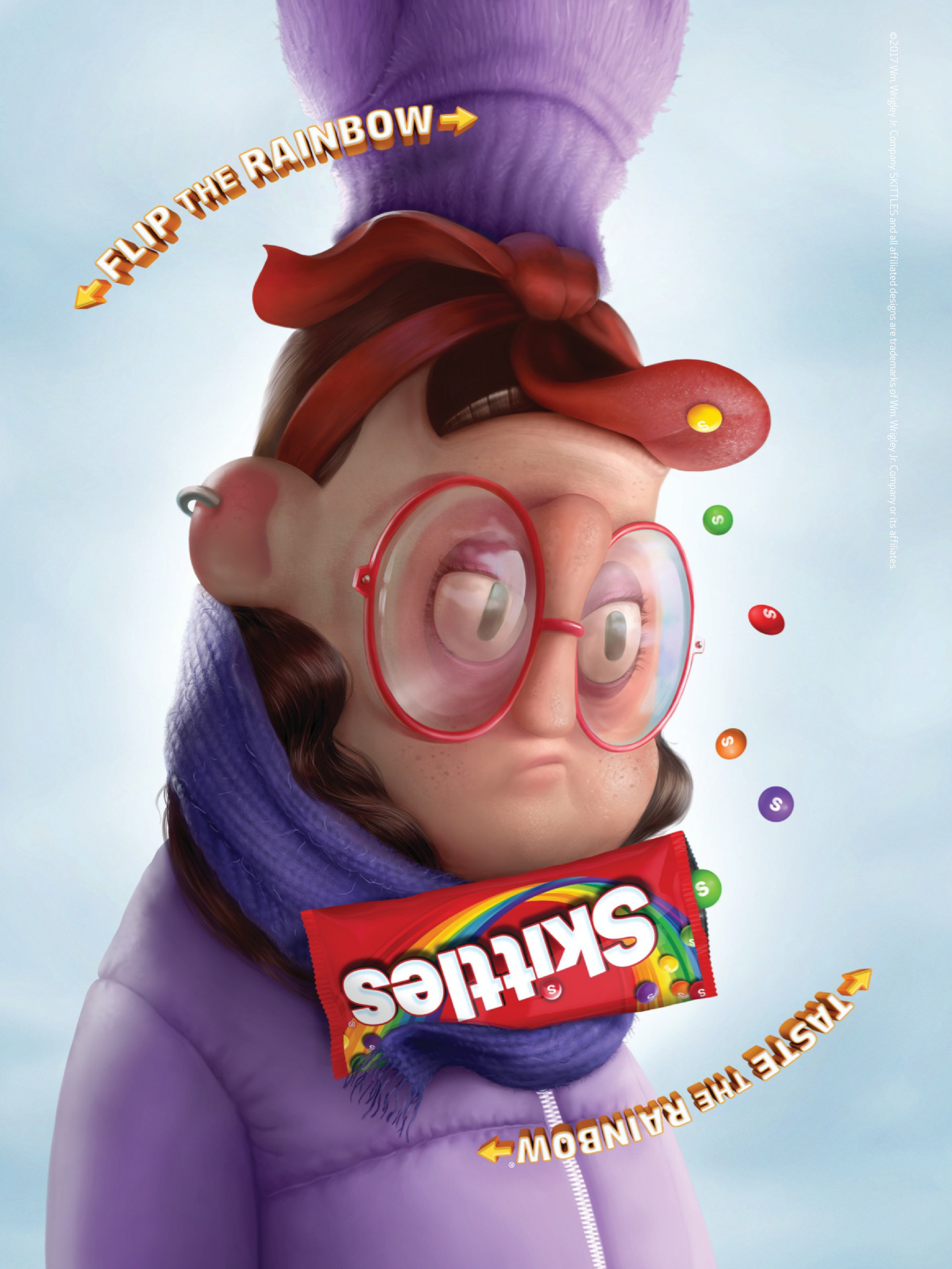
6/14 • **In this Netflix caper, Jennifer Aniston and Adam Sandler play a married couple whose European vacation gets turned upside down when they're framed for the death of a billionaire and go on the run.**

Blanchett plays a mom with secrets.

WHERE'D YOU GO, BERNADETTE

8/16 • **When sarcastic Seattle architect Bernadette disappears, her teen daughter Bee pieces together clues to find her. Cate Blanchett stars in the adaptation of the bestselling 2012 novel.**

CLOCKWISE FROM TOP LEFT: DAVID APPLEBY/PARAMOUNT PICTURES; TERRY O'NEILL/ICONIC IMAGES/GETTY IMAGES; WARNER BROS.; DANIEL MCFADDEN/WARNER BROS.; WILSON WEBB/ANNAPURNA PICTURES; SCOTT YAMANO/NETFLIX; UNIVERSAL STUDIOS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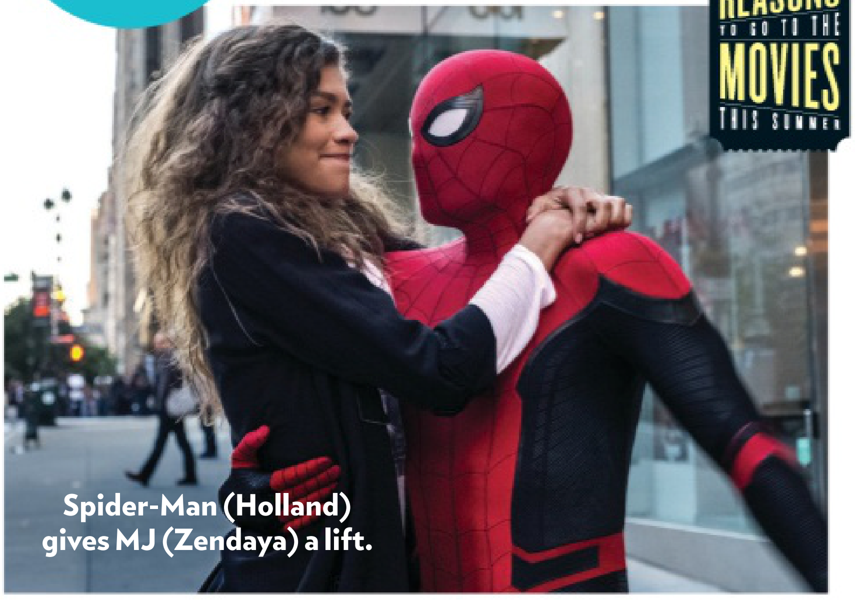
DARK PHOENIX

6/7 • *Game of Thrones'* Sophie Turner takes center stage in her *other* big franchise. As her telepathic character Jean Grey spins dangerously out of control, her friends must decide whether to save or destroy her. Jennifer Lawrence and James McAvoy return for this film, which ends the latest arc in the *X-Men* saga.

Turner's mental powers turn deadly.

10 REASONS TO GO TO THE MOVIES THIS SUMMER

8 Cool Young Heroes



Spider-Man (Holland) gives MJ (Zendaya) a lift.

SPIDER-MAN: FAR FROM HOME

7/2 • Even superheroes need a vacation. Peter Parker (Tom Holland) tries to kick back on a class trip to Europe but is called back to duty by Nick Fury (Samuel L. Jackson). Zendaya returns as Spidey's love interest MJ, while Jake Gyllenhaal joins the cast as the villainous Mysterio.

The Kitchen

STARRING: Melissa McCarthy, Elisabeth Moss, Tiffany Haddish

RELEASE DATE: 8/9

9 FUNNY LADIES PLAY MOB WIVES

After their gangster husbands are sent to prison, Melissa McCarthy, Elisabeth Moss and Tiffany Haddish go from housewives to hit women and show the Irish mafia who's really boss. The drama, set in the New York City neighborhood Hell's Kitchen in the 1970s, is based on a comic-book series.

By Mia McNiece and Mary Green

10 AND More!

BOOKSMART
5/24 • Beanie Feldstein, Kaitlyn Dever

ALWAYS BE MY MAYBE
5/31 • Ali Wong, Randall Park

MA
5/31 • Octavia Spencer

LATE NIGHT
6/7 • Mindy Kaling, Emma Thompson

THE SECRET LIFE OF PETS 2
6/7 • Patton Oswalt, Kevin Hart

SHAFT
6/14 • Samuel L. Jackson

THE DEAD DON'T DIE
6/14 • Bill Murray, Tilda Swinton

DORA AND THE LOST CITY OF GOLD
7/31 • Isabela Moner, Eva Longoria

HOBBS & SHAW
8/2 • Dwayne Johnson, Jason Statham

Ali Wong and Randall Park play old friends who fall in love in Netflix's *Always Be My Maybe*.

CLOCKWISE FROM TOP: MARVEL/TWENTIETH CENTURY FOX; ED ARAQUEL/NETFLIX; ALISON COHEN ROSA/WARNER BROS.; SONY PICTURES

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looks
UP TO 100%
LEAK & ODOR-FREE
wear what you want
always radiant
TAMPAX radiant
always radiant
TAMPAX radiant always
COLLECTION

TRESemmé
USED BY PROFESSIONALS
Unilever
GET THE STYLE YOU WANT
BETWEEN
WASHES
NEW
WORK IT BETWEEN WASHES.
The first line of professional quality
products for non-wash days.
TRESemmé
/between/ /washes/
curl revive
STYLING FOAM
5 U.S. FL. OZ (147 mL)
TRESemmé
/between/ /washes/
style refresh
ALL-IN-1 SPRAY
6.8 U.S. FL. OZ (200 mL)
DRY SHAMPOO
TRESemmé
/between/ /washes/
FRESH & CLEAN
Instantly Refreshes & Revives Hair
NO VISIBLE RESIDUE
NET WT 4.3 OZ (121 g)
TRESemmé
/between/ /washes/
smooth renew
ANTI-FRIZZ CREAM
4.8 U.S. FL. OZ (142 mL)

GLOW

From the Inside Out!

TRY THESE 7 EASY WAYS TO EXUDE RADIANCE

WHY PROS LOVE HIGHLIGHTER
"It gives skin a fresh, healthy look," says Gonzalez, who used the Neutrogena stick (top right) on Washington.

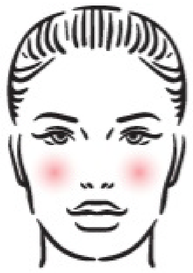
CLOCKWISE FROM LEFT: MATT BARON/REX/SHUTTERSTOCK; BRIAN HENN(2); ALICE NOIR/NOUN PROJECT(3); BRIAN HENN

APPLY HIGHLIGHTER

Kerry Washington's makeup artist Carola Gonzalez explains how to spotlight your features

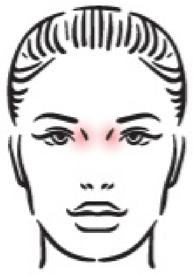
Neutrogena®
Hydro Boost
illuminator
HYALURONIC ACID

WHEN IN DOUBT, REACH FOR ROSE GOLD. 'THE WARM SHADE FLATTERS MOST SKIN TONES,' SAYS GONZALEZ



FOR CHEEKS THAT GLEAM

Glide across the high points of cheekbones (located directly below the eye area). **Neutrogena Hydro Boost Illuminator in Rose Gold, $16.99** neutrogena.com



FOR BRIGHT EYES

Use a small brush to concentrate powder at the inner corners of your upper lids. **ELF+ Highlighter in Taupe Glow, $6** elfcosmetics.com

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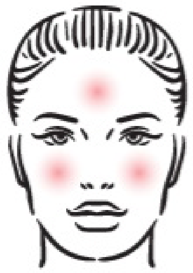
strobing liquid™
BY FACESTUDIO®
ILLUMINATING HIGHLIGHTER
200 MEDIUM / NUDE GLOW
20 ml 0.67 FL.OZ.



FOR SUN-KISSED SKIN

Mix a drop into your foundation for a soft, allover glimmer. **Maybelline Master Strobing Liquid Highlighter in Medium, $9.99** cvs.com

2 GIVE YOURSELF A FACIAL

Tips from celeb aesthetician Renée Rouleau on boosting your complexion at home

Why are DIY facials so popular?
While an at-home facial will not be as effective as an in-office treatment, going above and beyond your daily routine has proved extra beneficial to the skin. And it's an excellent way to indulge in some self-care.

Is there anything you should not do yourself?
Be careful with extractions. Wrap a tissue around your forefingers so you're gentle on your skin. And don't overdo it. My rule is: Three strikes and you're out. After three attempts, stop because you could risk damaging the skin.

How do you make the most of the DIY experience?
Think of it as an opportunity to de-stress. Put on some calming music or turn on an essential-oil diffuser.

Renée Rouleau's clients include Demi Lovato (seen here in a makeup-free selfie on Instagram).

1
FACIAL RADIANCE INTENSIVE PEEL
GOMMAGE INTENSIF
50 mL FAB FIRST AI
2
RENÉE ROULEAU
skincare personalized
RAPID RESPONSE DETOX MASQUE
Reveals clearer skin
1.7 fl. oz. 50ml
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1.0 US fl.oz / 30ml e
THE INKEY LIST™

GET A GLOW IN 3 EASY STEPS

Step 1
EXFOLIATE
Removing dead skin cells is key to looking rejuvenated. This creamy peel uses both lactic and salicylic acid to improve texture in one minute.
First Aid Beauty Facial Radiance Intensive Peel, $32; sephora.com

Step 2
TREAT
Apply a calming mask. This one contains Chinese licorice to reset irritated skin. (The ingredient also gives this gel-like formula its golden sheen.)
Renée Rouleau Rapid Response Detox Masque, $63.50; reneerouleau.com

Step 3
HYDRATE
Increase dewiness with hyaluronic acid. The molecule can retain 1,000 times its weight in water. Just be sure to top it off with moisturizer to keep skin supple for hours.
The Inkey List Hyaluronic Acid Serum, $7.99; sephora.com

3 TAKE A DAILY SUPPLEMENT

Supplements are no magic pill (the jury is still out on their effectiveness). But with your doctor's permission, some options, like wellness expert Bobbi Brown's latest launch (right), are worth giving a shot, says Dr. Amy Shah. "It has clean ingredients, minimal additives and contains vitamins C and E to help protect against some UV damage," she explains.

Evolution_18 Beauty Glow Capsules with Collagen, $9.98; at Walmart stores

EVOLUTION_18
beauty
glow.
The ultimate skin pill.
Skin repair'
Fights signs of aging'
60 Capsules | Dietary Supplement

4 MAKE YOUR OWN ILLUMINATING MASK

You can get radiant results from two items you most likely have in your kitchen right now—raw honey and fresh strawberries, says Amanda Bacon, chef turned owner of wellness café Moon Juice. While honey "hydrates and smooths," strawberries "are a natural astringent that's rich in brightening vitamin C," she says.

DIY BRIGHTENING MASK

- **1 cup raw honey**
- **1 cup fresh strawberries**

Blend one cup of fresh strawberries to a smoothie consistency. Then combine the blended strawberries with one cup of honey. Secure hair back, and smooth one-quarter to one-half cup of the mixture on your face, neck and chest. Leave the mask on for at least 20 minutes, and remove with warm water. Store remainder in refrigerator up to three days.

(SUPPLEMENTS) BRIAN HENN; (HONEY) MARAZE/SHUTTERSTOCK; (STRAWBERRIES) GETTY IMAGES

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#1 Dermatologist recommended skincare

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5 REFRESH YOUR SKIN-CARE REGIMEN

If your complexion is lackluster, reboot your routine with these bright ideas

CLEANSER

This cult-classic balm is infused with plant oils to leave skin luminous. **Eve Lom Cleanser, $80;** sephora.com

THIS CREAMY CLEANSER WAS LAUNCHED 32 YEARS AGO

EVE LOM
CLEANSER/CRÈME DÉMAQUILLANTE

Kate Somerville
ExfoliKate.
Intensive Exfoliating Treatment

FACE SCRUB

A quarter-size dollop makes your face insanely radiant (no wonder it's the holy grail of exfoliators!). **Kate Somerville ExfoliKate, $85;** katesomerville.com

LOTION P50
PHASE D'INITIALISATION
BIOLOGIQUE RECHERCHE
150 ml
5.1 FL.OZ

TONER

While the scent is often described as unpleasant, stars swear by this facial-in-a-bottle that refines the skin's texture like no other. **Biologique Recherche Lotion P50, $67 for 5.1 oz.;** biologique-recherche.com

SKINCEUTICALS
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COMBINATION ANTIOXIDANT TREATMENT CONTAINING L-ASCORBIC ACID, ALPHA TOCOPHEROL, AND FERULIC ACID
PREVENT
30 ml / 1 fl oz

SERUM

The gold-standard brightening ingredient vitamin C is combined with free-radical-fighting vitamin E and ferulic acid to erase years from your face. **SkinCeuticals C E Ferulic, $166;** skinceuticals.com

EYE CREAM

Its pink tint instantly diminishes dark circles. **L'Oréal Paris Age Perfect Rosy Tone Anti-Aging Eye Brightener, $24.99;** at drugstores

L'ORÉAL PARIS
AGE PERFECT
ROSY TONE
EYE/YEUX

MOISTURIZER

The oil-free formula uses light-reflecting minerals to impart a gorgeous glow. **Aveeno Positively Radiant Daily Moisturizer Broad Spectrum SPF 15, $13.99;** at drugstores

IT'S HYPO-ALLERGENIC, AND IT PROTECTS SKIN FROM UVA AND UVB RAYS

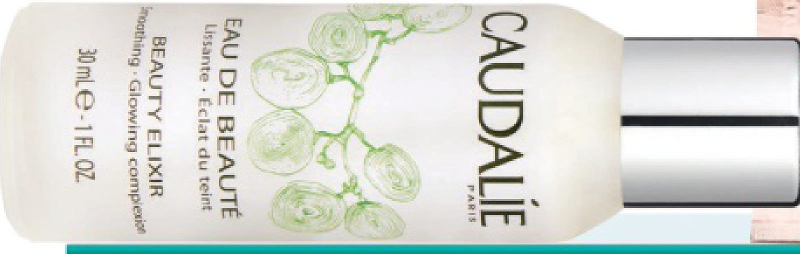
Aveeno
POSITIVELY RADIANT
daily moisturizer
sunscreen
BROAD SPECTRUM SPF 15

FACE MIST

This makeup-artist favorite is the ultimate pick-me-up. Spritz on your bare face or over your base for a glistening effect. **Caudalie Beauty Elixir, $18 for 1 oz.;** us.caudalie.com

PEEL

Smooth this glycolic-acid-soaked pad on your face once a week to wake up to baby-soft skin. **Goop GoopGlow Overnight Glow Peel, $45 for a pack of four;** goop.com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EAU DE BEAUTÉ
Lissante · Éclat du teint
BEAUTY ELIXIR
Smoothing · Glowing complexion
30 ml e · 1 FL. OZ

goopbeauty
GOOP GLOW
1 TREATMENT / SOIN

SOOTHING OINTMENT

It's genius at healing skin but can also be dabbed anywhere you want a subtle sheen. **Aquaphor Healing Ointment, $7.99 for 3.5 oz.;** at drugstores

Aquaphor
HEALING OINTMENT
Advanced Therapy
#1
NET WT 3.5 OZ

(CLEANSER, TONER, MOISTURIZER, PEEL, FACE MIST & EYE CREAM) BRIAN HENN(6); (SHELVES) STUDIOVIN/SHUTTERSTOCK(3)

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& LENGTHEN
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6 DRY-BRUSH YOUR BODY

There's a reason dry-brushing, which dates back centuries, is beloved by celebrities and supermodels today. The method of exfoliation, which involves stroking the body with a large bristle brush, sweeps away dead cells to promote an even skin tone and boost smoothness, says aesthetician Joanna Vargas. Any area below the neck can be dry-brushed. Just make sure strokes are swift, soft, long and always go toward your heart to increase circulation. "It should take only two minutes to do your entire body," Vargas says. Do this practice every morning before showering, then maintain radiance by applying a nourishing lotion or oil all over, and "you will quickly see a big difference in the quality of your skin," she says.

Joanna Vargas Ritual Brush, $30
joannavargas.com

TOP-NOTCH MOISTURIZERS

CINDY CRAWFORD SAYS…
"Dry-brushing can hurt a bit, especially when your brush is new, but stick with it."

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JERGENS
NATURAL GLOW
WET SKIN MOISTURIZER
GLIDES ON SMOOTHLY TO LOCK IN HYDRATION AND CREATE GRADUAL, SUBTLE COLOR
+FIRMING
Elizabeth Arden
NEW YORK
Eight Hour Cream
All-Over Miracle Oil
For Face, Body and Hair
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Visage, Corps et Cheveux
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Skincare Oil
Helps improve the appearance of scars and stretch marks.
SCARS
STRETCH MARKS
UNEVEN SKIN TONE

FIRMS AND BRONZES

Apply post-shower while skin is still wet to tighten and tint.
Jergens Natural Glow Wet Skin + Firming Moisturizer, $8.99
at drugstores

CONDITIONS AND PROTECTS

It's packed with antioxidants to prevent free-radical damage.
Elizabeth Arden Eight Hour Cream All-Over Miracle Oil, $28
elizabetharden.com

SOFTENS AND HEALS

Stars swear by this oil to minimize scars and stretch marks.
Bio-Oil Skincare Oil, $19.99
amazon.com

7 USE GLOW-BOOSTING TOOLS

Here's why adding these gadgets to your regimen will invigorate your skin

IT DEEP CLEANS

The bristles are gentle but more dense than the original Clarisonic; they whisk away every flake.
Clarisonic Daily Radiance Brush Head, $29, and Mia Smart, $199
clarisonic.com

IT ENCOURAGES A NATURAL FLUSH

Roll this rose-quartz wand over your face any time of day to stimulate blood flow for a rosy glow.
Pacifica Crystal Wand Facial Roller, $19
ulta.com

By Jackie Fields & Kaitlyn Frey

TOP, FROM LEFT: BRIAN HENN; PRESLEY ANN/PATRICK MCMULLAN/GETTY IMAGES; BRIAN HENN(2)

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ALWAYS MADE WITH MILK
PASTEURIZED PREPARED CHEESE PRODUCT
Yes to the taste you love.
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TRACY MORGAN

Grilled Triple Cheese Sandwiches

THE STAR OF *THE LAST O.G.* SHARES AN 'OTHERWORLDLY' SNACK FROM THE COOKBOOK BASED ON HIS SHOW: 'THE MOST IMPORTANT INGREDIENT IN ANY RECIPE IS LOVE'

½ cup unsalted butter, at room temperature
2 medium garlic cloves, minced
1 tsp. kosher salt
1 tsp. black pepper
8 thick white bread slices
4 American cheese slices
4 sharp cheddar cheese slices
4 Tbsp. sun-dried tomato pesto or drained, chopped sun-dried tomatoes in oil
4 provolone cheese slices

1. Preheat oven to 275°. Stir together butter, garlic, salt and pepper in a small bowl until combined. Heat a nonstick skillet over medium.

2. Spread 1 tablespoon butter mixture over 1 of the bread slices. Place bread slice, butter side down, in skillet. Top with 1 slice each American cheese and cheddar cheese. Dollop with 1 tablespoon pesto, and top with 1 provolone cheese slice, pressing gently to spread out the pesto. Spread 1 additional tablespoon of the butter mixture over 1 additional bread slice; place bread slice, butter side up, on top of provolone. Cook sandwich until golden brown on bottom, 3 to 4 minutes. Flip and cook until other side is golden brown and cheese is slightly melted, about 3 minutes. Transfer to a baking sheet. Wipe skillet clean. Repeat process 3 times, using remaining butter mixture, bread slices, cheese slices and pesto.

3. Bake sandwiches until cheese has completely melted, about 5 minutes. Remove from oven, and serve immediately.

Serves: 4
Active time: 30 minutes
Total time: 30 minutes

FOOD STYLIST: EMILY NABORS HALL; PROP STYLIST: AUDREY DAVIS; INSET: PAUL MOBLEY

Photographs by VICTOR PROTASIO

ANDREW WHITNEY

Fettuccine with Arugula Pesto

THE EXECUTIVE CHEF OF DELL'ANIMA RESTAURANT IN NEW YORK CITY MAKES A 20-MINUTE MEAL BURSTING WITH BRIGHT SPRING FLAVORS

- **¼ cup plus 2 Tbsp. pine nuts**
- **1 lb. uncooked fettuccine**
- **5 cups arugula (4 oz.)**
- **2 medium garlic cloves, smashed**
- **¾ oz. pecorino Romano cheese, finely grated (about ½ cup), plus more for serving**
- **¾ oz. Parmesan cheese, finely grated (about ½ cup), plus more for serving**
- **1 tsp. crushed red pepper**
- **1 tsp. lemon zest plus 2 Tbsp. fresh juice (from 1 lemon)**
- **½ cup extra-virgin olive oil**
- **½ tsp. kosher salt**
- **¼ tsp. freshly cracked black pepper**

1. Cook pine nuts in a small skillet over low heat, stirring occasionally, until toasted and golden, about 5 minutes. Reserve 2 tablespoons pine nuts in a small bowl for serving. Set aside remaining ¼ cup pine nuts.

2. Bring a large pot of salted water to a boil over high heat. Add pasta; cook until al dente, about 10 minutes. Drain, reserving ½ cup cooking water.

3. While pasta cooks, pulse arugula, garlic and reserved ¼ cup pine nuts in a food processor until finely chopped, about 5 times. Add cheeses, crushed red pepper, lemon zest and juice; pulse until combined, about 3 times. With food processor running, add oil in a steady stream, processing until a smooth paste forms. Season with salt and pepper. Transfer pesto to a large serving bowl.

4. Add pasta to pesto in bowl; toss to evenly to coat. If pesto is too thick, add a little reserved cooking water until desired consistency is reached. Sprinkle with additional cheese and reserved 2 tablespoons pine nuts.

Serves: 4
Active time: 20 minutes
Total time: 20 minutes

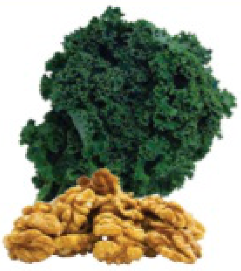
FOOD STYLIST: CYD MCDOWELL; PROP STYLIST: CHRISTINE KEELY; INSETS, CLOCKWISE FROM TOP: COURTESY DELL'ANIMA; JOFF LEE/GETTY IMAGES; BERENIKA LYCHAK/GETTY IMAGES; ISTOCKPHOTO/GETTY IMAGES(3); GETTY IMAGES(2); ISTOCKPHOTO/GETTY IMAGES

RECIPE REMIX

3 Twists on Pesto

KALE & WALNUTS

Swap the pine nuts and arugula for ⅓ cup walnuts and 1 bunch torn kale.



TOMATO, BASIL & ALMONDS

Pulse ¾ cup sun-dried tomatoes, ¼ cup basil leaves and 2 tablespoons almonds.

PARSLEY & PISTACHIOS

Blend ½ cup parsley, ½ cup mint leaves and ¼ cup shelled, roasted pistachios.

By Ana Calderone and Sonal Dutt

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MAKE IT A SANDWICH THAT COUNTS

Oscar Mayer Deli Fresh is made with all the flavor of the deli, ***no artificial preservatives and no added nitrates or nitrites*** so you can make every sandwich count.

MAKE EVERY SANDWICH COUNT

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TURKEY BREAST
NO ARTIFICIAL PRESERVATIVES
NO ADDED HORMONES
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REE DRUMMOND

How the Pioneer Woman Cooks for Her Family

TOGETHER TONIGHT

THE BUSY FOOD NETWORK STAR LOVES MAKING DINNER FOR HER KIDS—AND SHE'S JUST FINE WITH A SHORTCUT OR TWO

After 12 years of dreaming up recipes for her *Pioneer Woman* blog and television show, Ree Drummond still finds joy in making a simple family meal. "The day after I handed in the last recipe for my new cookbook, I cooked a big dinner for [my husband] Ladd and the kids and loved every second of it," says Drummond, 50. "I didn't have to wrangle the camera or pause in the middle of it. There's something to be said for the low-stress environment of cooking for your family." When she's not experimenting with new flavors (curry and mustard greens are some of her favorite ingredients right now), Drummond—who just released her own line of sauces and salad dressings in grocery stores—"shaves off a lot of time" by sticking to her tried-and-true convenience meals. "I'll make meatballs by the truckload and freeze them, then simmer them in a really good jarred marinara or barbecue sauce," she says. "You can't make everything from scratch every day." With two daughters in college and two teenage boys at home, she says there is "no typical" night on the Drummonds' Oklahoma ranch. "Some days the boys get back at 5 p.m. and we're able to eat together; other nights they have football practice and roll in at 9:30," she says. "It's a far cry from the toddler days, but we're having lots of fun." —**SHAY SPENCE**

Ree's Tip!
Cooking for picky eaters? Drummond suggests experimenting with a side dish. "I'll serve the boys steak and potatoes and cook greens with butter and soy for myself," she says. "We can all live together in harmony!"

The Drummond kids (from left): Todd, 14, Bryce, 16, Paige, 19, and Alex, 21.

Photograph by PERRY HAGOPIAN

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fill your nose with dread,
try the **pillowy softness**
of Puffs instead.

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A nose in need deserves Puffs indeed

How a Low-Glycemic High-Protein Diet Changed My Life

Wendy lost over 60 pounds, dropped eight pant sizes, and started living lighter.*

★★★★★

> "I can't even describe it. I feel like a whole new person. You feel that you can look at yourself in the mirror and say wow, "I look really good. I feel great."
> - Wendy Carpenter

Wendy had tried everything. Name a diet, she's tried it. Individually measuring out all her food, 21-day resets, points-based dieting. Nothing worked. Nothing was ever successful. "I didn't care what I was eating," she says. "Of course, I tried to eat healthy. But if I was hungry and there was a fast food place to go to—I would go in and get a cheeseburger. I wasn't really watching what I was eating. And I wasn't exercising."

Then she spent the 4th of July weekend with her brother last summer. His girlfriend was spreading the gospel of Almased (the low-glycemic high-protein dietary supplement).

"Wendy should try it," she said. "I had never heard of Almased in my life," Wendy recalls. "I was there visiting, and we were talking about how I wanted to lose weight since I was at the heaviest I had ever been." Wendy started Almased with a two-week fast on July 7, 2017. Her life has improved every day since.

*Results are not typical. Individual results may vary based on starting weight and program adherence.
These statements has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

The day she started she was 204 pounds; her goal was 140. To motivate herself when she started, she put a picture on her refrigerator of herself at 204 pounds. “When I looked at that picture, it just gave me the drive and the motivation to stick with it,” she says fondly. Wendy didn’t just hit her goal of 140 pounds—she passed it, losing 66 pounds and dropping eight pants sizes. She still does her Almased shakes for breakfast, but she’s learned to love eating healthy along the way.

Losing weight from Almased was the positive reinforcement she needed. Pretty soon, Wendy was living lighter. “I can’t even describe it. I feel like a whole new person,” she says. “You feel that you can look at yourself in the mirror and say wow, “I look really good. I feel great”. Everything around you just kind of falls into place.” Wendy says that losing the weight with Almased has made her feel like a better person, better friend, better coworker, and a better mom.

She feels good about herself and that’s reflected in her work and life. But it’s not just the weight. With Almased she feels empowered to eat healthier than she did when she was trying to, well, eat healthy. When she dieted in the past, it would work for a few weeks then she’d go back to her normal habits and eventually put on the weight she lost. No longer. “So for instance, last night I went to an ugly sweater holiday party,” she says, laughing. “They had brownies and cookies and lots of sweets. The old Wendy would have had about five cookies and three brownies. But the new Wendy? “I had half of a brownie. And that’s the thing about Almased. It helps me with my cravings so that I don’t want four brownies.”

Scientifically-Proven Metabolism Boost

Lose weight. Burn Fat.

Almased's Very Berry Shake Recipe

1 | What is Almased?
Almased is the low-glycemic high-protein (LGHP) meal replacement and dietary supplement. This unique multi-protein formula is created from different sources to fit the amino acid profile the human body needs for optimal function as exactly as possible. The bioavailability of amino acids and bioactive peptides (such as lunasin) is increased by a special process using active enzymes from natural sources. This makes the Almased Weight Loss Phenomenon™ possible!

2 | How does Almased work?
The proof: The University of Alberta in Edmonton, Canada tested the low-glycemic high-protein Almased. What they found was that 50 grams of Almased increased the basal metabolic rate (the energy consumption without doing anything) remarkably compared to a healthy standard diet. The difference is equivalent to 30 minutes on the treadmill!

3 | Following Almased’s Diet: The Figure Plan — an easy-to-follow four-phase meal replacement shake program that leads to effective weight loss and fat burn.

▶ For a FREE download of **The Figure Plan** or for shakes recipes and to learn more about Almased, visit **figureplan.com/PM19C**

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Diet Plan
Almased
Dietary Supplement for Weight Management
Soy
+Yogurt
+Honey
...simply because it works

Walgreens

CVS pharmacy

RITE AID

GNC LIVE WELL.

Available at amazon

Inspired by Wendy’s story? Almased, the low-glycemic high-protein dietary supplement is available at Walgreens, CVS, Rite Aid, GNC and many more health food stores. A free diet plan is under the lid of every can. For questions, call toll-free 1-877-256-2733.

Hank Azaria

THE ACTOR, 55, STARS IN SEASON 3 OF IFC'S COMEDY SERIES *BROCKMIRE*

DIANA KING/THE LICENSING PROJECT

Last time I was starstruck
I lost my mind over seeing Vincent Price at the Oscars. Something about watching him every Saturday morning on some horror movie growing up—I just had a conniption.

Last time I cried
I just rewatched season 7 of *Game of Thrones*. When Arya fights with Lady Brienne, for some reason that just kills me.

Last time I danced
I'm really anti-dance. Not for other people, just for myself. I can slow-dance with my wife [Katie]. But it amounts to hugging and swaying.

Last time I was recognized
I just have one of those faces where people know me but they don't know from where. They'll ask if we went to college together or if I work at the upholstery cleaners.

Last DIY project
That's an easy one, because not only do I not fix anything but my proximity to things will make them break. Let's put it this way: I'm 55, and I just learned "righty tighty, lefty loosey" like three weeks ago.

Reported by **Julie Jordan**

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A FILM BY **ERIN LEE CARR**

AT THE HEART OF GOLD

THEY ARE MORE THAN CHAMPIONS.
THEY ARE SURVIVORS.

INSIDE THE USA GYMNASTICS SCANDAL

HBO DOCUMENTARY FILMS® PRESENTS A DR. STEVEN UNGERLEIDER & DAVID ULICH PRODUCTION
IN ASSOCIATION WITH S.J. GIBSON FILMS & KINDRED IMAGES A FILM BY ERIN LEE CARR "AT THE HEART OF GOLD"
EDITED BY CINDY LEE ORIGINAL MUSIC BY DRUM & LACE AND IAN HULTQUIST SUPERVISING PRODUCER FOR HBO SARA RODRIGUEZ
EXECUTIVE PRODUCERS FOR HBO NANCY ABRAHAM LISA HELLER EXECUTIVE PRODUCERS MICHAEL CASCIO GERALD MOLEN KATHY NELSON
EXECUTIVE PRODUCERS SARAH GIBSON ERIN LEE CARR PRODUCED BY DR. STEVEN UNGERLEIDER & DAVID ULICH DIRECTED BY ERIN LEE CARR

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